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Table 1: Characteristics for clients attending 2 or more treatment appointments

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| Gender1 N (%)  Female  Male | 447 (61.7%)  267 (36.9%) |
| Age range; Mean (SD)  16-25  26-35  36-45  46-55  56+ | 16 – 78; 35.4 (11.6)  171 (23.6%)  242 (33.4%)  166 (22.9%)  104 (14.4%)  41 (5.7%) |
| Ethnicity2  White-British  White other  Asian  Black  Mixed | 622 (85.9%)  38 (5.3%)  23 (3.2%)  12 (1.7%)  23 (3.2%) |
| PHQ9 score on intake (mean, SD)  none (0–4)  mild (5–9)  moderate (10–14)  moderately severe (15–19)  severe (20–27) | 11.90, 4.77 (range 0-26)  47 (6.5%)  168 (23.2%)  298 (41.2%)  170 (23.5%)  41 (5.7%) |
| GAD score on intake (mean, SD)  none (0–4)  mild (5–9)  moderate (10–14)  severe (15-21) | 11.30, 4.26 (range 0–21)  42 (5.8%)  220 (30.4%)  276 (38.1%)  186 (25.7%) |
| WSAS score on intake (mean, SD)  mild functional impairment (0-9)  moderately severe functional impairment (10-20)  severe functional impairment (21+) | 16.10, 8.46 (0-37)  176 (24.3%)  333 (46.0%)  186 (25.7%) |
| Clients meeting caseness on intake n (%)  PHQ9  GAD7  PHQ9 and/or GAD7 | 509 (70.3%)  598 (82.6%)  662 (91.4%) |

1 data unavailable for 10 clients; 2 data unavailable for 6 clients