**Supplementary Table 2.** Cochrane Collaboration's tool for assessing risk of bias in included studies.

|  | Levkovitz et al, 2010 | Chaudhry et al, 2012 | Ghanizadeh et al, 2014 | Liu et al, 2014 | Khodaie-Ardakani et al, 2014 | Kelly et al, 2015 |
| --- | --- | --- | --- | --- | --- | --- |
| Adequate sequence generation? | Unclear | Low | Low | Low | Low | Low |
| Allocation concealment? | Unclear | Low | Low | Low | Low | Low |
| Blinding? | Low | Low | Low | Low | Low | Low |
| Incomplete outcome data addressed? | Low | Low | Low | Low | Low | Low |
| Free of selective reporting? | Low | Low | Unclear | Low | Low | Low |
| Free of other bias? | Low | Low | Low | Low | Low | Low |
| **Summary assessment** | **Unclear** | **Low** | **Unclear** | **Low** | **Low** | **Low** |

Low= low risk of bias; High=high risk of bias; Unclear=Unclear Risk of Bias.