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| **Supplemental Table 1**. Item level statistics for OASES items, separated by subscale |
|  | Item-level responses a |  | Item-total reliability |
|  | M | SD |  | Scale mean if item deleted | Scale variance if item deleted | Corrected item-total correlation | Cronbach's alpha if item deleted |
| **Anxiety Subscale** |  |  |  |  |  |  |  |
| Participate in religious ceremonies | 0.74 | 1.04 |  | 53.56 | 1525.73 | 0.292 | 0.973 |
| Shopping | 0.40 | 0.71 |  | 53.87 | 1507.85 | 0.748 | 0.972 |
| Doctor visits | 0.62 | 0.97 |  | 53.64 | 1503.76 | 0.595 | 0.973 |
| Hair salon/ barbershop visits | 0.37 | 0.85 |  | 53.90 | 1511.36 | 0.566 | 0.973 |
| Driving | 0.36 | 0.74 |  | 53.95 | 1531.00 | 0.339 | 0.973 |
| Exercising in public | 0.66 | 0.92 |  | 53.64 | 1521.13 | 0.397 | 0.973 |
| Others watch you walk | 0.49 | 0.72 |  | 53.85 | 1506.92 | 0.763 | 0.972 |
| Using medical treatment in public | 0.19 | 0.65 |  | 54.10 | 1520.41 | 0.571 | 0.973 |
| Using assisted devices in public | 0.28 | 0.74 |  | 54.08 | 1514.39 | 0.639 | 0.972 |
| Attend party or social gathering | 1.23 | 1.07 |  | 53.13 | 1489.54 | 0.722 | 0.972 |
| Eating in front of others | 0.47 | 0.83 |  | 53.90 | 1499.88 | 0.784 | 0.972 |
| Attending a class | 0.43 | 0.80 |  | 53.87 | 1514.38 | 0.583 | 0.973 |
| Giving a presentation | 1.68 | 1.04 |  | 52.67 | 1495.65 | 0.647 | 0.972 |
| Speaking in front of others | 1.23 | 1.09 |  | 53.10 | 1492.20 | 0.657 | 0.972 |
| Going on a date | 0.89 | 1.20 |  | 53.54 | 1503.41 | 0.502 | 0.973 |
| Asking others for favors/ help | 1.23 | 0.98 |  | 53.18 | 1517.20 | 0.444 | 0.973 |
| Making choices in front of others | 0.60 | 0.80 |  | 53.79 | 1503.80 | 0.75 | 0.972 |
| Learning technology | 0.91 | 0.90 |  | 53.44 | 1513.57 | 0.535 | 0.973 |
| Socializing as a single adult | 0.94 | 1.05 |  | 53.49 | 1490.63 | 0.704 | 0.972 |
| Wearing revealing clothing | 1.21 | 1.04 |  | 53.13 | 1518.64 | 0.396 | 0.973 |
| Forgetting information | 1.49 | 0.91 |  | 52.87 | 1509.22 | 0.577 | 0.973 |
| Confronting/ disagreeing with others | 1.74 | 1.03 |  | 52.54 | 1510.73 | 0.506 | 0.973 |
| Talking to people you don't know | 0.91 | 0.86 |  | 53.46 | 1508.68 | 0.639 | 0.972 |
| Interacting with strangers | 0.74 | 0.85 |  | 53.62 | 1509.45 | 0.633 | 0.972 |
| Speaking up for self | 1.24 | 1.09 |  | 53.15 | 1503.71 | 0.557 | 0.973 |
| Visiting friends | 0.77 | 0.96 |  | 53.64 | 1519.13 | 0.423 | 0.973 |
| Participating in games | 0.74 | 0.92 |  | 53.62 | 1530.30 | 0.286 | 0.973 |
| Interacting with son/ daughter-in-law | 0.62 | 0.90 |  | 53.72 | 1501.26 | 0.693 | 0.972 |
| Writing in front of others | 0.32 | 0.63 |  | 53.97 | 1520.76 | 0.597 | 0.973 |
| Using public bathroom  | 0.53 | 0.88 |  | 53.82 | 1515.68 | 0.503 | 0.973 |
| Using someone's bathroom | 0.51 | 0.75 |  | 53.85 | 1511.82 | 0.679 | 0.972 |
| Receiving compliments | 0.79 | 0.91 |  | 53.56 | 1499.88 | 0.694 | 0.972 |
| Causing others to wait | 1.30 | 0.98 |  | 53.10 | 1500.88 | 0.661 | 0.972 |
| Asking others to repeat things | 1.11 | 0.84 |  | 53.33 | 1524.07 | 0.411 | 0.973 |
| Interacting with knowledgeable people | 0.77 | 0.87 |  | 53.56 | 1503.83 | 0.682 | 0.972 |
