Table 1 (supplement). Multilevel regression estimates with standard error.

|  |  |  |
| --- | --- | --- |
|  | Value | SE |
| ISI | 1.30 | 0.26 |
| ASPQ | 18.72 | 5.72 |
| SRBQ | 7.31 | 3.56 |
| BDI-II | 4.93 | 1.36 |
| BSI-Anxiety | 0.79 | 0.74 |
| BSI-Somatization | 1.14 | 0.49 |

Note: ISI = Insomnia Severity Index, APSQ = Anxiety and Preoccupation about Sleep Questionnaire, SRBQ = Sleep-related Behaviours Questionnaire, BDI-II = Beck Depression Inventory revised, BSI-Anxiety = Anxiety subscale of the Brief Symptom Inventory, BSI-Somatization = Somatization subscale of the Brief Symptom Inventory.