Appendix A. Food Consumption Questionnaire (FCQ) Subset Questions Used to Generate Food Consumption Indices.

Healthy Food Consumption	
Question	Response and Score
"During the past 7 days, how many times did your child drink milk?"	4 or more times a day = 28 times per week 3 times a day = 21
times did your child drink milk?	Twice a day = 14
	Once a day = 7
	4 to 6 times during the past 7 days = 5
	1 to 3 times during the past 7 days = 2
	Child did not drink milk during past 7 days = 0
"During the past 7 days, how many	4 or more times a day = 28 times per week
times did your child drink 100%	3 times a day = 21
fruit juices such as orange juice,	Twice a day = 14
apple juice, or grape juice? Do not	Once a day = 7
count punch, Sunny Delight, Kool-	4 to 6 times during the past 7 days = 5
Aid, sports drinks, or other fruit-	1 to 3 times during the past 7 days = 2
flavored drinks."	Child did not drink 100% fruit juice during past 7
navorea arms.	days = 0
"During the past 7 days, how many	4 or more times a day = 28 times per week
times did your child eat fresh fruit,	3 times a day = 21
such as apples, bananas, oranges,	Twice a day = 14
berries or other fruit such as	Once a day = 7
applesauce, canned peaches, canned	4 to 6 times during the past 7 days = 5
fruit cocktail, frozen berries, or dried	1 to 3 times during the past 7 days = 2
fruit? Do not count fruit juice."	Child did not eat fruit during past 7 days = 0
"During the past 7 days, how many	4 or more times a day = 28 times per week
times did your child eat vegetables	3 times a day = 21
other than french fries and other	Twice a day = 14
fried potatoes? Include vegetables	Once a day = 7
like those served as a stir fry, soup,	4 to 6 times during the past 7 days = 5
or stew, in your response."	1 to 3 times during the past 7 days = 2
, ,	Child did not eat vegetables during past 7 days =
Possible range of scores on Healthy	0 – 112 times per week
Food Consumption Index	
Unhealthy Food Consumption	
"During the past 7 days, how many	4 or more times a day = 28 times per week
times did your child drink soda pop	3 times a day = 21
(for example, Coke, Pepsi, or	Twice a day = 14
Mountain Dew), sports drinks (for	Once a day = 7
example, Gatorade), or fruit drinks	4 to 6 times during the past 7 days = 5
that are not 100% fruit juice (for	1 to 3 times during the past 7 days = 2

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example, Kool-Aid, Sunny Delight,	Child did not drink soda or fruit drinks during
Hi-C, Fruitopia, or Fruitworks)?"	past 7 days = 0
"During the past 7 days, how many	4 or more times a day = 28 times per week
times did your child eat a meal or	3 times a day = 21
snack from a fast food restaurant	Twice a day = 14
with no wait service such as	Once a day = 7
McDonald's, Pizza Hut, Burger	4 to 6 times during the past 7 days = 5
King, Kentucky Fried Chicken, Taco	1 to 3 times during the past 7 days = 2
Bell, Wendy's and so on? Consider	Child did not eat from a fast food restaurant
both eating out, carry out, and	during past 7 days = 0
delivery of meals in your response."	
"During the past 7 days, how many	4 or more times a day = 28 times per week
times did your child eat candy	3 times a day = 21
(including Fruit Roll-Ups and	Twice a day $= 14$
similar items), ice cream, cookies,	Once a day $= 7$
cakes, brownies, or other sweets?"	4 to 6 times during the past 7 days = 5
	1 to 3 times during the past 7 days = 2
	Child did not eat any sweets during past 7 days =
"During the past 7 days, how many	4 or more times a day = 28 times per week
times did your child eat potato chips,	3 times a day = 21
corn chips such as Fritos or Doritos,	Twice a day = 14
Cheetos, pretzels, popcorn, crackers	Once a day = 7
or other salty snack foods?"	4 to 6 times during the past 7 days = 5
or other builty bliden roods.	1 to 3 times during the past 7 days = 2
	Child did not eat any salty snacks during past 7
	days = 0
Possible range of scores on	0 – 112 times per week
Unhealthy Food Consumption	v – 112 umes per week
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