Supplementary Table**.** Sociodemographic variables of the two samples understudy

|  |  |
| --- | --- |
|   | Sample  |
| Sample size | 266 |
| Mean age (*SD*) | 35.02 | (12.8) |
| Gender (frequency, %) |   |   |   |
| Female | 165 | 62.0 |
| Male | 100 | 37.6 |
| Non-binary | 1 | .4 |
|   |   |   |   |
| Nationality (frequency, %) |   |   |   |
|   | Portuguese | 245 | 92.1 |
|   | Portuguese/Brazilian | 17 | 7.3 |
|   | Portuguese/Argentian | 1 | .4 |
|   | Angolan  | 1 | .4 |
|   | Chinese | —  | —   |
|   | Swiss | —   | —   |
|   | Ukraine |  —  |  —  |
|   | French | 1 | .4 |
|   |   |   |   |
| Education (frequency, %) |   |   |   |
|   | Fourth grade | 2 | .8 |
|   | 9º year | 14 | 5.3 |
|   | 12º year | 101 | 38.0 |
|   | Bachelor’s degree | 92 | 34.6 |
|   | Master’s degree | 42 | 15.8 |
|   | Doctoral degree | 4 | 1.5 |
|   | Other (e.g. post-graduate) | 8 | 3.0 |
|   |   |   |   |
| Relationship status |   |   |   |
|   | Dating | 120 | 54.1 |
|   | Fact Union | 69 | 25.9 |
|   | Married | 66 | 24.8 |
|   | Other | 6 | 2.3 |
|   |   |   |   |
| Professional status |   |   |   |
|   | Students in higher school | 2 | .8 |
|   | Student in college | 48 | 18.0 |
|   | Student-worker | 28 | 10.5 |
|   | Employed | 169 | 63.5 |
|   | Unemployed | 14 | 5.3 |