**SUPPORTING INFORMATION**

Table S1. Table of Unit Costs

|  |  |  |  |
| --- | --- | --- | --- |
| **Item** | **£s** | **Source** | **Notes** |
| Clinicians - Therapists | £42/hour | Curtis, LA, Burns A. (2017)  Personal Social Services Research Unit (PSSRU). Unit Costs of Health & Social Care 2017. | Table 12.6 – Generic single- disciplinary CAMHS team |
| Clinicians -Supervisors | £62/hour | As above. | Table 9. Scientific and professional staff.  Cost per working hour for community-based scientific and professional staff, Band 8a |

Table S2. Mean supervisor time per therapist

|  |  |  |
| --- | --- | --- |
| **TRAINING WORKSHOPS** | | |
|  | **Time (minutes)**  **Meana (SD)** | **Cost (£)**  **Meana (SD)** |
| Preparation | 26 (5.48) | 26.87 (5.66) |
| Delivery | 252 (153.36) | 260.4 (158.47) |
| ***Total*** | ***278 (157.07)*** | ***287.27 (162.30)*** |
| **CASE SUPERVISION** | | |
|  | **Time (minutes)**  **Meanb (SD)** | **Cost (£)**  **Meanb (SD)** |
| Preparation | 13.7 (6.71) | 14.18 (6.93) |
| Delivery | 36.12 (9.91) | 37.32 (10.24) |
| ***Total*** | ***49.84 (14.09)*** | ***51.50 (14.56)*** |

**Notes**: a per therapist per workshop; b per therapist per case supervision week

There were 5 full-day workshops because new therapists had to be recruited partway through the project; the mean number of therapist participating to each workshop was 4.4; the weeks of active supervisions were 62; the average number of therapist participating to each supervision week were 2.8.

Table S3. Therapist’s total and per session time/cost of being supervised.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Therapists** | **Number of supervision session attended** | **Total time spent being supervised**  **(minutes)** | **Cost of total time spent being supervised**  **(£)** | **Time per supervision session attended (minutes)**  **Mean (SD)** | **Cost per supervision session attended (£)**  **Mean (SD)** |
| **Therapist 1** | 32 | 2680 | 1876 | 83.75 (37.48) | 58.63 (26.24) |
| **Therapist 2** | 38 | 2885 | 2019.5 | 75.92 (38.97) | 53.14 (27.28) |
| **Therapist 3** | 29 | 2405 | 1683.5 | 82.93 (38.53) | 58.05 (26.97) |
| **Therapist 4** | 34 | 2710 | 1897 | 79.71 (39.25) | 55.79 (27.48) |
| **Therapist 5** | 3 | 480 | 336 | 160 (34.64) | 112 (24.25) |
| **Therapist 6** | 19 | 750 | 525 | 39.47 (13.43) | 27.63 (9.40) |
| **Therapist 7** | 16 | 630 | 441 | 39.38 (13.28) | 27.56 (9.29) |
| **All - mean**  **(SD)** | 24.43  (12.34) | 1791.43  (1107.48) | 1254  (775.23) | 73.33  (39.93) | 51.33  (27.95) |

**Note**: One of the eight therapists who attended the training workshops withdrew before taking any case and therefore was not included in this table.

Table S4. Mean clinician’s time and cost of CT-SAD-A treatment per patient.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Time (minutes)** | | **Cost (£)** | |
|  | **Mean** | ***SD*** | **Mean** | ***SD*** |
| **CT-SAD-A treatment** *(face-to-face)* | 2658.15 | *511.98* | 1860.70 | *358.38* |
| **Supervision** *(therapist)* | 1005 | *496.12* | 703.5 | *347.28* |
| **Supervisiona** *(supervisor)* | 685.16 | *209.93* | 708 | *216.93* |
| **Workshops** *(therapist)* | 560 | *116.56* | 392 | *81.59* |
| **Workshops** *(supervisor)* | 370.67 | *77.15* | 383.02 | *79.72* |
| **Total** | 5278.98 | *1300.73* | 4047.22 | *1003.16* |

aSupervision sessions were usually attended by more than one therapist.