**Additional file 1 Adult recall impairment and symptom scale construction**

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| **Scale** | **Sample** | **Measurement** |
| **General impairment scale**   * My experiences during my childhood and teenage years have had a damaging impact on my life as an adult * I have a lot of bad memories about my childhood and teenage years that bother me today * In general, my childhood and teenage years have had a negative impact on what I have been able to achieve in my life * My childhood and teenage years were worse than the childhood and teenage years of most other children and teenagers I knew | All | 5-point scale: strongly agree to strongly disagree |
| **ADHD symptom scale**   * It was easy for me to concentrate on my schoolwork * Unless they were very interesting to me, I was unable to pay attention to things for long periods of time * I was organised with my schoolwork * I made careless errors on my schoolwork * I sometimes had difficulty following instructions from my teachers * I often acted without thinking about consequences * I put off doing things until the last minute * I often failed to meet deadlines for assignments | All | 5-point scale: strongly agree to strongly disagree |
| **Comorbid symptom scale**   * I often had angry or negative thoughts * I had a bright outlook on my future * I often felt sad, blue or depressed * I liked myself and accepted myself the way I was * I often was quick to become angry or upset at school * I often was easily frustrated * I tended to overreact emotionally * I was easily excited by activities going on around me | All | 5-point scale: strongly agree to strongly disagree |
| **School failure score**   * Was in “bottom” of class * Ever:   + Have a tutor to help you with school work   + Take a special class to get extra help with schoolwork   + Repeat a grade   + Get expelled or suspended | All | Summed score with each item counting as ‘1’ |
| **School impairment scale**   * I got along with my teachers * I was able to handle a large workload * I was popular in school * My teachers thought highly of me * I fit in with my peers * I was liked by adults * I had a good relationship with my parents * When in social situations, I often made mistakes or acted in ways that others saw as inappropriate * When I saw a good opportunity, I recognised and seized it | All | 5-point scale: strongly agree to strongly disagree |
| **Relationship impairment scale**   * I got along with my friends outside of school * I got along with my parents * I had good relationships with my siblings * I was popular outside of school * I often got invited to parties and other social events * It was easy for me to make new friends (when travelling, during summer camps, etc.) * My friends were important to me and I needed to spend time with them | All | 5-point scale: strongly agree to strongly disagree |
| **Home impairment scale**  Thinking back to your childhood and teenage years, compared to others your age would you say you were, in general, more likely, less likely, or equally likely to…   * Spend time with family * Spend free times with friends * Exercise or play recreational or organised sports * Participate in volunteer work, community service or other group projects in your community or neighbourhood * Participate in cultural or educational activities outside of school * Go out on dates * Participate in school clubs or other extracurricular activities | All | 3-point scale: more, equally or less likely |