Appendix A

Demographics of the two Subsamples (*N* = 356 and *N* = 353)

|  |  |  |  |
| --- | --- | --- | --- |
|  | *N* = 356 |  | *N* = 353 |
| Characteristics | Frequency | Percentage |  | Frequency | Percentage |
| Age |
| 15-18 | 46 | 12.92 | 35 | 9.92 |
| 19-40 | 200 | 56.18 | 196 | 55.52 |
| 41-65 | 89 | 25.00 | 101 | 28.61 |
| 66-92 | 21 | 5.90 | 21 | 5.95 |
| Gender |
| Men | 80 | 22.50 | 74 | 21.00 |
| Women | 276 | 77.50 | 279 | 79.00 |
| First Language |
| English | 332 | 93.30 | 333 | 94.30 |
| Other | 24 | 6.70 | 20 | 5.70 |
| Education level completed |
| 0-10 years | 12 | 3.40 | 14 | 4.00 |
| 11-12 years | 61 | 17.10 | 55 | 15.60 |
| 13-14 years | 110 | 30.90 | 95 | 26.90 |
| 15-16 years | 104 | 29.20 | 118 | 33.40 |
| 17-18 years | 35 | 9.80 | 36 | 10.20 |
| 19-20 years | 21 | 5.90 | 23 | 6.50 |
| 21+ | 13 | 3.70 | 12 | 3.40 |
| Retired |
| Yes | 24 | 6.70 | 30 | 8.50 |
| No | 332 | 93.30 | 323 | 91.50 |
| *Note.* Completion of year 12 = 12 years of education.  |

Appendix B

The SAWS Five Factor Correlation Matrix (*N* = 353)

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Factor | 1 | 2 | 3 | 4 | 5 |
| 1. Reminiscence/ Reflection
 | 1.00 |  |  |  |  |
| 1. Humor
 | .34 | 1.00 |  |  |  |
| 1. Emotional Regulation
 | .36 | .50 | 1.00 |  |  |
| 1. Experience
 | .37 | .42 | .43 | 1.00 |  |
| 1. Openness
 | .40 | .56 | .50 | .43 | 1.00 |

*Note*. Extraction Method: Maximum Likelihood.

Rotation Method: Promax with Kaiser Normalization

Appendix C



*Note.* Self-Assessed Wisdom Scale-15 higher order measurement model with standardized parameter estimates for a confirmatory factor analysis. Ovals represent latent variables, circles represent error terms, and rectangles represent observed variables.