Table S1. *Proportions of symptoms in 18-29 year olds, by current GAD diagnosis.*

|  |
| --- |
| raw frequencies *and weighted proportions* |
|  |  |  |
|  | GAD(n=186) | Control(n=313) | Test statistic | significance |
| **Ever worry a lot about things usually didn’t worry about?**  No Yes | 46 *24.90*140  *75.10* | 120 *35.38*189 *64.62* | χ²(1)=10.36 | p=0.001\*\*\* |
| **Ever worry about more than one thing?** No Yes | 20 *0.10*166  *90.00* | 77 *22.38*233 *77.62* | χ²(1)=14.66 | p=0.000\*\*\* |
| **Ever found it difficult to stop being tense/nervous/worried?** No Yes | 0 *00.00*186  *100.0* | 98 *28.55*214 *71.44* | χ²(1)=72.74 | p=0.000\*\*\* |
| **Ever worry about things that were unlikely to happen?** No Yes | 78 *40.07*108  *59.93* | 173 *56.25*137 *43.75* | χ²(1)=8.95 | p=0.003\*\*\* |
| **Ever think your worrying was excessive?** No Yes | 63 *31.89*121  *68.10* | 137 *41.14*174 *58.86* | χ²(1)=4.62 | p=0.032\* |
| **Ever worry about things that weren’t really serious?** No Yes | 80 *38.44*106  *61.56* | 177 *54.35*136 *45.65* | χ²(1)=8.56 | p=0.003\*\* |
| **Ever worry about others’ actions and their consequences?** No Yes | 55 *26.61*131  *73.39* | 148 *47.64*164 *52.36* | χ²(1)=15.40 | p=0.000\*\*\* |
| **Often got tired easily?** No Yes | 35 *16.85*151  *83.15* | 146 *45.39*165 *54.61* | χ²(1)=39.77 | p=0.000\*\*\* |
| **Often became startled easily?** No Yes | 90 *48.02*96  *51.98* | 220 *71.77*92 *28.23* | χ²(1)=24.27 | p=0.000\*\*\* |
| **Often had tense, sore, or aching muscles?** No Yes | 54 *25.12*132  *74.88* | 195 *65.65*116 *34.35* | χ²(1)=52.77 | p=0.000\*\*\* |
| **Often became so restless you fidgeted, paced, couldn’t sit still?** No Yes | 70 *36.33*116  *63.67* | 185 *56.17*128 *43.83* | χ²(1)=21.52 | p=0.000\*\*\* |
| **Often felt keyed up or on edge?** No Yes | 34 *16.84*152  *83.16* | 170 *50.72*141 *49.28* | χ²(1)=63.67 | p=0.000\*\*\* |
| **Often had trouble concentrating/keeping mind on things?** No Yes | 26 *14.27*160  *85.73* | 142 *40.94*170 *59.06* | χ²(1)=51.84 | p=0.000\*\*\* |
| **Often felt irritable?** No Yes | 17 *7.23*169  *92.77* | 124 *36.75*188 *63.25* | χ²(1)=53.77 | p=0.000\*\*\* |
| **Often had trouble falling/staying asleep?** No Yes | 41 *27.35*145  *72.65* | 164 *49.47*148 *50.53* | χ²(1)=44.82 | p=0.000\*\*\* |
| **Often forgot what talking about/mind went blank?** No Yes | 52 *25.81*134  *74.19* | 155 *47.55*155 *52.45* | χ²(1)=23.23 | p=0.000\*\*\* |
| **Often felt heart racing, skipping, or pounding in chest?** No Yes | 102 *54.30*84  *45.70* | 213 *66.38*98 *33.62* | χ²(1)=9.34 | p=0.002\*\* |
| **Often perspired/sweated?** No Yes | 114 *60.40*72  *39.60* | 242 *76.36*68 *23.64* | χ²(1)=16.15 | p=0.000\*\*\* |
