**Box 1**

1. Heart Defects, Congenital

• Congenital Heart Defect

• Defect, Congenital Heart

• Heart, Malformation Of

• Defects, Congenital Heart

• Heart Abnormalities

• Heart Defect, Congenital

• Abnormality, Heart

• Abnormalities, Heart

• Heart Abnormality

• Congenital Heart Defects

1. Exercise

• Exercises

• Physical Activity

• Activities, Physical

• Activity, Physical

• Physical Activities

• Exercise, Physical

• Exercises, Physical

• Physical Exercise

• Physical Exercises

• Acute Exercise

• Acute Exercises

• Exercise, Acute

• Exercises, Acute

• Exercise, Isometric

• Exercises, Isometric

• Isometric Exercises

• Isometric Exercise

• Exercise, Aerobic

• Aerobic Exercise

• Aerobic Exercises

• Exercises, Aerobic

• Exercise Training

• Exercise Trainings

• Training, Exercise

• Trainings, Exercise

**图片包含 图表

描述已自动生成**

**Figure S1**. Search and selection of studies for systematic review according to preferred reporting items for systematic reviews and meta-analyses (PRISMA)

A. SF-36 physical component summary

文本

描述已自动生成

B. SF-36 mental component summary

文本

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C. CHD-TAAQOL worries score

文本

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D. CHD-TAAQOL symptoms score

文本

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E. CHD-TAAQOL impact score

文本

描述已自动生成

Figure S2. Exercise training versus controls: Quality of life. SF-36, Short Form 36 item; CHD-TAAQOL, CHD-TNO/AZL Adult Quality of Life questionnaire

A. Training duration of 12 weeks 文本, 表格

中度可信度描述已自动生成

B. Repaired TOF 文本, 表格

描述已自动生成

Figure S3. Subgroup Analysis for peak VO2 in training duration and repaired TOF. TOF, Tetralogy of Fallot.

图表, 折线图

描述已自动生成

Figure S4. Funnel plot investigating publication bias. Outcome: peak VO2 (P= 0.804)

图表, 条形图

描述已自动生成

Figure S5. The risk of bias was presented according to the Cochrane Collaboration