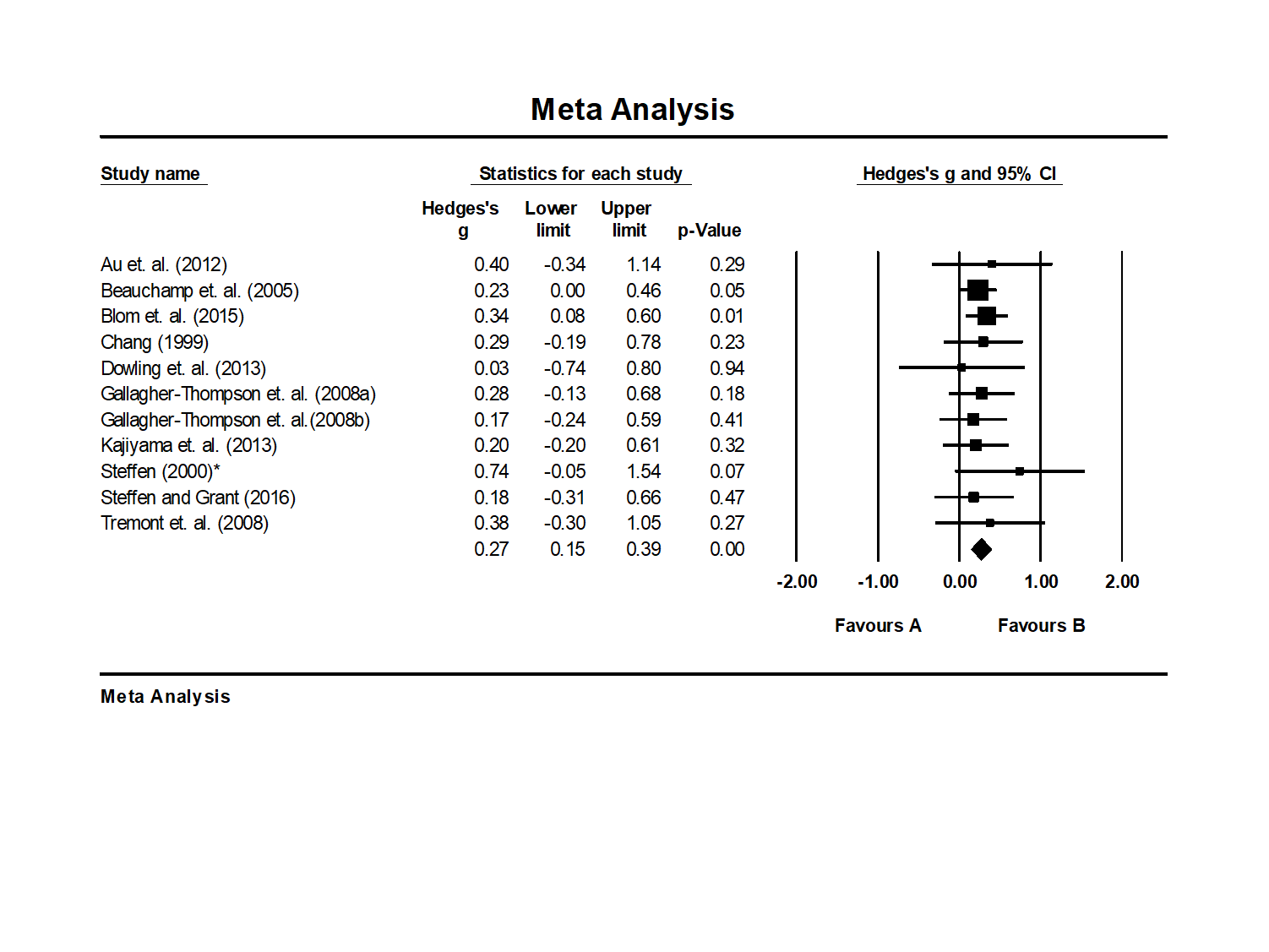
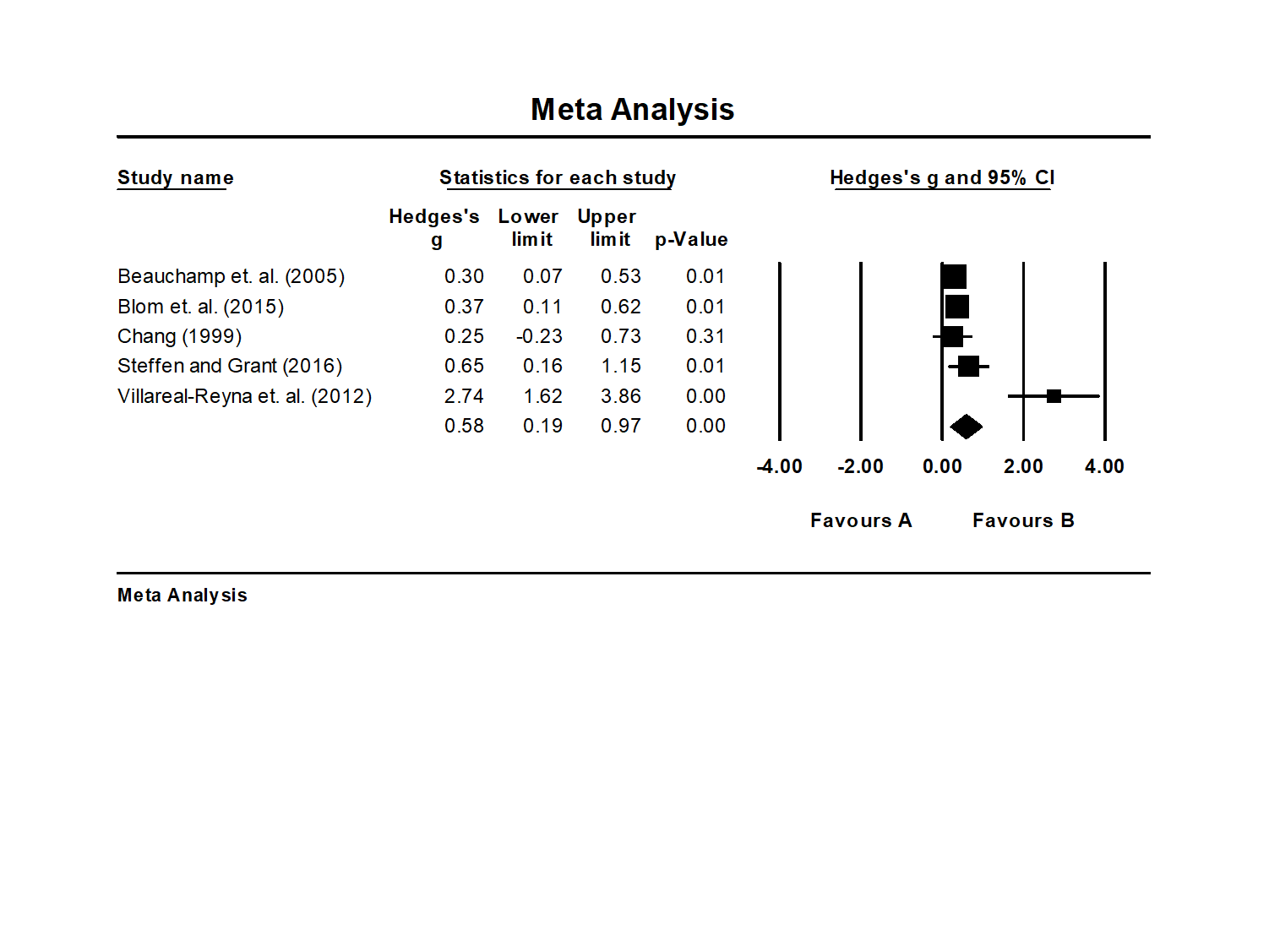
# Appendix A2.