| **Often had cold and clammy hands?** No Yes | 119 *62.86*63  *37.14* | 232 *73.70*70 *26.30* | χ²(1)=7.45 | p=0.006\*\* |
| **Often had dry mouth?** No Yes | 111 *55.15*75  *44.85* | 240 *79.50*63 *20.50* | χ²(1)=21.70 | p=0.000\*\*\* |
| **Often felt dizzy/light-hearted/like might faint?** No Yes | 109 *60.46*77  *39.54* | 239 *79.15*71 *20.85* | χ²(1)=18.99 | p=0.000\*\*\* |
| **Often had nausea, upset stomach, felt like vomiting or diarrhea?** No Yes | 86 *43.85*100  *56.15* | 222 *69.55*87 *30.45* | χ²(1)=32.39 | p=0.000\*\*\* |
| **Often urinated frequently?** No Yes | 126 *69.03*58  *30.97* | 261 *83.68*46 *16.32* | χ²(1)=18.85 | p=0.000\*\*\* |
| **Often had trouble swallowing/felt like lump in throat?** No Yes | 133 *72.69*52  *27.31* | 258 *82.59*52 *17.41* | χ²(1)=8.97 | p=0.003\*\* |
| **Often had pain or pressure in chest?** No Yes | 134 *72.54*52  *27.46* | 265 *85.76*44 *14.24* | χ²(1)=13.98 | p=0.000\*\*\* |
| **Often found self trembling or shaking?** No Yes | 121 *60.54*65  *39.46* | 251 *80.59*59 *19.41* | χ²(1)=15.70 | p=0.000\*\*\* |
| **Often had trouble catching breath, felt like smothering?** No Yes | 117 *60.55*69  *39.45* | 248 *79.42*61 *20.58* | χ²(1)=18.06 | p=0.000\*\*\* |
| \*p<.05; \*\*p<.01; \*\*\*p<.0001Pearson’s chi-squared test conducted for all comparisons |  |  |  |  |

Table S2. *Proportions of symptoms in 30-44 year olds, by current GAD diagnosis.*

|  |
| --- |
| raw frequencies *and weighted proportions* |
|  |  |  |
|  | GAD(n=347) | Control(n=684) | Test statistic | Significance |
| **Worry a lot about things usually didn’t worry about?** No Yes | 78 *25.71*268  *74.29* | 236 *36.27*440 *63.73* | χ²(1)=16.45 | p=0.000\*\*\* |
| **Worry about more than one thing?** No Yes | 28 *7.52*319  *92.48* | 171 *25.36*507 *74.64* | χ²(1)=43.16 | p=0.000\*\*\* |
| **Ever found it difficult to stop being tense/nervous/worried?** No Yes | 0 *00.00*347  *100.0* | 199 *27.89*480 *72.11* | χ²(1)=127.17 | p=0.000\*\*\* |
| **Worry about things that were unlikely to happen?** No Yes | 154 *43.96*193  *56.04* | 429 *61.85*244 *38.15* | χ²(1)=35.05 | p=0.000\*\*\* |
| **Think your worrying was excessive?** No Yes | 109 *32.89*237  *67.11* | 387 *55.90*287 *44.10* | χ²(1)=61.47 | p=0.000\*\*\* |
| **Worry about things that weren’t really serious?** No Yes | 164 *47.06*182  *52.94* | 460 *65.97*216 *34.03* | χ²(1)=41.03 | p=0.000\*\*\* |
| **Worry about others’ actions and their consequences?** No Yes | 104 *28.11*243  *71.89* | 325 *45.38*350 *54.62* | χ²(1)=31.09 | p=0.000\*\*\* |
| **Often got tired easily?** No Yes | 46 *12.28*300  *87.72* | 275 *40.77*397 *59.23* | χ²(1)=80.75 | p=0.000\*\*\* |
