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| **Table S1.** Hierarchical regressions predicting study measures. |
| Predictor | PCL-5 | AS | IUS |
| *b* | *b* | [95% CI]*p value* | *b* | *b* | [95% CI]*p value* | *b* | *b* | [95% CI]*p value* |
| Step 1 | *R2 = .618* | *R2 = .431* | *R2 = .653* |
| Constant | 17.40 | [-2.36 – 37.17]*p* = .084 | 56.79 | [44.06 – 69.53]*p* < .001 | 25.94 | [15.92 – 36.36]*p* < .001 |
| PCL-5 | -- | -- | -- | -.060 | -.093 | [-.190 - .070]*p* = .363 | **.206** | **.349** | [.120 - .293]*p* < .001 |
| AS | -.096 | -.062 | [-.304 - .112]*p* = .363 | -- | -- | -- | -.055 | -.061 | [-.173 - .062]*p* = .351 |
| IUS | **.649** | **.138** | [.377 - .921]*p* < .001 | -.109 | -.100 | [-.340 - .121]*p* = .351 | -- | -- | -- |
| DASS\_21 | **.449** | **.366** | [.250 - .649]*p* < .001 | ***-.180*** | ***-.226*** | [-.346 - -.014]*p* = .034 | ***.125*** | ***.172*** | [.007 - .244]*p* = .038 |
| DSSI | -.165 | -.026 | [-.942 - .613]*p* = .676 | -.508 | -.123 | [-1.11 – .102]*p* = .102 | .056 | .015 | [-.383 - .494]*p* = .803 |
| bIPF | -.245 | .141 | [-.524 - .035]*p* = .086 | .134 | .115 | [-.089 - .356]*p* = .237 | **-.321** | **.076** | [-.471 - -.170]*p* < .001 |
| DRS-15 | .323 | .170 | [-.014 - .660]*p* = .060 | **.407** | **.132** | [.146 - .669]*p* = .002 | -.153 | -.088 | [-.343 - .038]*p* = .115 |
|  |  |  |  |  |  |  |  |  |  |
| Step 2 | *DR2 = .013* |  | *DR2 = .010* | *DR2 = .002* |
| Constant | 18.94 | [-3.43 – 41.28]*p* =.097 | 62.10 | [47.29 – 76.90]*p* < .001 | 25.92 | [13.73 – 38.12]*p* < .001 |
| PCL-5 | -- | -- | -- | -.054 | .067 | [-.187 - .078]*p* = .417 | **.213** | **.360** | [.135 - .301]*p* < .001 |
| AS | -.085 | -.055 | [-.293 - .122]*p* = .417 | -- | -- | -- | -.058 | -.064 | [-.177 - .060]*p* = .333 |
| IUS | **.651** | **.385** | [.382 - .919]*p* < .001 | -.113 | -.103 | [-.344 - .117]*p* = .333 | -- | -- | -- |
| DASS\_21 | **.509** | **.415** | [.286 - .732]*p* < .001 | -.132 | -.166 | [-.321 - .057]*p* = .170 | .112 | .155 | [-.023 - .248]*p* = .103 |
| DSSI | -.156 | -.024 | [-.930 - .619]*p* = .691 | -.443 | -.107 | [-1.05 - .172]*p* = .156 | .060 | .016 | [-.348 - .504]*p* = .790 |
| bIPF | -.243 | -.136 | [-.527 - .041]*p* = .093 | .094 | .081 | [-.135 - .322]*p* = .420 | -.321 | -.303 | [-.476 - -.165]*p* < .001 |
| DRS-15 | **.660** | **.225** | [.198 – 1.12]*p* = .005 | .274 | .144 | [-.103 - .650]*p* = .153 | -.239 | -.138 | [-.508 - .030]*p* = .081 |
| DRDI-R | ***-.359*** | ***-.161*** | [-.668 - -.050]*p* = .023 | .051 | .035 | [-.200 - .302]*p* = .688 | .082 | .062 | [-.098 - .262]*p* = .368 |
| DRDI-D | -.015 | -.010 | [-.298 - .267]*p* = .914 | -.169 | -.161 | [-.393 - .055]*p* = .138 | -.013 | -.013 | [-.175 - .149]*p* = .876 |
| **Note:** All data in this table is from sample 2. *N* = 249 for all measures except the PCL-5 (*N* = 156). Bold values are significant at a Bonferroni corrected *p value of* < .006 in step 2. Bold and italicized values are significant at *p* < .05 level. "--" indicates that predictor was not in the model because it was the designated outcome. *Abbreviations:* Posttraumatic Stress Disorder Checklist (PCL-5); Authenticity Scale (AS); Intolerance of Uncertainty Scale – Short Form (IUS-SS); Depression, Anxiety, and Stress Scale (DASS-21); Depressive Symptom Inventory – Suicide Scale (DSI-SS); Brief Inventory of Psychosocial Functioning (bIPF); Dispositional Resilience Scale-15 (DRS-15); DRDI - Recovery subscale (DRDI-R); DRDI -Dysfunctional Cognitions Subscale (DRDI-D). |

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| **Table S2.** Hierarchical regressions predicting study measures. |
| Predictor | DASS 21 | DSSI | bIPF | DRS-15 |
| *b* | *b* | [95% CI]*p value* | *b* | *b* | [95% CI]*p value* | *b* | *b* | [95% CI]*p value* | *b* | *b* | [95% CI]*p value* |
| Step 1 | *R2 = .656* | *R2 = .305* | *R2 = .764* | *R2 = .232* |
| Constant | 27.18 | [12.41 – 41.95]*p* < .001 | 8.13 | [4.12 – 12.14]*p* < .001 | 34.96 | [24.84 – 45.09]*p* < .001 | 20.15 | [11.17 – 29.29]*p* < .001 |