**Forest Plots for Meta-analyses of Anxiety, Depression, Burden and Distress Outcomes**

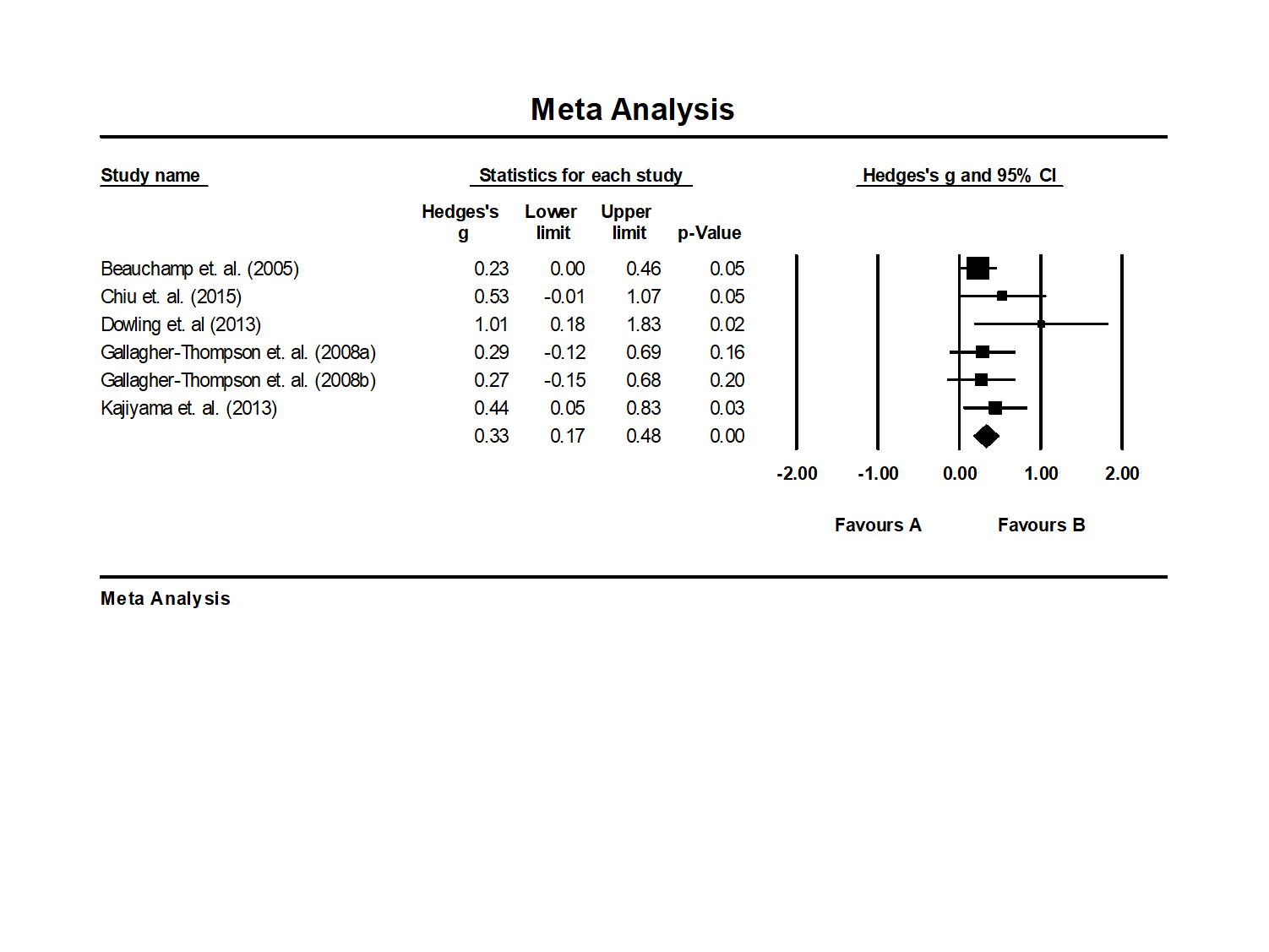
*Note*. Favours A = favours control group; Favours B = favours intervention group.



