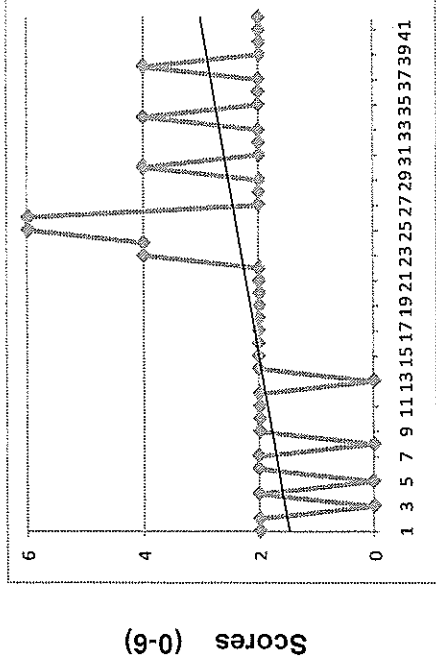


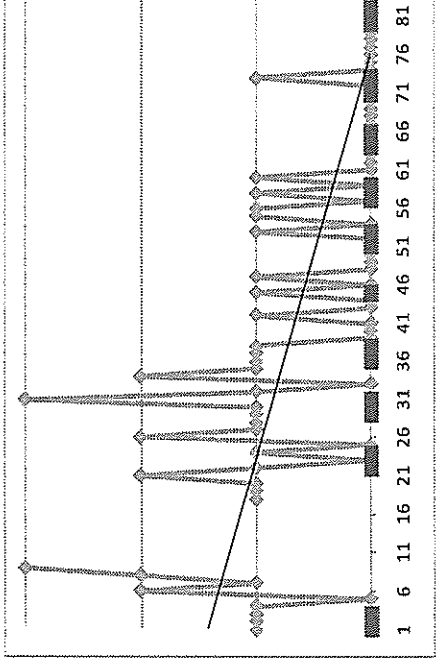
Supplementary Figure S2. Group of figures corresponding to 20 behaviour and mood items for Participants A to J.

Participant A: Insomnia

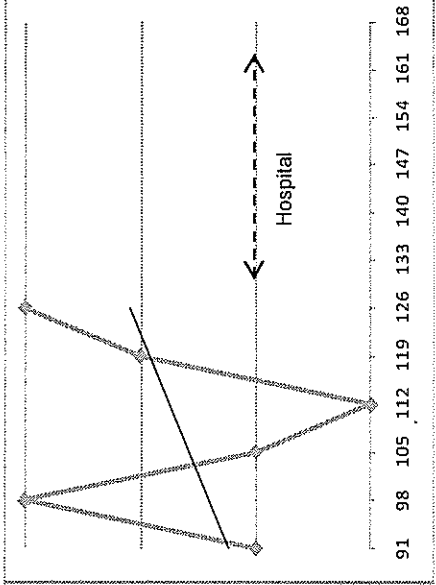
Phase A



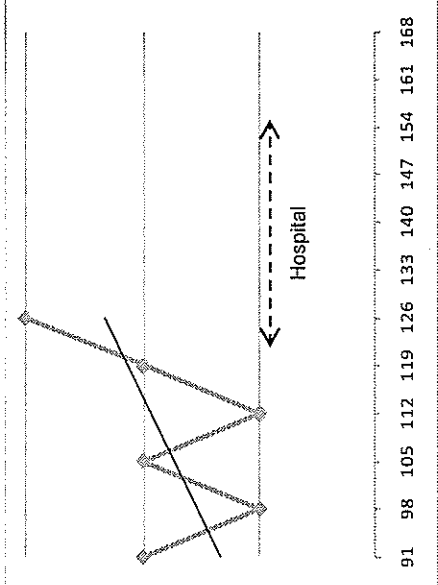
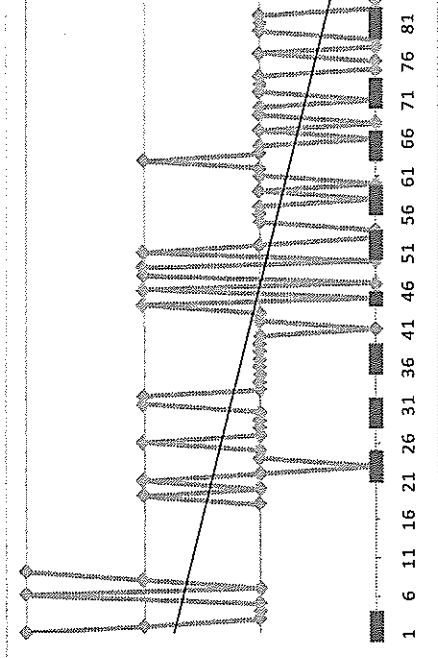
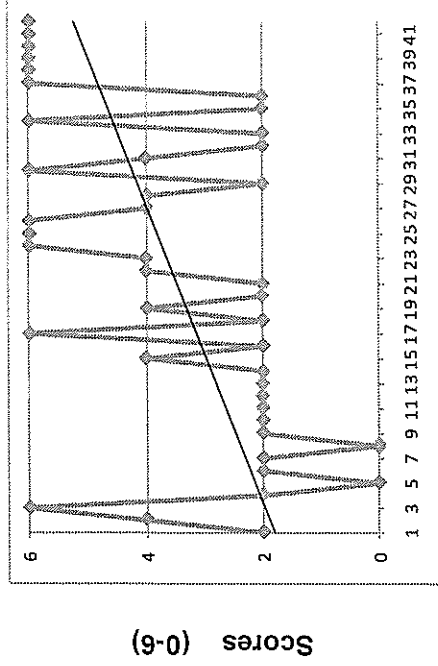
Phase B



