**Table S1.** Search strategies

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| **Step** | **Search terms** |
| **A** | Keyword search for ‘vicarious posttraumatic growth’ **or** ‘vicarious post-traumatic growth’ |
| **B** | Keyword search for ‘vicarious trauma’ **or** ‘vicarious traumatisation’ **or** ‘vicarious traumatization’ |
| **C** | Keyword search for ‘secondary trauma’ **or** ‘secondary traumatisation’ **or** ‘secondary traumatization’ **or** ‘secondary traumatic stress’ |
| **D** | Keyword search for ‘working with trauma’ **or** ‘trauma work’ |
| **E** | Keyword search for ‘compassion satisfaction’ **or** ‘compassion fatigue’ |
| **F** | Combine A–E using **or** |
| **G** | Keyword search for ‘psychologists’ **or** ‘psychotherapists’ |
| **H** | Keyword search for ‘counsellors’ **or** ‘counselors’ **or** ‘therapists’ |
| **I** | Keyword search for ‘mental health workers’ **or** ‘mental health professionals’ **or** ‘clinicians’ |
| **J** | Combine G–I using **or** |
| **K** | Keyword search for ‘qualitative’ **or** ‘interviews’ |
| **M** | Combine F, J and K using **and** |