| PCL-5 | **.268** | **.329** | [.149 - .388]*p* < .001 | -.007 | -.047 | [-.042 – 12.14]*p* = .676 | -.083 | -.149 | [-.178 - .012]*p* = .086 | .075 | .221 | [-.003 - .154]*p* = .060 |
| AS | ***-.172*** | ***-.137*** | [-.330 - -.013]*p* = .034 | -.036 | -.150 | [-.080 - .007]*p* = .102 | .073 | .084 | [-.048 - .194]*p* = .237 | **.152** | **.289** | [.055 - .249]*p* = .002 |
| IUS | ***.235*** | ***.171*** | [.013 - .457]*p* = .038 | .008 | .029 | [-.504 - .070]*p* = .803 | **-.343** | **-.363** | [-.504 - -.182]*p* < .001 | -.112 | -.195 | [-.252 - .028]*p* = .115 |
| DASS\_21 | -- | -- | -- | ***.054*** | ***.279*** | [.010 - .098]*p* =.018 | ***-.137*** | ***-.200*** | [-.260 - -.015]*p* =.028 | ***-.109*** | ***-.261*** | [-.211 - -.008]*p* = .035 |
| DSSI | ***.716*** | ***.138*** | [.127 – 1.30]*p* =.018 | -- | -- | -- | ***-.469*** | ***-.132*** | [-.916 - -.022]*p* = .040 | -.021 | -.010 | [-.397 - .355]*p* = .914 |
| bIPF | ***-.241*** | ***-.166*** | [-.456 - -.027]*p* = .028 | ***-.062*** | ***-.220*** | [-.121 - -.003]*p* = .040 | -- | -- | -- | -.023 | -.038 | [-.160 - .113]*p* = .737 |
| DRS-15 | ***-.280*** | ***-.117*** | [-.539 - -.020]*p* = .035 | -.004 | .009 | [-.076 - .068]*p* = .914 | -.034 | -.021 | [-.233 - .165]*p* = .737 | -- | -- | -- |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| Step 2 | ***DR2 = .076*** | *DR2 = .010* | ***DR2 = .017*** | ***DR2* = .382** |
| Constant | 1.99 | [-13.69 – 17.69]*p* = .802 | 2.34 | [1.62 – 11.05]*p* = .009 | 40.26 | [30.66 – 52.82]*p* < .001 | 14.17 | [6.64 – 21.69]*p* < .001 |
| PCL-5 | **.246** | **.302** | [.138 - .354]*p* < .001 | -.007 | -.045 | [-.043 - .028]*p* = .692 | -.081 | -.145 | [-.176 - .014]*p* = .093 | **.080** | **.236** | [.024 - .137]*p* = .005 |
| AS | -.100 | -.080 | [-.243 - .043]*p* = .170 | -.032 | -.131 | [-.076 - .012]*p* = .156 | .049 | .057 | [-.071 - .169]*p* = .420 | .052 | .099 | [-.020 - .124]*p* = .153 |
| IUS | .166 | .120 | [-.034 - .365]*p* = .103 | .008 | .032 | [-.054 - .070]*p* = .790 | **-.328** | **-.347** | [-.486 - -.169]*p* < .001 | -.089 | -.154 | [-.189 - .011]*p* = .081 |
| DASS\_21 | -- | -- | -- | .039 | .201 | [-.012 - .089]*p* = .133 | -.055 | -.081 | [-.193 - .082]*p* = .428 | ***-.090*** | ***-.216*** | [-.172 - -.008]*p* = .031 |
| DSSI | .409 | .079 | [-.126 - .944]*p* =.133 | -- | -- | -- | -.373 | -.105 | [-.817 - .082]*p* = .100 | .042 | .019 | [-.228 - .313]*p* = .758 |
| bIPF | -.080 | -.055 | [-.279 - .119]*p* = .428 | -.051 | -.181 | [-.112 - .010]*p* = .100 | -- | -- | -- | -.042 | -.069 | [-.142 - .058]*p* = .404 |
| DRS-15 | ***-.359*** | ***-.150*** | [-.684 - -.034]*p* = .031 | .016 | .035 | [-.086 - .118]*p* = .758 | -.116 | -.071 | [-.391 - .158]*p* = .404 | -- | -- | -- |
| DRDI-R | **.352** | **.193** | [.141 - .563]*p* = .001 | -5.26 | 0.00 | [-.067 - .067]*p* = .999 | -.016 | -.013 | [-.198 - .166]*p* = .863 | **.431** | **.567** | [.348 - .515]*p* < .001 |
| DRDI-D | **.462** | **.350** | [.281 - .643]*p* < .001 | .044 | .172 | [-.016 - .104]*p* = .152 | ***-.221*** | ***-.245*** | [-.381 - -.062]*p* = .007 | **-.153** | **-.277** | [-.248 - -.057]*p* = .002 |
| **Note:** All data in this table is from sample 2. *N* = 249 for all measures except the PCL-5 (*N* = 156). Bold values are significant at a Bonferroni corrected *p value of* < .006 in step 2. Bold and italicized values are significant at *p* < .05 level. "--" indicates that predictor was not in the model because it was the designated outcome. *Abbreviations:* Posttraumatic Stress Disorder Checklist (PCL-5); Authenticity Scale (AS); Intolerance of Uncertainty Scale – Short Form (IUS-SS); Depression, Anxiety, and Stress Scale (DASS-21); Depressive Symptom Inventory – Suicide Scale (DSI-SS); Brief Inventory of Psychosocial Functioning (bIPF); Dispositional Resilience Scale-15 (DRS-15); DRDI - Recovery subscale (DRDI-R); DRDI -Dysfunctional Cognitions Subscale (DRDI-D). |