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| **Table A.** Weighted odds ratios of explanatory variables to the trajectories of depressive symptoms in the elderly women by multinomial logistic regression (Reference group: Depressed) | | | |
|  | Improved (n=136) | | |
| Variables at baseline (Ref) | OR | (95% CI) | *p*-VALUE |
| Age\* | 0.97 | (0.94-1.01) | 0.10 |
| Education (Middle school or lower) | 1.25 | (0.47-3.30) | 0.65 |
| Economic activity (Unemployed) | 1.31 | (0.77-2.22) | 0.32 |
| Household income (Q1) | 1.04 | (0.85-1.28) | 0.70 |
| Marital status (Single) | 0.94 | (0.61-1.43) | 0.76 |
| Chronic disease (No) | 0.57 | (0.37-0.88) | 0.01 |
| Pain (No) | 0.60 | (0.27-1.36) | 0.22 |
| Social gathering (No) | 1.73 | (1.16-2.59) | 0.01 |
| Reunions (No) | 1.62 | (0.52-5.04) | 0.40 |
| SRH (Poor) | 1.38 | (0.96-1.97) | 0.08 |
| Disability (No) | 0.32 | (0.12-0.84) | 0.02 |
| QoL\* | 1.03 | (0.95-1.13) | 0.46 |
| OR: Odds ratio, CI: Confidence interval, Ref: Reference group, SRH: Self-rated Health, QoL: Quality of Life  \*Age and QoL were included as continuous variable | | | |