Appendix 1: Abbreviated Alzheimer’s Disease Knowledge Scale

**Instructions: please circle your answer. If you wish, you can choose not to answer a question.**

1. If someone suddenly has memory problems and confused thinking, it’s likely due to Alzheimer’s

 True False (re: assessment/diagnosis, correct answer is False)**\***

2. Alzheimer’s Disease is one type of dementia

 True False (re: assessment and diagnosis; answer is True)

3. Prescription drugs that prevent Alzheimer’s are available

 True False (re: risk factors; answer is False)

4. Most people with Alzheimer’s remember recent events better than past events

 True False (re: common symptoms; answer is True)

5. People with Alzheimer’s often believe that other people are stealing their things

 True False (re: common symptoms; answer is True)

6. After symptoms of Alzheimer’s Disease appear, the average life expectancy is 6-12 years

 True False (re: prognosis; answer is True)

7. In rare cases, people have recovered from Alzheimer’s

 True False (re: prognosis; answer is False)

8. Alzheimer’s Disease cannot yet be cured

 True False (re: treatment/management; answer is True)

9. People who have Alzheimer’s are more likely to have depression

 True False (re: impact on person’s life; answer is True)

10. Once a person is diagnosed with Alzheimer’s Disease, they are unable to made decisions about their treatment and care

 True False (re: care giving; answer is False)

Source:

Carpenter B, Balsis S, Otilingam P, et al: The Alzheimer’s disease knowledge scale: development and psychometric properties. Gerontologist 2009; 49:236-247.

**\*** information in parentheses was provided to study reviewers but was not shown to study participants

Appendix 2: Health Belief Model Questionnaire Adapted for Alzheimer’s Disease

**Your Views about Alzheimer’s Disease**

 **Instructions: circle the best answer for each question. If you wish, you can leave a question**

 **blank**

In your opinion, how likely are you to develop Alzheimer’s Disease?

 Not likely Likely Very likely

How serious do you think Alzheimer’s Disease is?

 Not serious Somewhat serious Very serious

In your opinion, how helpful are medical treatments for Alzheimer’s Disease?

 Not helpful Somewhat helpful Very helpful

If you developed Alzheimer’s Disease, would something stop you from accepting treatment?

**Note**: you can circle more than one

1. If insurance did not cover the cost of the treatment and I couldn’t afford it
2. If the treatment might have negative side effects and the benefits will be modest
3. If the treatment increases the likelihood of dying sooner
4. If my family/caregiver thinks the treatment is a poor option
5. Something else such as \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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What would prompt you to start preparing for the possibility of developing Alzheimer’s Disease?

**Note**: you can circle more than one

1. A family member or close friend develops Alzheimer’s Disease
2. A physician recommends that I start preparing
3. A family member or friend says something to me
4. When I notice certain changes in myself such as \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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1. I reach an age when I believe I am more likely to develop Alzheimer’s
2. Something else such as \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

How confident do you feel about your abilities to deal with Alzheimer’s Disease if you do develop it?

Not confident Confident Very confident

Which health condition concerns you more? Circle your answer

 **FOR WOMEN**: Developing Alzheimer’s Disease OR Breast Cancer

 Developing Alzheimer’s Disease OR Congestive Heart Failure

 **FOR MEN**: Developing Alzheimer’s Disease OR Prostate Cancer

 Developing Alzheimer’s Disease OR Congestive Heart Failure

Source: Janz NK, Becker MH. Health belief model: a decade later. *Health Educ Quart* 1984;11(1):1-47