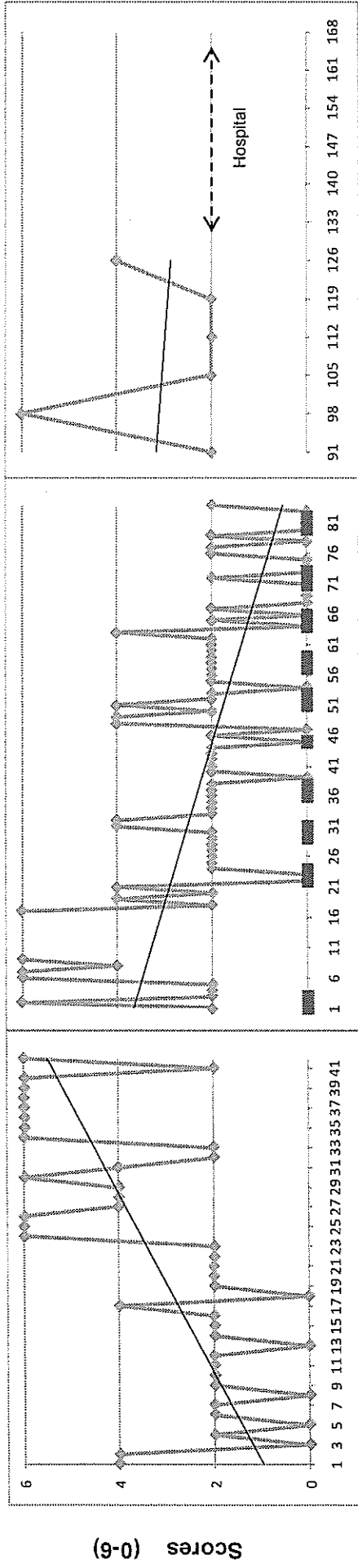
Phase C



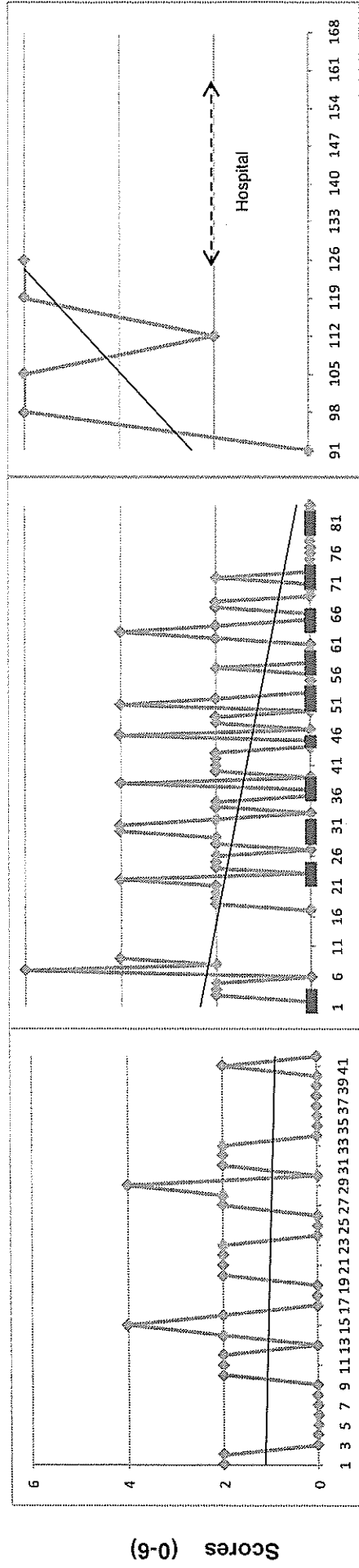
Participant A: Daytime Drowsiness



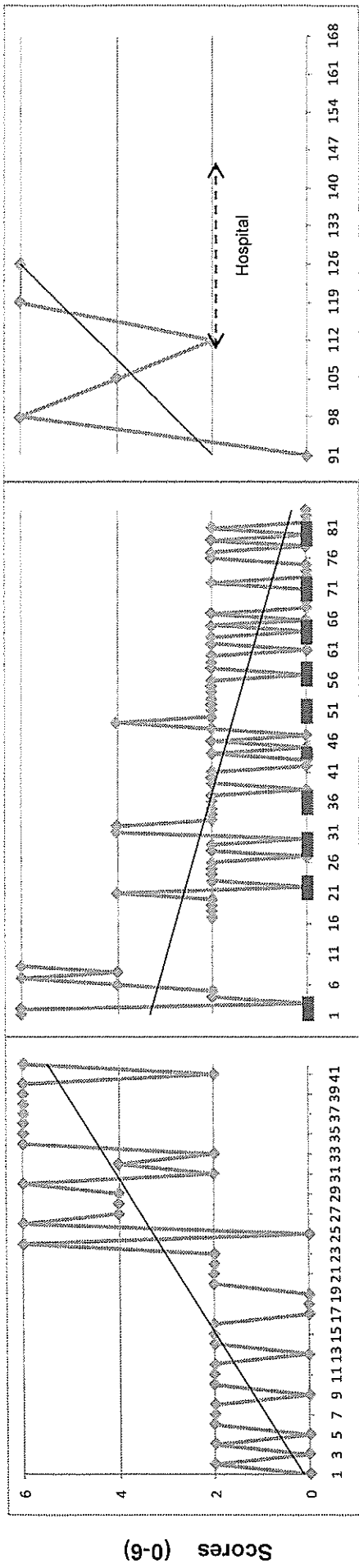