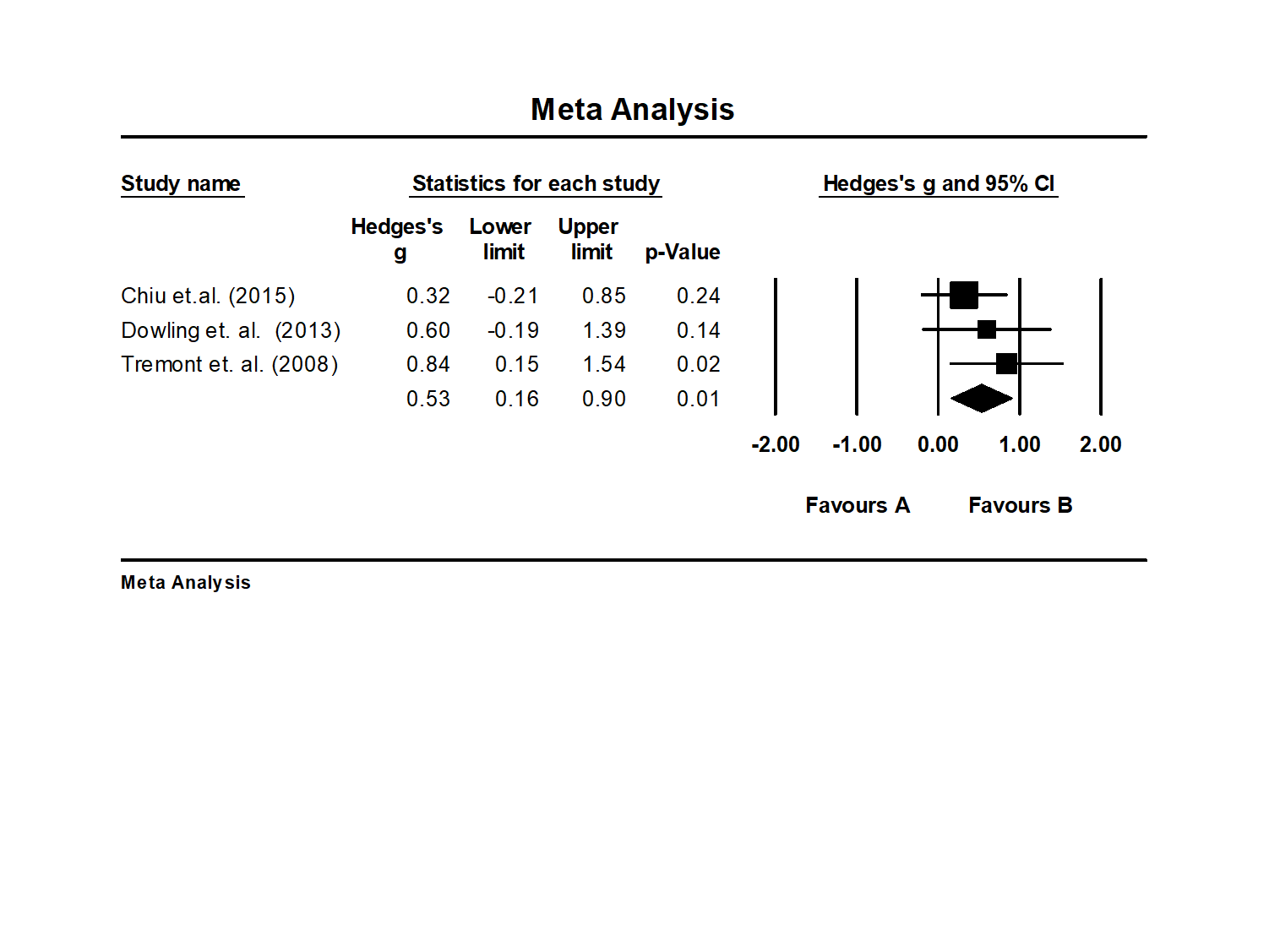
**Depression**



**Anxiety**



**Distress**



**Burden**