**Supplementary material.**

List of foodstuffs and consumer products avoided 24h before and after the application of simulant during the study.

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| Peppers |
| Tomatoes (including sauce) |
| Grapes |
| Oranges (including juice) |
| Strawberries |
| Mints and peppermints  |
| Chewing gum  |
| Tea and coffee |
| Mouthwash |
| Hair Products |
| Acne products  |
| Muscle and joint pain cream (e.g. Deep Heat) |
| Skin cleaners and exfoliants  |
| Perfumed products (e.g., cologne, moisturiser) |
| Root beer |
| Alcohol |