| **Often became startled easily?** No Yes | 137 *38.73*209  *61.27* | 454 *68.09*221 *31.91* | χ²(1)=71.81 | p=0.000\*\*\* |
| **Often had tense, sore, or aching muscles?** No Yes | 93 *26.89*253  *73.11* | 392 *58.49*278 *41.51* | χ²(1)=91.49 | p=0.000\*\*\* |
| **Often became so restless you fidgeted, paced, couldn’t sit still?** No Yes | 106 *32.60*241  *67.40* | 418 *58.32*257 *41.68* | χ²(1)=90.32 | p=0.000\*\*\* |
| **Often felt keyed up or on edge?** No Yes | 53 *15.38*293  *84.62* | 309 *41.93*365 *58.07* | χ²(1)=93.06 | p=0.000\*\*\* |
| **Often had trouble concentrating/keeping mind on things?** No Yes | 39 *11.80*308  *88.20* | 298 *42.08*378 *57.92* | χ²(1)=111.97 | p=0.000\*\*\* |
| **Often felt irritable?** No Yes | 28 *9.45*318  *90.55* | 279 *39.73*397 *60.27* | χ²(1)=119.89 | p=0.000\*\*\* |
| **Often had trouble falling/staying asleep?** No Yes | 50 *15.58*295  *84.42* | 262 *38.39*415 *61.61* | χ²(1)=63.15 | p=0.000\*\*\* |
| **Often forgot what talking about/mind went blank?** No Yes | 94 *30.83*253  *69.17* | 395 *59.10*281 *40.90* | χ²(1)=90.28 | p=0.000\*\*\* |
| **Often felt heart racing, skipping, or pounding in chest?** No Yes | 164 *50.59*182  *49.41* | 210 *69.34*182 *30.66* | χ²(1)=44.20 | p=0.000\*\*\* |
| **Often perspired/sweated?** No Yes | 197 *58.38*149  *41.62* | 513 *75.37*160 *24.63* | χ²(1)=40.24 | p=0.000\*\*\* |
| **Often had cold and clammy hands?** No Yes | 201 *59.41*142  *40.59* | 518 *78.16*138 *21.84* | χ²(1)=46.30 | p=0.000\*\*\* |
| **Often had dry mouth?** No Yes | 177 *52.94*168  *47.06* | 514 *76.79*148 *23.21* | χ²(1)=73.07 | p=0.000\*\*\* |
| **Often felt dizzy/light-hearted/like might faint?** No Yes | 197 *58.45*150  *41.55* | 526 *79.81*146 *20.19* | χ²(1)=51.33 | p=0.000\*\*\* |
| **Often had nausea, upset stomach, felt like vomiting or diarrhea?** No Yes | 157 *45.66*190  *54.34* | 467 *70.10*207 *29.90* | χ²(1)=55.72 | p=0.000\*\*\* |
| **Often urinated frequently?** No Yes | 217 *66.08*127  *33.92* | 554 *85.30*112 *14.70* | χ²(1)=50.74 | p=0.000\*\*\* |
| **Often had trouble swallowing/felt like lump in throat?** No Yes | 230 *68.89*116  *31.11* | 557 *82.30*115 *17.70* | χ²(1)=35.07 | p=0.000\*\*\* |
| **Often had pain or pressure in chest?** No Yes | 224 *65.85*122  *34.15* | 556 *84.00*118 *16.00* | χ²(1)=40.04 | p=0.000\*\*\* |
| **Often found self trembling or shaking?** No Yes | 198 *57.64*149  *42.36* | 536 *78.65*138 *21.35* | χ²(1)=57.21 | p=0.000\*\*\* |
| **Often had trouble catching breath, felt like smothering?** No Yes | 196 *58.02*150  *41.98* | 557 *83.04*118 *16.96* | χ²(1)=79.09 | p=0.000\*\*\* |