Participant A: Lack of Energy



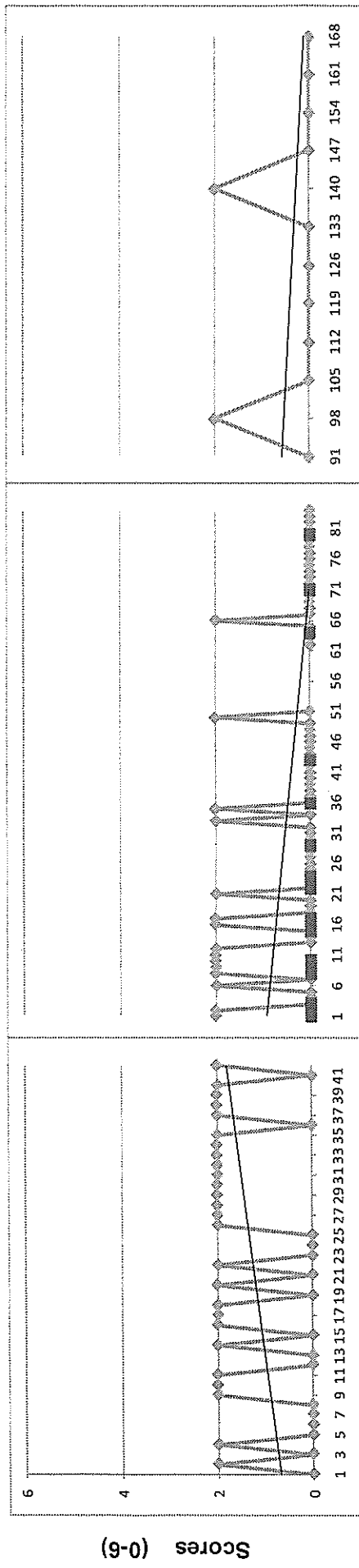
Participant A: Agitation



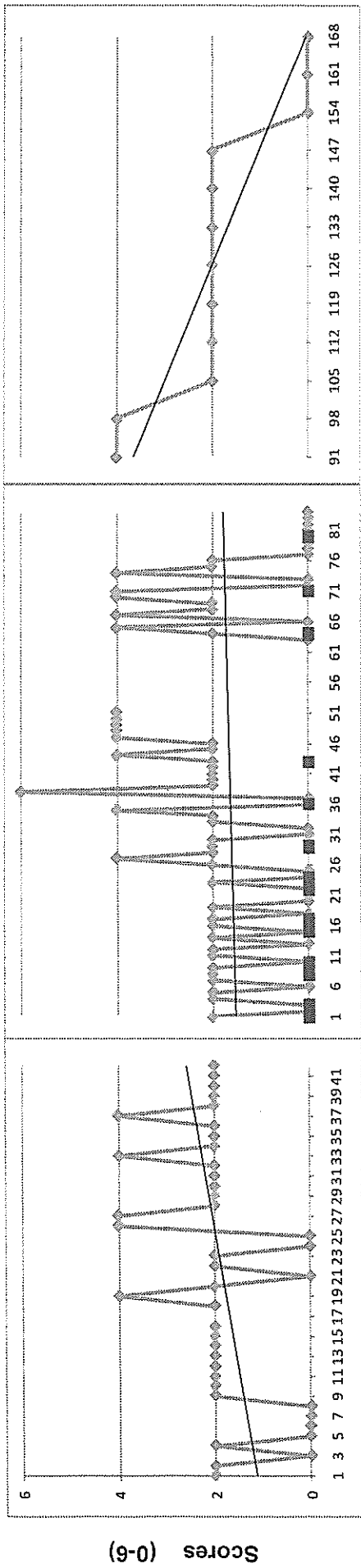
Participant A: Lack of Sense of Enjoyment



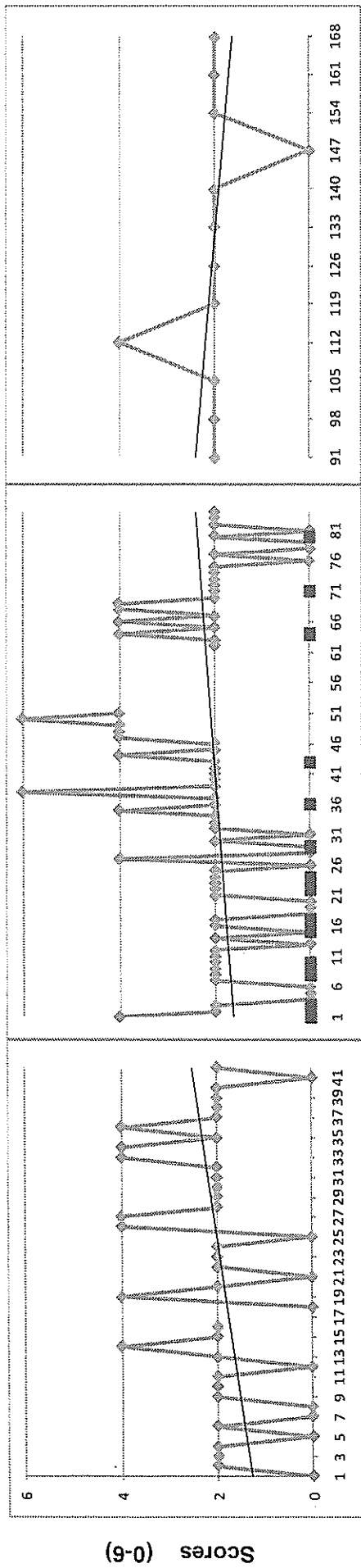
Participant B: Insomnia



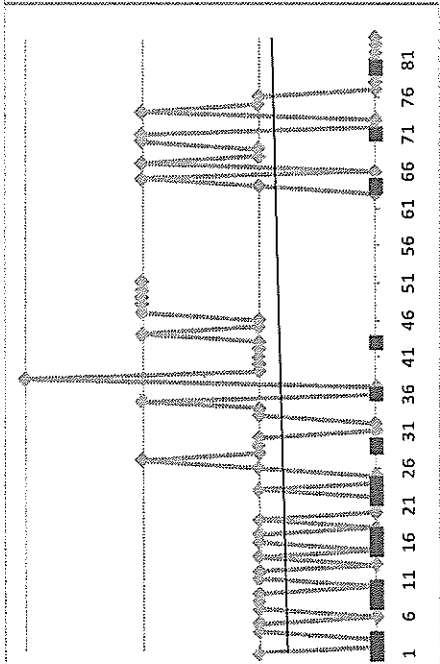
Participant B: Daytime Drowsiness



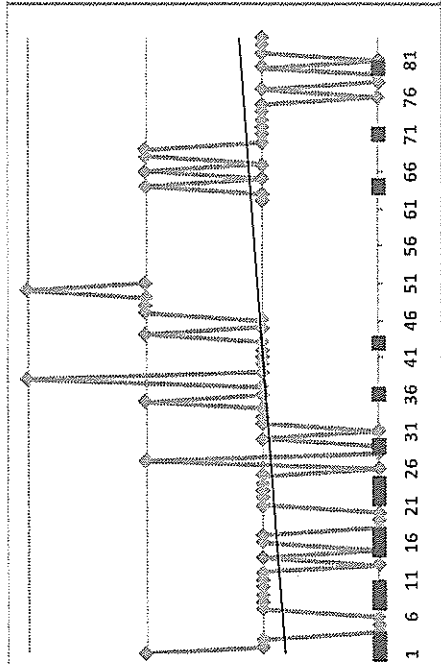
Participant B: Lack of Energy



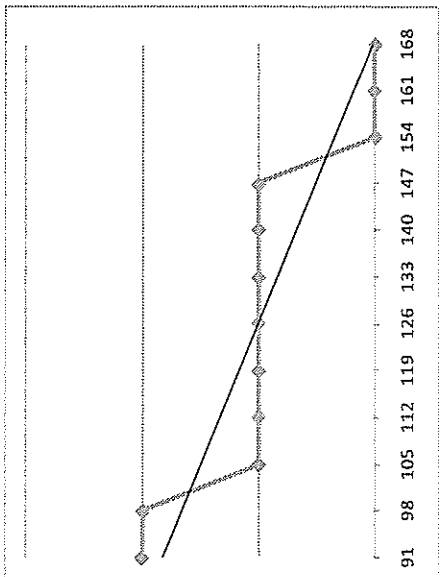
Participant B: Daytime Drowsiness



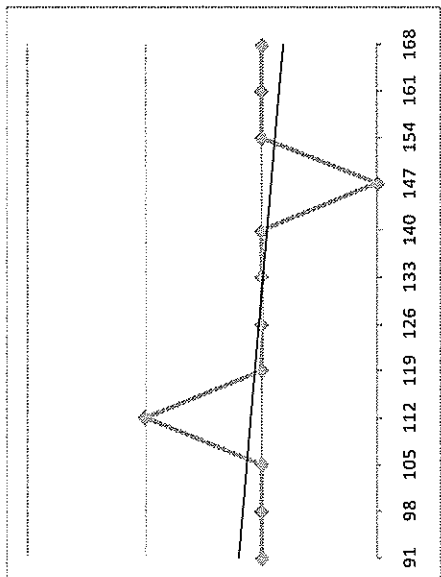
Participant B: Lack of Energy



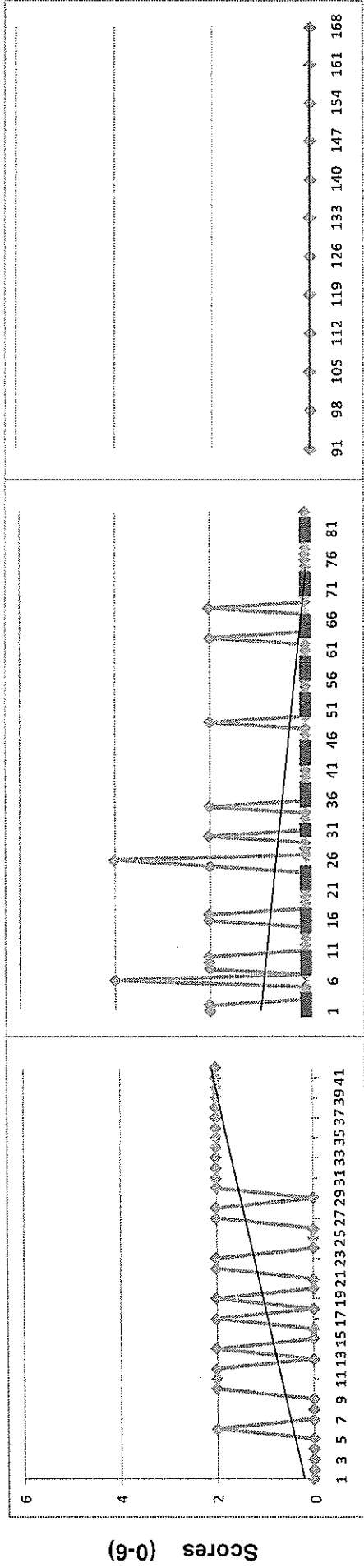
Participant B: Daytime Drowsiness



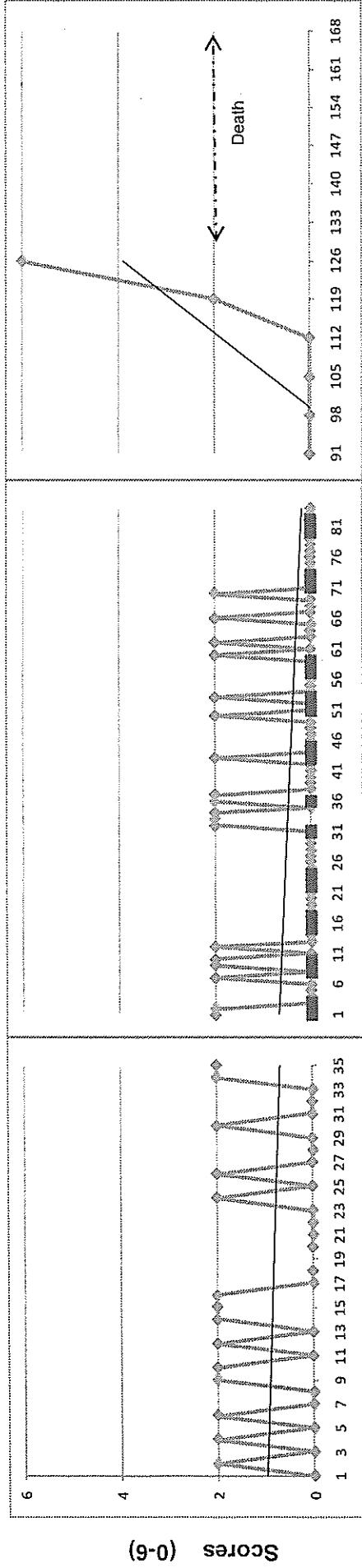
Participant B: Lack of Energy



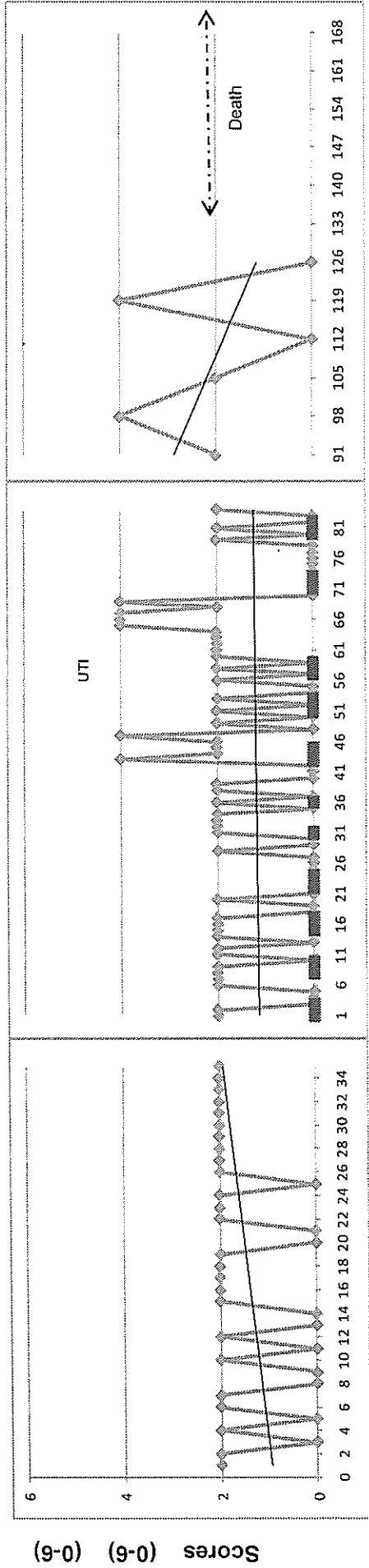
Participant C: Anxiety



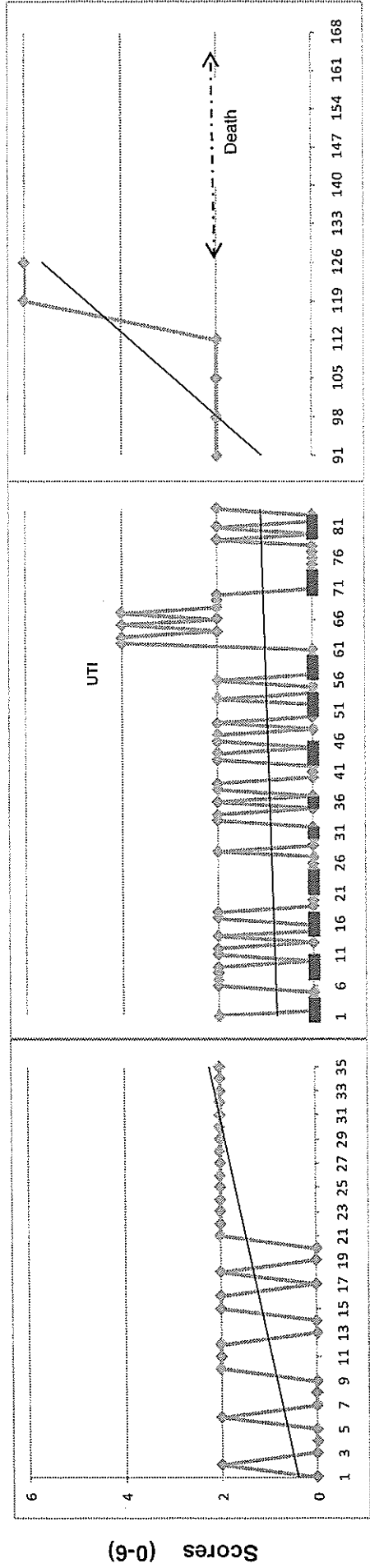
Participant D: Decreased Appetite



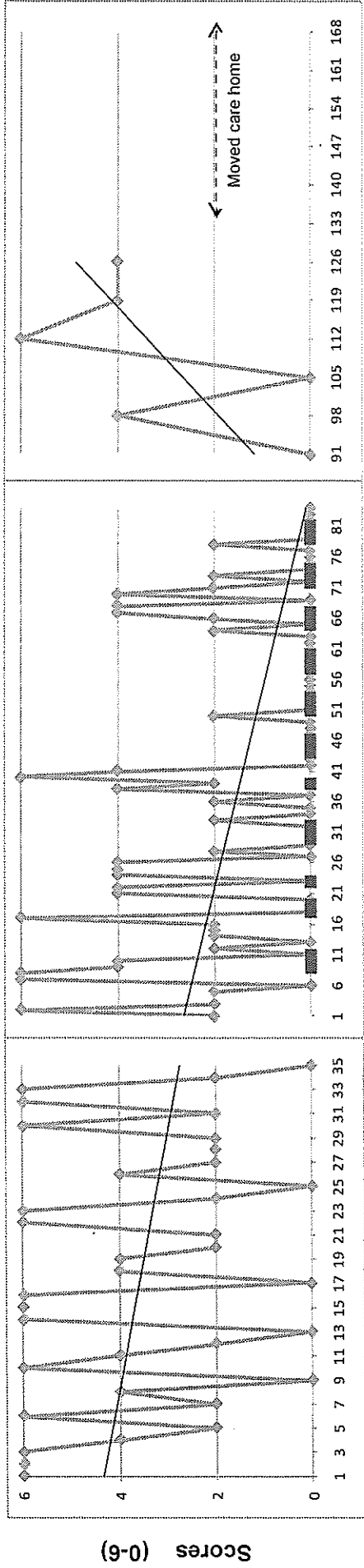
Participant D: Anxiety



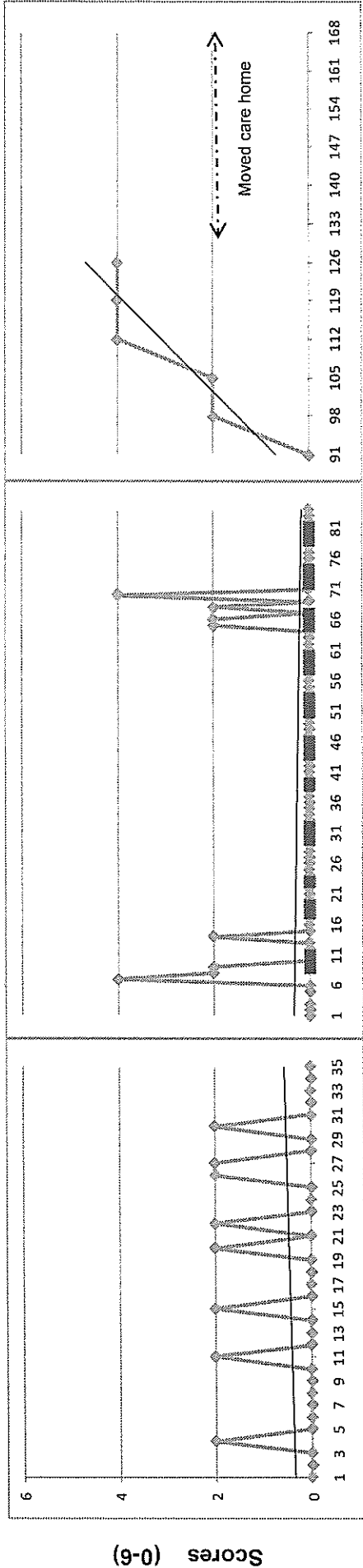
Participant D: Depressed Appearance



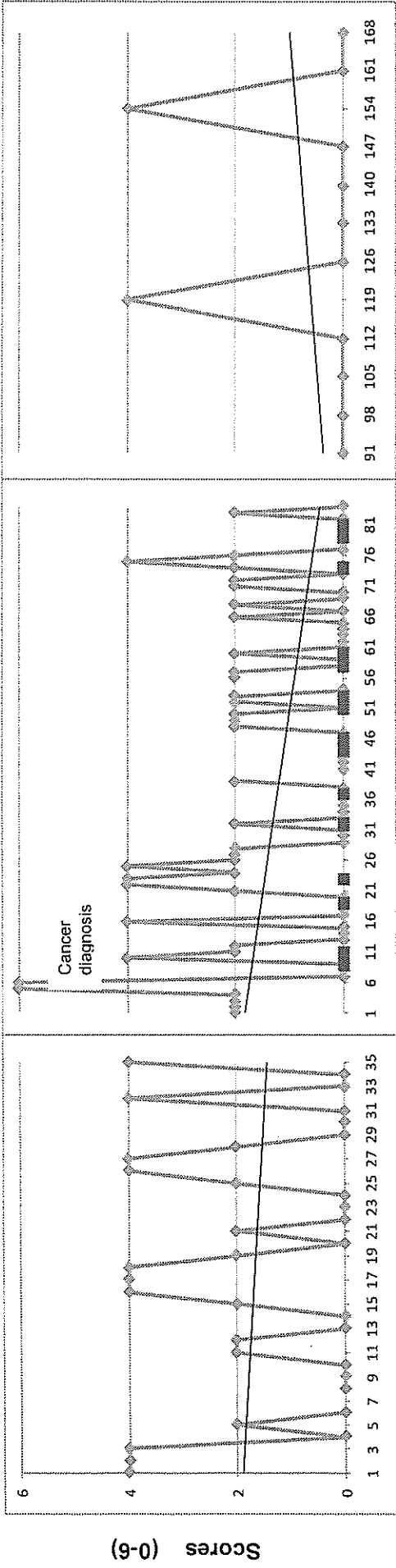
Participant E: Self-directed Motor Activity



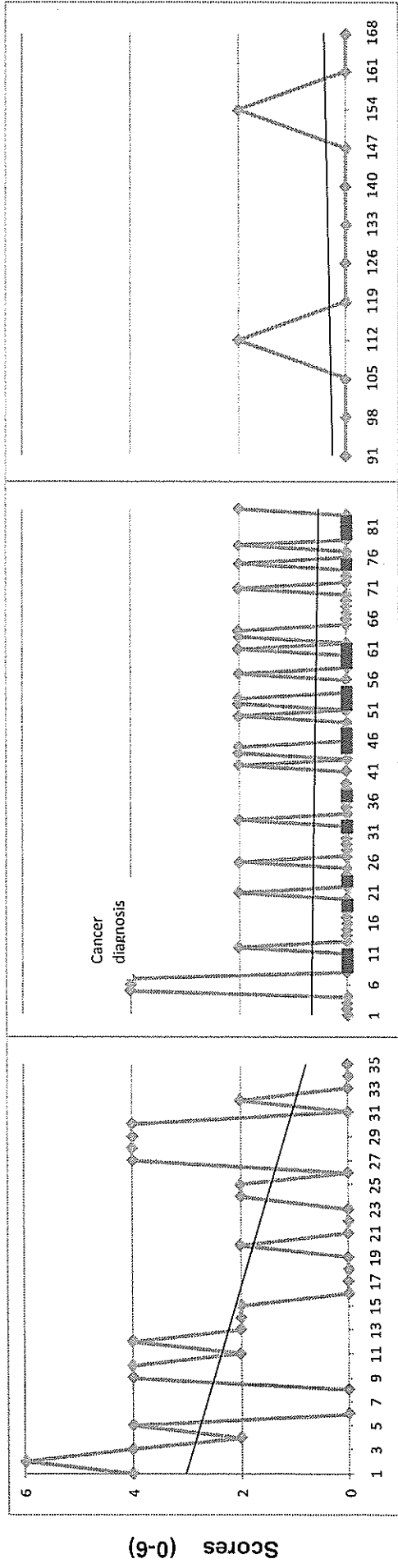
Participant E: Decreased Appetite



Participant F (observer): Decreased Appetite

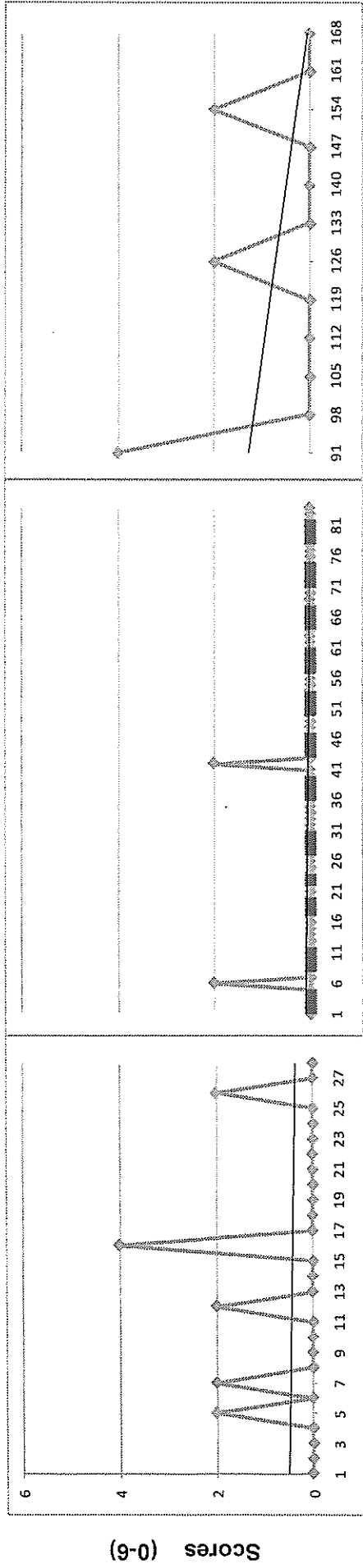


Participant F (observer): Agitation

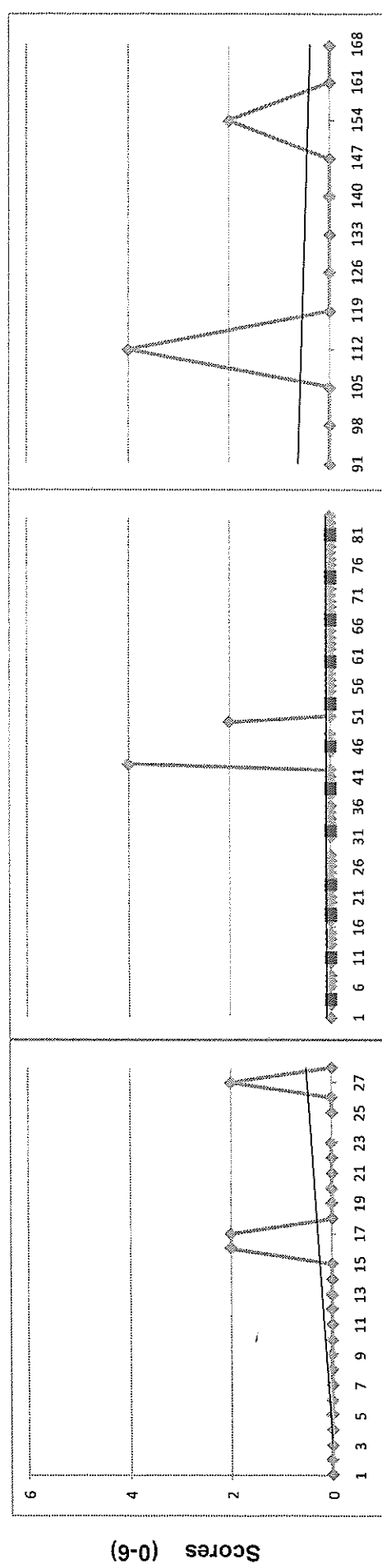




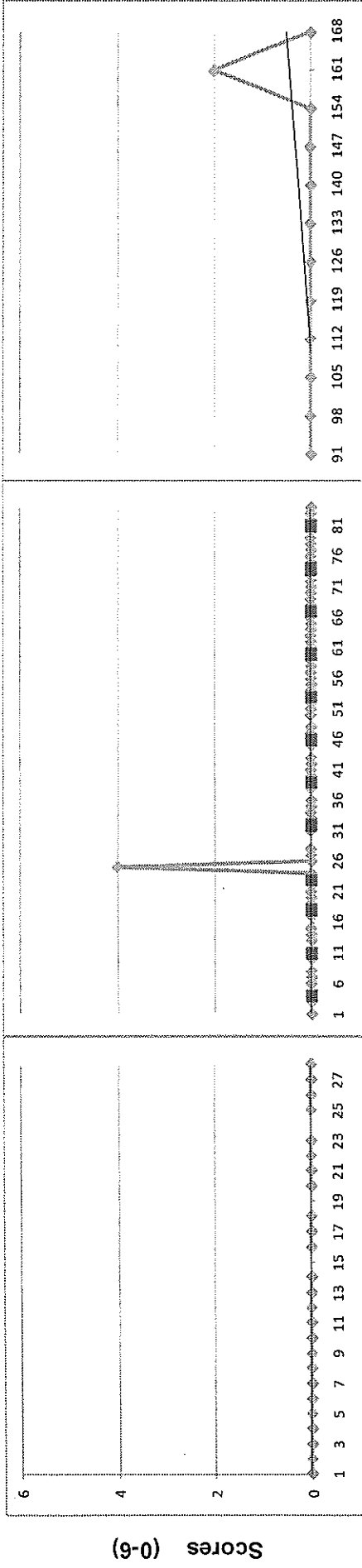
Participant H: Agitation



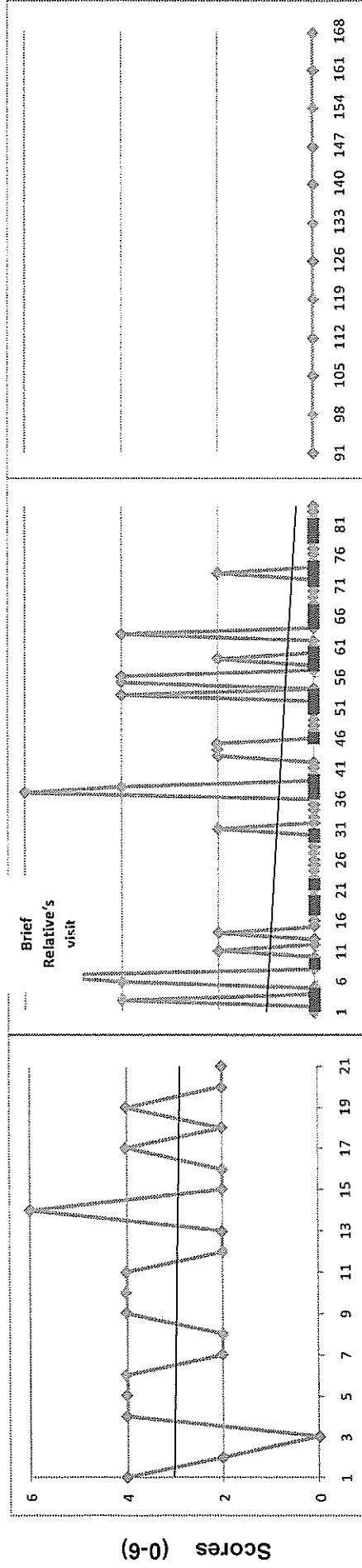
Participant I (observer): Decreased Appetite



Participant I (observer) Guilt-Feelings



Participant J: Emotional Response



Frequency of the behaviour recorded daily in Phase A and Phase B and recorded weekly in Phase C. Results are shown with a trend line to aid behaviour change analysis during the study.

- DANC/IN
- ◇ Daily/weekly scores