**Supplementary Table 1. Summary of responses to evaluation form**

|  |  |  |
| --- | --- | --- |
| **Question number** | **Question** | **Response N (%)** |
| **yes** | **no** | **unsure** |
| 1 | I enjoy receiving updates from the study team | 51 (98%) | 1 (2%) | 0 |
| 2 | A newsletter is an appropriate way of giving feedback | 51 (100%) | 0 | 0 |
| 3 | The frequency of feedback (six-monthly) is about rightIf no, how often would you like to receive feedback? | 49 (94%) | 2 (4%) | 1 (2%) |
| 4 | The presentation styles of our newsletters are about right | 50 (100%) | 0 | 0 |
| 5 | The tone and language used in the newsletters is appropriate | 52 (100%) | 0 | 0 |
| 6 | The content of the newsletters is informative | 51 (100%) | 0 | 0 |
| 7 | For ***future***studies, if possible, I would like to be given some feedback about my individual performance | 41 (84%) | 3 (6%) | 5 (10%) |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 8 | I would like to receive my newsletter by: | **yes** | **no** | **Preference ƚ** |
| **1** | **2** | **3** | **4** |
| (i) post | 52 | 0 | 30 | 5 | 0 | 0 |
| (ii) email to my computer | 12 | 6 | 5 | 7 | 0 | 1 |
| (iii) email to my phone | 3 | 12 | 0 | 0 | 4 | 1 |
| (iv) podcast | 3 | 12 | 0 | 0 | 0 | 5 |
| (v) other | 0 | 0 | - | - | - | - |

 **ƚ Preference (1 = most preferred, 4 = least preferred)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 9 | What are the particular strengths of the newsletters? | **informative** | **interesting** | **style/format** |
| N=27 | N=3 | N=14 |
|  |
| **Kept me involved** | **Gave hope for future** |
| N=4 | N=7 |