**Supplementary material**

**Questionnaire for children and parents**

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| Questionnaire for children |
| Question | Answer categories |
| Frequency |
| 1. How often do you eat fresh fruit?
 | 8-point scale (1-8): from 1 (never) to 8 (every day, more than twice a day) |
| 1. How often do you drink 100% fruit juice?
 | 8-point scale (1-8): from 1 (never) to 8 (every day, more than twice a day) |
| 1. How often do you eat vegetable salads?
 | 8-point scale (1-8): from 1 (never) to 8 (every day, more than twice a day) |
| 1. How often do you eat other raw vegetables (for example sliced or whole)?
 | 8-point scale (1-8): from 1 (never) to 8 (every day, more than twice a day) |
| 1. How often do you eat cooked vegetables including vegetables in soups (for example cooked carrot, cauliflower and broccoli)?
 | 8-point scale (1-8): from 1 (never) to 8 (every day, more than twice a day) |
| 1. How often do you eat cooked potatoes?
 | 8-point scale (1-8): from 1 (never) to 8 (every day, more than twice a day) |
| Question | Answer categories |
| Dietary patterns - fruit |
| 1. Do your parents eat fruit?
 | 5-point scale (1-5) from 1 – never, to 5 - yes, every day  |
| 1. Do your parents encourage you to eat fruit?
 | 5-point scale (1-5) from 1 – never, to 5 - yes, every day  |
| 1. Do you have access to different kinds of fruit at home?
 | 5-point scale (1-5) from 1 – never, to 5 - yes, every day  |
| 1. Do your parents offer you some sliced ready-to-eat fruit between meals?
 | 5-point scale (1-5) from 1 – never, to 5 - yes, every day  |
| 1. Do you bring fruit to school?
 | 5-point scale (1-5) from 1 – never, to 5 - yes, every day  |
| Question | Answer categories |
| Dietary patterns - vegetables |
| 1. Do your parents eat vegetables?
 | 5-point scale (1-5) from 1 – never, to 5 - yes, every day  |
| 1. Do your parents encourage you to eat vegetables?
 | 5-point scale (1-5) from 1 – never, to 5 - yes, every day  |
| 1. Do you have access to different vegetables at home?
 | 5-point scale (1-5) from 1 – never, to 5 - yes, every day  |
| 1. Do you bring vegetables to school?
 | 5-point scale (1-5) from 1 – never, to 5 - yes, every day  |
| Question | Answer categories |
| Lifestyle |
| 1. Do you eat breakfast before you leave your home?
 | 5-point scale (1-5) from 1 – never to 5 - every day |
| 1. How often do you eat fast food (hamburgers, French fries, hot-dogs, pizza)?
 | 8-point scale (1-8): from 1 (never) to 8 (every day, more than twice a day) |
| 1. How often do you drink soft drinks (Coca-Cola, ice tea, lemonade)?
 | 8-point scale (1-8): from 1 (never) to 8 (every day, more than twice a day) |
| 1. How often do you eat salty snacks such as crisps or salty sticks?
 | 8-point scale (1-8): from 1 (never) to 8 (every day, more than twice a day) |
| 1. Are you an active person? Do you play any sports, walk or ride a bike after school?
 | 4-point scale (1-4); from 1 – never, to 4 – several times a week |
| Questionnaire for parents |
| Question | Answer categories |
| Knowledge |
| 1. How many portions of fruit and vegetables should a healthy diet include for your children?
 | 8 grade scale (1-8), form 1 (should not eat fruit and vegetables at all) to 8 (5 portions per day or more) |