| \*p<.05; \*\*p<.01; \*\*\*p<.0001Pearson’s chi-squared test conducted for all comparisons |  |  |  |  |

Table S3. *Proportions of symptoms in 45-64 year olds, by current GAD diagnosis.*

|  |
| --- |
| raw frequencies *and weighted proportions* |
|  |  |  |
|  | GAD(n=356) | Control(n=963) | Test statistic | Significance |
| **Worry a lot about things usually didn’t worry about?** No Yes | 86 *27.17*269  *72.83* | 310 *33.30*638 *66.70* | χ²(1)=8.77 | p=0.003\*\* |
| **Worry about more than one thing?** No Yes | 44 *12.79*311  *87.21* | 246 *25.38*700 *74.62* | χ²(1)=27.60 | p=0.000\*\*\* |
| **Ever found it difficult to stop being tense/nervous/worried?** No Yes | 0 *00.00*356  *100.0* | 243 *22.93*702 *77.07* | χ²(1)=112.57 | p=0.000\*\*\* |
| **Worry about things that were unlikely to happen?** No Yes | 167 *48.61*185  *51.39* | 605 *61.05*336 *38.95* | χ²(1)=30.23 | p=0.000\*\*\* |
| **Think your worrying was excessive?** No Yes | 148 *45.27*205  *54.73* | 550 *57.96*398 *42.04* | χ²(1)=26.78 | p=0.000\*\*\* |
| **Worry about things that weren’t really serious?** No Yes | 186 *54.21*170  *45.79* | 642 *66.17*301 *33.83* | χ²(1)=28.03 | p=0.000\*\*\* |
| **Worry about others’ actions and their consequences?** No Yes | 112 *32.22*244  *67.78* | 440 *43.88*510 *56.12* | χ²(1)=23.42 | p=0.000\*\*\* |
| **Often got tired easily?** No Yes | 47 *12.00*306  *88.00* | 366 *37.68*567 *62.32* | χ²(1)=78.88 | p=0.000\*\*\* |
| **Often became startled easily?** No Yes | 151 *45.34*202  *54.66* | 637 *67.84*299 *32.16* | χ²(1)=68.94 | p=0.000\*\*\* |
| **Often had tense, sore, or aching muscles?** No Yes | 94 *28.70*260  *71.30* | 530 *57.98*398 *42.02* | χ²(1)=95.78 | p=0.000\*\*\* |
| **Often became so restless you fidgeted, paced, couldn’t sit still?** No Yes | 124 *37.87*230  *62.13* | 579 *61.19*366 *38.81* | χ²(1)=71.42 | p=0.000\*\*\* |
| **Often felt keyed up or on edge?** No Yes | 51 *14.22*304  *85.78* | 353 *36.28*588 *63.72* | χ²(1)=64.37 | p=0.000\*\*\* |
| **Often had trouble concentrating/keeping mind on things?** No Yes | 49 *16.65*306  *83.35* | 385 *39.10*563 *60.90* | χ²(1)=83.56 | p=0.000\*\*\* |
| **Often felt irritable?** No Yes | 51 *14.49*304  *85.51* | 402 *39.80*547 *60.20* | χ²(1)=89.31 | p=0.000\*\*\* |
| **Often had trouble falling/staying asleep?** No Yes | 49 *12.09*307  *87.91* | 387 *39.90*561 *60.10* | χ²(1)=85.14 | p=0.000\*\*\* |
| **Often forgot what talking about/mind went blank?** No Yes | 80 *25.00*276 *75.00* | 521 *58.07*418 *41.93* | χ²(1)=113.11 | p=0.000\*\*\* |
| **Often felt heart racing, skipping, or pounding in chest?** No Yes | 145 *45.68*210  *54.32* | 624 *68.35*314 *31.65* | χ²(1)=70.46 | p=0.000\*\*\* |
