**Table S1.** DSM-IV diagnostic criteria for Major Depressive Disorder and Dysthymia

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| **Major Depressive Disorder** |

1. Depressed mood OR decreased interest or pleasure in most activities (anhedonia), most of the day, nearly every day
2. Including depressed mood and/or anhedonia, a total of five or more of the core nine symptoms have been present during the same 2-week period and represent a change from previous functioning.

In addition to depressed mood and anhedonia, core symptoms of depression include:

* Significant change in weight or appetite
* Insomnia or hypersomnia
* Psychomotor agitation or retardation
* Fatigue or loss of energy
* Feelings of worthlessness or excessive guilt
* Diminished ability to think or concentrate, or more indecisiveness
* Suicidality

1. The symptoms cause clinically significant distress or impairment in social, occupational, or other important areas of functioning.
2. Symptoms cannot be attributable to the physiological effects of a substance or to another medical condition.

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| **Dysthymia** |

1. Depressed mood most of the day, more days than not, for at least two years
2. Presence, while depressed, of two or more of the following symptoms:
   * poor appetite or overeating
   * Insomnia or hypersomnia
   * Low energy or fatigue
   * Low self-esteem
   * Poor concentration or difficulty making decisions
   * Feelings of hopelessness
3. During the two-year period, the individual has never been without the symptoms in A. and B. for more than two months at a time.
4. The symptoms cause clinically significant distress or impairment in social, occupational, or other important areas of functioning.
5. Symptoms are not better explained by other mental disorders nor attributable to the physiological effects of a substance or to another medical condition.

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| *Notes*. Criteria for Major Depressive Disorder did not change from DSM-IV to DSM-5. Dysthymia is referred to as Persistent Depressive Disorder in DSM-5, which represents a consolidation of DSM-IV criteria for dysthymia and chronic major depressive disorder. |