| Conversations with others | 0.55 | 0.85 |  | 53.79 | 1496.27 | 0.838 | 0.972 |
| Making mistakes  | 0.83 | 0.76 |  | 53.59 | 1530.83 | 0.356 | 0.973 |
| **Avoidance Subscale** |  |  |  |  |  |  |  |
| Participate in religious ceremonies | 0.96 | 1.19 |  | 53.31 | 1525.64 | 0.258 | 0.973 |
| Shopping | 0.38 | 0.61 |  | 53.95 | 1520.89 | 0.629 | 0.973 |
| Doctor visits | 0.37 | 0.68 |  | 53.90 | 1521.41 | 0.543 | 0.973 |
| Hair salon/ barbershop visits | 0.38 | 0.89 |  | 53.92 | 1511.92 | 0.542 | 0.973 |
| Driving | 0.24 | 0.64 |  | 54.05 | 1534.73 | 0.319 | 0.973 |
| Exercising in public | 0.64 | 0.99 |  | 53.64 | 1523.13 | 0.341 | 0.973 |
| Others watch you walk | 0.34 | 0.70 |  | 53.95 | 1508.89 | 0.738 | 0.972 |
| Using medical treatment in public | 0.17 | 0.60 |  | 54.15 | 1530.40 | 0.427 | 0.973 |
| Using assisted devices in public | 0.17 | 0.64 |  | 54.15 | 1522.56 | 0.55 | 0.973 |
| Attend party or social gathering | 1.00 | 1.00 |  | 53.36 | 1493.50 | 0.702 | 0.972 |
| Eating in front of others | 0.40 | 0.80 |  | 53.97 | 1502.92 | 0.776 | 0.972 |
| Attending a class | 0.28 | 0.62 |  | 54.05 | 1520.68 | 0.619 | 0.973 |
| Giving a presentation | 1.26 | 1.13 |  | 53.03 | 1494.13 | 0.627 | 0.972 |
| Speaking in front of others | 0.94 | 0.99 |  | 53.41 | 1498.14 | 0.646 | 0.972 |
| Going on a date | 0.76 | 1.08 |  | 53.64 | 1518.92 | 0.374 | 0.973 |
| Asking others for favors/ help | 1.17 | 0.96 |  | 53.23 | 1496.34 | 0.735 | 0.972 |
| Making choices in front of others | 0.55 | 0.69 |  | 53.82 | 1514.10 | 0.672 | 0.972 |
| Learning technology | 0.70 | 0.88 |  | 53.62 | 1508.66 | 0.602 | 0.972 |
| Socializing as a single adult | 0.79 | 1.00 |  | 53.62 | 1492.19 | 0.728 | 0.972 |
| Wearing revealing clothing | 1.21 | 1.02 |  | 53.13 | 1520.69 | 0.371 | 0.973 |
| Forgetting information | 1.06 | 0.87 |  | 53.36 | 1507.13 | 0.633 | 0.972 |
| Confronting/ disagreeing with others | 1.51 | 0.98 |  | 52.79 | 1513.38 | 0.504 | 0.973 |
| Talking to people you don't know | 0.94 | 0.94 |  | 53.38 | 1493.77 | 0.746 | 0.972 |
| Interacting with strangers | 0.78 | 0.89 |  | 53.54 | 1500.99 | 0.685 | 0.972 |
| Speaking up for self | 1.11 | 1.01 |  | 53.21 | 1505.33 | 0.56 | 0.973 |
| Visiting friends | 0.55 | 0.85 |  | 53.79 | 1521.85 | 0.416 | 0.973 |
| Participating in games | 0.70 | 0.93 |  | 53.62 | 1520.09 | 0.413 | 0.973 |
| Interacting with son/ daughter-in-law | 0.64 | 0.92 |  | 53.72 | 1496.58 | 0.736 | 0.972 |
| Writing in front of others | 0.28 | 0.74 |  | 54.03 | 1514.76 | 0.593 | 0.973 |
| Using public bathroom  | 0.43 | 0.68 |  | 53.95 | 1529.73 | 0.42 | 0.973 |
| Using someone's bathroom | 0.49 | 0.72 |  | 53.90 | 1516.20 | 0.716 | 0.972 |
| Receiving compliments | 0.57 | 0.83 |  | 53.77 | 1496.66 | 0.804 | 0.972 |
| Causing others to wait | 1.02 | 0.97 |  | 53.38 | 1508.03 | 0.574 | 0.973 |
| Asking others to repeat things | 0.72 | 0.65 |  | 53.69 | 1523.90 | 0.572 | 0.973 |
| Interacting with knowledgeable people | 0.47 | 0.65 |  | 53.90 | 1514.36 | 0.708 | 0.972 |
| Conversations with others | 0.53 | 0.86 |  | 53.79 | 1503.12 | 0.683 | 0.972 |
| Making mistakes  | 0.77 | 0.89 |  | 53.59 | 1526.78 | 0.337 | 0.973 |
| Note: OASES item wording has been truncated for space.a Responses range from 0-3 |