|  |  |
| --- | --- |
| Supplementary Table 1: Social support index |  |
|  |  |
| Survey Question | Response (Score) |
| How much in the last 12 months did you confide in the person you felt closest to? | A great deal (10) |
| Quite a lot (6.7) |
| A little (3.3) |
| Not at all (0) |
| How much in the last 12 months would you have liked to have confided more in the person you felt closest to? | A great deal (0) |
| Quite a lot (3.3) |
| A little (6.7) |
| Not at all (10) |
| How much, in the last 12 months, did you share interests, hobbies? | A great deal (10) |
| Quite a lot (6.7) |
| A little (3.3) |
| Not at all (0) |
| How much, in the last 12 months, did the person you felt closest to give you worries, problems and stress? | A great deal (0) |
| Quite a lot (3.3) |
| A little (6.7) |
| Not at all (10) |
| How much in the last 12 months did talking to the person you feel closest to make things worse? | A great deal (0) |
| Quite a lot (3.3) |
| A little (6.7) |
| Not at all (10) |
| How much in the last 12 months did talking to the person you feel closest to make you feel good about yourself? | A great deal (10) |
| Quite a lot (6.7) |
| A little (3.3) |
| Not at all (0) |

Supplementary Table 2: Odds of being excluded from the sample, i.e. missing due to no GHQ score or more than three missing adversities, by demographic variable and resource

|  |  |  |  |
| --- | --- | --- | --- |
|  | Sex-adjusted | | |
|  | OR | 95% Confidence | |
| Interval | |
|  |  |  |  |
| Female (reference male) | 0.74 | 0.66 | 0.82 |
| Physical Activity | 0.79 | 0.66 | 0.95 |
| Occupational Status | 0.89 | 0.84 | 0.95 |
| Education | 0.82 | 0.77 | 0.87 |
| Childhood Cognition | 0.83 | 0.77 | 0.89 |
| Self-Organisation | 0.79 | 0.74 | 0.85 |
| Social Support | 0.98 | 0.80 | 1.20 |
| Neighbourhood Cohesion | 0.86 | 0.74 | 1.00 |

OR: Odds ratio

Supplementary Table 3: Linear multilevel regression of log-transformed GHQ-28 scores on individual components of the childhood psychosocial adversity score

|  |  |  |  |
| --- | --- | --- | --- |
|  | Sex-adjusted | | |
|  | β | 95% Confidence | |
| n | Interval | |
|  |  |  |  |
| Maltreatment | 0.045 | 0.021 | 0.068 |
| Low parental concern for their child’s education | 0.026 | 0.008 | 0.044 |
| Parental psychiatric history | 0.025 | -0.013 | 0.063 |
| Parental divorce | 0.032 | 0.008 | 0.056 |
| Mother affectionless control | 0.022 | 0.010 | 0.034 |
| Father affectionless control | 0.037 | 0.025 | 0.049 |
| Parent death | 0.003 | -0.019 | 0.025 |
| Maternal separation | 0.010 | -0.016 | 0.035 |
|  |  |  |  |