**Supplemental Table 1** Study participants’ reported beverage consumption frequency (N=494)

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | Bottled water, no flavor | Tap water | 100% fruit juice | Low-fat or fat-free milk | Soft drinks, diet | Fruit drinks, sweet-ened\* | Soft drinks, regular\* | Tea, sweet-ened\* | Energy drinks\* | Sports drinks & flavored water\* | Coffee or tea, w/ cream, and/or sugar | Gourmet coffee & other hot beverage | Gourmet coffee & other cold beverage | Any  SSB |
| Frequency | % | % | % | % | % | % | % | % | % | % | % | % | % | % |
| Never | 29.0 | 5.7 | 33.4 | 34.4 | 60.9 | 38.7 | 41.1 | 67.2 | 68.8 | 47.8 | 51.2 | 52.2 | 63.0 | 11.9 |
| Less than 1 time per week | 19.8 | 3.4 | 19.4 | 8.9 | 11.5 | 19.6 | 19.6 | 16.8 | 17.8 | 18.6 | 11.1 | 18.0 | 19.0 | 8.9 |
| 1 time per week | 8.3 | 2.8 | 16.4 | 9.5 | 8.1 | 15.8 | 13.0 | 5.5 | 7.1 | 13.2 | 5.5 | 9.5 | 9.1 | 9.3 |
| 2-3 times per week | 14.6 | 7.5 | 17.4 | 15.8 | 11.9 | 16.3 | 15.2 | 7.7 | 2.8 | 10.5 | 12.4 | 13.8 | 4.9 | 19.0 |
| 4-6 times per week | 7.5 | 7.5 | 5.5 | 9.9 | 3.9 | 5.4 | 6.3 | 1.8 | 1.6 | 4.9 | 6.1 | 2.8 | 1.4 | 14.2 |
| 1 time per day | 7.7 | 10.3 | 6.3 | 9.9 | 1.2 | 2.0 | 2.4 | 0.4 | 1.0 | 3.2 | 7.9 | 2.8 | 1.8 | 10.7 |
| 2 times per day | 5.5 | 14.1 | 1.0 | 7.9 | 1.0 | 0.8 | 1.4 | 0.4 | 0.4 | 0.8 | 3.2 | 0.2 | 0.2 | 18.0 |
| 3+ times per day | 7.5 | 48.5 | 0.4 | 3.4 | 1.2 | 1.4 | 0.6 | 0.0 | 0.2 | 0.8 | 2.4 | 0.4 | 0.4 | 7.9 |

\*Indicates a sugar-sweetened beverage (SSB)