| **Often perspired/sweated?** No Yes | 166 *51.49*188  *48.51* | 674 *72.40*265 *27.60* | χ²(1)=69.95 | p=0.000\*\*\* |
| **Often had cold and clammy hands?** No Yes | 200 *62.61*142  *37.39* | 704 *77.09*212 *22.91* | χ²(1)=41.59 | p=0.000\*\*\* |
| **Often had dry mouth?** No Yes | 160 *49.78*190  *50.22* | 648 *72.73*268 *27.27* | χ²(1)=68.70 | p=0.000\*\*\* |
| **Often felt dizzy/light-hearted/like might faint?** No Yes | 184 *54.82*170  *45.18* | 735 *80.22*202 *19.78* | χ²(1)=87.73 | p=0.000\*\*\* |
| **Often had nausea, upset stomach, felt like vomiting or diarrhea?** No Yes | 159 *46.18*196  *53.82* | 659 *71.30*285 *28.70* | χ²(1)=69.26 | p=0.000\*\*\* |
| **Often urinated frequently?** No Yes | 182 *54.47*168  *45.53* | 734 *80.99*193 *19.01* | χ²(1)=92.56 | p=0.000\*\*\* |
| **Often had trouble swallowing/felt like lump in throat?** No Yes | 210 *63.62*141  *36.38* | 758 *80.57*181 *19.43* | χ²(1)=59.55 | p=0.000\*\*\* |
| **Often had pain or pressure in chest?** No Yes | 218 *63.96*137  *36.04* | 738 *80.02*204 *19.98* | χ²(1)=38.16 | p=0.000\*\*\* |
| **Often found self trembling or shaking?** No Yes | 205 *60.56*149  *39.44* | 735 *79.32*210 *20.68* | χ²(1)=50.83 | p=0.000\*\*\* |
| **Often had trouble catching breath, felt like smothering?** No Yes | 193 *56.85*159  *43.15* | 754 *80.21*186 *19.79* | χ²(1)=84.31 | p=0.000\*\*\* |
| \*p<.05; \*\*p<.01; \*\*\*p<.0001Pearson’s chi-squared test conducted for all comparisons |  |  |  |  |

Table S4. *Proportions of symptoms in 65-98 year olds, by current GAD diagnosis.*

|  |
| --- |
| raw frequencies *and weighted proportions* |
|  |  |  |
|  | GAD(n=99) | Control(n=538) | Test statistic | Significance |
| **Worry a lot about things usually didn’t worry about?** No Yes | 28 *33.13*71  *66.87* | 211 *40.26*321 *59.74* | χ²(1)=4.59 | p=0.032\* |
| **Worry about more than one thing?** No Yes | 17 *18.30*82  *81.70* | 205 *39.04*326 *60.96* | χ²(1)=16.80 | p=0.000\*\*\* |
| **Ever found it difficult to stop being tense/nervous/worried?** No Yes | 0 *00.00*99  *100.0* | 202 *38.46*331 *61.54* | χ²(1)=55.15 | p=0.000\*\*\* |
| **Worry about things that were unlikely to happen?** No Yes | 48 *47.15*48  *52.85* | 365 *70.10*167 *29.90* | χ²(1)=12.51 | p=0.000\*\*\* |
| **Think your worrying was excessive?** No Yes | 50 *49.59*47  *50.41* | 375 *70.13*155 *29.87* | χ²(1)=13.85 | p=0.000\*\*\* |
| **Worry about things that weren’t really serious?** No Yes | 61 *58.34*37  *41.66* | 395 *74.07*137 *25.93* | χ²(1)=5.96 | p=0.015\* |
| **Worry about others’ actions and their consequences?** No Yes | 38 *41.17*58  *58.83* | 287 *50.46*247 *49.54* | χ²(1)=6.53 | p=0.011\* |
| **Often got tired easily?** No Yes | 19 *21.54*80  *78.46* | 221 *42.89*306 *57.11* | χ²(1)=18.24 | p=0.000\*\*\* |
| **Often became startled easily?** No Yes | 45 *47.72*53  *52.28* | 379 *71.89*144 *28.11* | χ²(1)=26.86 | p=0.000\*\*\* |
| **Often had tense, sore, or aching muscles?** No Yes | 31 *34.59*66  *65.41* | 343 *68.78*175 *31.22* | χ²(1)=40.23 | p=0.000\*\*\* |
| **Often became so restless you fidgeted, paced, couldn’t sit still?** No Yes | 43 *46.17*54  *53.83* | 363 *70.48*169 *29.52* | χ²(1)=20.48 | p=0.000\*\*\* |
| **Often felt keyed up or on edge?** No Yes | 20 *18.53*77  *81.47* | 273 *50.62*258 *49.38* | χ²(1)=31.25 | p=0.000\*\*\* |
| **Often had trouble concentrating/keeping mind on things?** No Yes | 16 *15.82*82  *84.18* | 288 *55.86*242 *44.14* | χ²(1)=47.85 | p=0.000\*\*\* |
| **Often felt irritable?** No Yes | 36 *31.32*61  *68.68* | 324 *61.12*206 *38.88* | χ²(1)=19.35 | p=0.000\*\*\* |
| **Often had trouble falling/staying asleep?** No Yes | 27 *32.33*71  *67.67* | 263 *51.40*265 *48.60* | χ²(1)=16.47 | p=0.000\*\*\* |
| **Often forgot what talking about/mind went blank?** No Yes | 33 *35.24*65  *64.76* | 345 *66.47*183 *33.53* | χ²(1)=34.65 | p=0.000\*\*\* |
| **Often felt heart racing, skipping, or pounding in chest?** No Yes | 53 *53.90*45  *46.10* | 414 *80.39*113 *19.61* | χ²(1)=26.21 | p=0.000\*\*\* |
| **Often perspired/sweated?** No Yes | 61 *64.78*37  *35.22* | 430 *83.42*97 *16.58* | χ²(1)=18.37 | p=0.000\*\*\* |
| **Often had cold and clammy hands?** No Yes | 66 *71.66*28  *28.34* | 421 *84.46*90 *15.54* | χ²(1)=7.50 | p=0.006\*\* |
| **Often had dry mouth?** No Yes | 42 *48.61*53  *51.39* | 370 *74.32*140 *25.67* | χ²(1)=29.60 | p=0.000\*\*\* |
| **Often felt dizzy/light-hearted/like might faint?** No Yes | 47 *47.03*51  *52.97* | 424 *81.18*105 *18.82* | χ²(1)=45.85 | p=0.000\*\*\* |
| **Often had nausea, upset stomach, felt like vomiting or diarrhea?** No Yes | 60 *65.62*38  *34.38* | 422 *78.11*105 *21.89* | χ²(1)=16.64 | p=0.000\*\*\* |
| **Often urinated frequently?** No Yes | 50 *51.59*46  *48.41* | 416 *79.98*110 *20.02* | χ²(1)=31.51 | p=0.000\*\*\* |
| **Often had trouble swallowing/felt like lump in throat?** No Yes | 63 *65.73*34  *34.27* | 431 *81.84*97 *18.16* | χ²(1)=13.76 | p=0.000\*\*\* |
| **Often had pain or pressure in chest?** No Yes | 62 *68.65*35  *31.35* | 454 *85.41*76 *14.59* | χ²(1)=26.61 | p=0.000\*\*\* |
| **Often found self trembling or shaking?** No Yes | 56 *60.18*41  *39.82* | 441 *84.04*87 *15.96* | χ²(1)=33.47 | p=0.000\*\*\* |
| **Often had trouble catching breath, felt like smothering?** No Yes | 61 *66.45*36  *33.55* | 442 *83.90*89 *16.10* | χ²(1)=21.31 | p=0.000\*\*\* |
| \*p<.05; \*\*p<.01; \*\*\*p<.0001Pearson’s chi-squared test conducted for all comparisons |  |  |  |  |

Table S5. *Binary Logistic Regression predicting GAD group membership within each age group, with Odds Ratios and 95% Confidence Intervals.*

|  |
| --- |
|  |
| odds ratios and 95% CI |
|  | 18-29 Years | 30-44 Years | 45-64 Years | 65-98 Years |
| Sex Male Female | 1.90 .49 - 1.68 | 11.25 .76 - 2.05 | 11.03.67 - 1.59 | 11.54 .57 - 4.14 |
| Education Some college or higher Completed high school Less than high school | 1.89 .45 - 1.771.40 .66 - 2.99 | 1.94 .59 - 1.491.15.50 - 2.65 | 11.10.71 - 1.70.68 .37 - 1.24 | 1.84.35 - 2.04.53.22 - 1.26 |
| Personal Income 35,000+ 10,000 – 34,999 0 – 9,999 | 11.23 .51 - 2.991.28 .50 - 3.29 | 1.95 .59 - 1.561.01 .57 - 1.80 | 1.85.52 - 1.391.22.71 - 2.10 | 1.83 .21 - 3.17**3.511.07 - 11.43\*** |
| Marital Status Married, cohabiting Widowed, divorced, separated Never married | 11.21 .46 - 3.201.16 .60 - 2.23 | 11.02 .63 - 1.641.36.75 - 2.48 | 1.94.63 - 1.401.17.66 - 2.07 | 1.91.40 - 2.06.67.14 - 3.23 |
| Urbanicity Rural Urban | 11.08 .50 - 2.35 | 1.59 .34 - 1.01 | 1.75.50 - 1.13 | 11.58.72 - 3.43 |
| Region Northeast Midwest South West | 1.84 .35 - 1.99.70 .31 - 1.62.53.21 - 1.34 | 1.93.50 - 1.70.57.32 - 1.00.94.50 - 1.76 | 1.90.48 - 1.671.40.81 - 2.40.93.51 - 1.71 | 11.44.55 - 3.741.43.61 - 3.321.86.63 - 5.51 |
| Self-perceived Health Excellent Very Good Good Fair PoorIn worst period… | 11.48 .69 - 3.20.60 .27 - 1.351.65 .64 - 4.267.48 .73 - 76.32 | 1.76 .43 - 1.371.11 .60 - 2.041.70 .84 - 3.432.08 .82 - 5.30 | 11.59 .78 - 3.241.52 .77 - 3.00**2.11 1.06 - 4.19\*2.49 1.16 - 5.34\*** | 1.72 .16 - 3.26.83 .19 - 3.681.10 .25 - 4.782.74 .66 - 11.22  |
| Worry a lot about things usually didn’t worry about? No  Yes | 11.20 .63 - 2.27 | 11.09 .69 - 1.73 | 1.76 .49 - 1.20 | 1.74 .38 - 1.46 |
| Worry about more than one thing? No  Yes | 11.33 .58 - 3.07 | 11.90 .94 - 3.82 | 11.45 .82 - 2.58 | 11.07 .52 - 2.21 |
| Worry about things that were unlikely to happen? No  Yes | 1.78 .39 - 1.57 | 1.72 .43 - 1.19 | 1.74 .47 - 1.17 | 11.19 .54 - 2.64 |
| Think your worrying was excessive? No  Yes | 1.70 .37 - 1.33 | 11.32 .84 - 2.09 | 11.01 .64 - 1.60 | 1.74 .32 - 1.73 |
| Worry about things that weren’t really serious? No  Yes | 11.42 .74 - 2.75 | 1.88 .52 - 1.49 | 1.94 .59 - 1.52 | 1.99 .43 - 2.32 |
| Worry about others’ actions and their consequences? No  Yes | 11.82 .98 - 3.38 | 11.15 .74 - 1.80 | 11.01 .66 - 1.54 | 1.87 .40 - 1.90 |
| Often got tired easily? No  Yes | 1**2.08 1.03 - 4.18\*** | 1**2.22 1.27 - 3.90\*\*** | 1**1.92 1.14 - 3.22\*** | 11.32 .64 - 2.74 |
| Often became startled easily? No  Yes | 1.95 .49 - 1.82 | 11.21 .74 - 1.80 | 1.98 .63 - 1.53 | 11.10 .50 - 2.43 |
