*Supplementary Table 1*

Consolidated Criteria for Reporting Qualitative Research (COREQ) Checklist

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| **Domains of the COREQ Checklist** | Location in manuscript  (Page number) |
| **Domain 1: Research Team and Reflexivity** |  |
| **Personal characteristics** |  |
| 1. Interviewer/facilitator  Which author/s conducted the interview or focus group? | Page 7 |
| 2. Credentials  What were the researcher’s credentials? E.g. PhD, MD | Page 7 |
| 3. Occupation  What was their occupation at the time of the study? | Page7 |
| 4. Gender  Was the researcher male or female? | Page 7 |
| 5. Experience and training  What experience or training did the researcher have? | Page 7 |
| **Relationship with participants** |  |
| 6. Relationship established  Was a relationship established prior to study commencement? | Page 7 |
| 7. Participant knowledge of the interviewer  What did the participants know about the researcher? e.g. personal goals, reasons for doing the research | Page 7 |
| 8. Interviewer characteristics  What characteristics were reported about the interviewer/facilitator? e.g. Bias, assumptions, reasons and interests in the research topic | Page 7 |
| **Domain 2: Study Design** |  |
| **Theoretical framework** |  |
| 9. Methodological orientation and Theory  What methodological orientation was stated to underpin the study? e.g. grounded theory, discourse analysis | Page 7 |
| **Participant selection** |  |
| 10. Sampling  How were participants selected? e.g. purposive, convenience, snowball | Page 5 |
| 11. Method of approach  How were participants approached? e.g. face-to-face, telephone, mail, email | Page 5 |
| 12. Sample size  How many participants were in the study? | Page 5 |
| 13. Non-participation  How many people refused to participate or dropped out? Reasons? | Page 5 |
| **Setting** |  |
| 14. Setting of data collection  Where was the data collected? e.g. home, clinic, workplace | Page 6 |
| 15. Presence of non-participants  Was anyone else present besides the participants and researchers? | N/A |
| 16. Description of sample  What are the important characteristics of the sample? e.g. demographic data, date | Page 5-6 |
| **Data collection** |  |
| 17. Interview guide  Were questions, prompts, guides provided by the authors? | Page 6 |
| 18. Repeat interviews  Were repeat interviews carried out? If yes, how many? | N/A |
| 19. Audio/visual recording  Did the research use audio or visual recording to collect the data? | Page 6 |
| 20. Field notes  Were field notes made during and/or after the interview or focus group? | Page 7 |
| 21. Duration What was the duration of the interviews or focus group? | Page 7 |
| 22. Data saturation  Was data saturation discussed? | Page 5 and 7 |
| 23. Transcripts returned  Were transcripts returned to participants for comment and/or correction? | Page 7 |
| **Domain 3: Analysis and Findings** |  |
| **Data analysis** |  |
| 24. Number of data coders  How many data coders coded the data? | Page 7 |
| 25. Description of the coding tree  Did authors discuss the coding tree? | Page 7 |
| 26. Derivation of themes  Were themes identified in advance or derived from the data? | Page 7 |
| 27. Software What software, if applicable, was used to manage the data? | Page 7 |
| 28. Participant checking  Did participants provide feedback on the findings? | Page 8 |
| **Reporting** |  |
| 29. Quotations presented  Were participant quotations presented to illustrate the themes / findings? Was each quotation identified? e.g. participant number | Yes; Pages 9-17 |
| 30. Data and findings consistent  Was there consistency between the data presented and the findings? | Yes |
| 31. Clarity of major themes  Were major themes clearly presented in the findings? | