**Measuring dissociation across adolescence and adulthood: Developing the short-form Černis Felt Sense of Anomaly scale (ČEFSA-14):**

**SUPPLEMENTARY MATERIALS**

1. **25-item ‘update’ version of the ČEFSA, with only measurement invariant items (age, gender, clinical status) retained from the original 35-item version:**

Please read the following items and rate how often you have experienced these over the past **TWO WEEKS** using the following rating:

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 0 | 1 | 2 | 3 | 4 |
| Never | Rarely | Sometimes | Often | Always |

**Please note that this should NOT be whilst under the influence of drugs, alcohol or legal highs.**

|  |
| --- |
| I feel detached from my physical body (or parts of it). |
| Places that I know seem unfamiliar. |
| I don’t fully experience emotions. |
| I feel disconnected from the world around me. |
| I’m absorbed in my own world and don’t notice what is happening around me. |
| My personality changes seemingly at random. |
| Familiar sights, smells (etc.) feel unfamiliar to me. |
| I can’t feel emotions |
| I feel disconnected from other people. |
| I find myself drifting off into my own world when I’m with others. |
| The world seems like it is fake. |
| I feel like I don’t have a personality |
| My body (or parts of it) feels unreal or strange. |
| I feel detached from my emotions. |
| I don’t notice how much time passes. |
| The world around me seems unreal. |
| I act like someone else without meaning to. |
| My body feels like it’s not under my control. |
| People I know seem unfamiliar. |
| I feel disconnected from my emotions. |
| I feel as though other people stop existing when I can’t see them. |
| My body feels numb. |
| Things I’ve done many times before seem new or unfamiliar. |
| I feel detached from what I’m doing. |
| I feel like an alien or a ghost. |

**Items discarded from the original version:**

* I feel like a stranger to myself.
* I feel like other people aren’t real.
* My body (or parts of it) feels like it doesn’t belong to me.
* People around me seem different or altered.
* I feel as if I’m experiencing life from very far away.
* The things happening around me seem unreal to me – like a dream or a movie.
* I lose track of my surroundings.
* I feel like I’m more than one person.
* My emotions don’t seem real.
* I freeze, unable to do anything.

1. **Item intercepts across age (25 items)**



1. **Mean raw scores for each factor across age (25 items)**















1. **Model fit indices across age**

|  |  |
| --- | --- |
| *2a. Comparative Fit Index.* | *2b. Tucker-Lewis Index.* |
| *2c. Root Mean Square Error of Approximation.* | *2d. Standardised Root Mean Square Residual.* |

*Key:*

*M weighted average  
SD standard deviation  
y y-intercept*

1. **Factor loadings for the items of the short-form (14 items) version of the ČEFSA scale**

|  |  |  |  |
| --- | --- | --- | --- |
| **Factor** | **Item** | **Training confirmatory factor analysis** | **Validation confirmatory factor analysis** |
| Anomalous Experience of the Self | 8 | 1.000 | 1.000 |
| 22 | 0.954 | 0.975 |
| Anomalous Experience of the Body | 16 | 1.000 | 1.000 |
| 30 | 0.981 | 1.032 |
| Altered Sense of Familiarity | 24 | 1.000 | 1.000 |
| 31 | 0.903 | 0.958 |
| Anomalous Experience of Emotion | 4 | 1.000 | 1.000 |
| 18 | 1.120 | 1.117 |
| Altered Sense of Connection | 5 | 1.000 | 1.000 |
| 12 | 0.988 | 0.964 |
| Altered Sense of Agency | 6 | 1.000 | 1.000 |
| 13 | 1.129 | 1.060 |
| Altered Sense of Reality | 28 | 1.000 | 1.000 |
| 34 | 1.027 | 0.996 |

NB: Item numbers and factor names are those used in the original (35-item) ČEFSA.