| Often had tense, sore, or aching muscles? No  Yes | 1**4.62 2.48 - 8.61\*\*\*** | 1**1.67 1.08 - 2.57\*** | 11.35 .87 - 2.11 | 11.33 .62 - 2.86 |
| Often became so restless you fidgeted, paced, couldn’t sit still? No  Yes | 1**.33 .14 - .77\*** | 11.32 .82 - 2.11 | 1.97 .62 - 1.52 | 11.17 .50 - 2.79 |
| Often felt keyed up or on edge? No  Yes | 1**2.98 1.27 - 6.99\*** | 11.64 .95 - 2.81 | 1**1.74 1.02 - 2.97\*** | 11.90 .87 - 4.19 |
| Often had trouble concentrating/keeping mind on things? No  Yes | 11.69 .79 - 3.63 | 1**2.14 1.17 - 3.91\*** | 11.13 .67 - 1.89 | 1**3.57 1.62 - 7.89\*\*** |
| Often felt irritable? No  Yes | 1**2.38 1.01 - 5.59\*** | 1**2.26 1.22 - 4.22\*** | 11.50 .92 - 2.43 | 11.49 .75 - 2.97 |
| Often had trouble falling/staying asleep? No  Yes | 1**2.28 1.18 - 4.41\*** | 11.52 .90 - 2.57 | 1**2.71 1.64 - 4.47\*\*\*** | 1.98 .48 - 1.99 |
| Often forgot what talking about/mind went blank? No  Yes | 11.36 .71 - 2.61 | 11.24 .77 - 1.99 | 1**2.06 1.34 - 3.18\*\*\*** | 11.32 .61 - 2.89 |
| Often felt heart racing, skipping, or pounding in chest? No  Yes | 1.58 .29 - 1.16 | 1.78 .48 - 1.29 | 1.99 .62 - 1.58 | 1.81 .37 - 1.81 |
| Often perspired/sweated? No  Yes | 1.71 .33 - 1.52 | 1.76 .46 - 1.26 | 11.14 .69 - 1.88 | 11.58 .67 - 3.77 |
| Often had cold and clammy hands? No  Yes | 1.55 .25 - 1.23 | 1.90 .54 - 1.50 | 1.93 .59 - 1.47 | 11.29 .54 - 3.09 |
| Often had dry mouth? No  Yes | 1**3.09 1.24 - 7.70\*** | 11.18 .70 - 1.97 | 1.96 .61 - 1.52 | 11.09 .50 - 2.38 |
| Often felt dizzy/light-hearted/like might faint? No  Yes | 1.95 .43 - 2.07 | 11.43 .82 - 2.47 | 11.36 .85 - 2.18 | 1**3.02 1.37 - 6.70\*\*** |
| Often had nausea, upset stomach, felt like vomiting or diarrhea? No  Yes | 11.26 .61 - 2.61 | 1.93 .57 - 1.51 | 11.49 .96 - 2.30 | 1.**39 .16 - .98\*** |
| Often urinated frequently? No  Yes | 11.40 .67 - 2.96 | 11.35 .82 - 2.24 | 1**1.69 1.10 - 2.59\*** | 11.30 .63 - 2.72 |
| Often had trouble swallowing/felt like lump in throat? No  Yes | 1.60 .28 - 1.26 | 1**.50 .28 - .87\*** | 1.80 .50 - 1.29 | 1.56 .25 - 1.26 |
| Often had pain or pressure in chest? No  Yes | 11.39 .62 - 3.13 | 11.10 .63 - 1.95 | 1.87 .54 - 1.38 | 1.79 .36 - 1.76 |
| Often found self trembling or shaking? No  Yes | 12.24 .99 - 5.09 | 1.67 .39 - 1.16 | 1.81 .50 - 1.32 | 12.25 .95 - 5.31 |
| Often had trouble catching breath, felt like smothering? No Yes | 1.58 .24 - 1.39 | 1**2.65 1.44 - 4.88\*\*** | 11.26 .77 - 2.05 | 1.88 .35 - 2.20 |
|  | χ²(41)=131.88\*\*\*VIF: 1.49 | χ²(41)=200.05\*\*\*VIF: 1.52 | χ²(41)=182.17\*\*\*VIF: 1.47 | χ²(41)=105.67\*\*\*VIF: 1.50 |

\*p<.05; \*\*p<.01; \*\*\*p<.0001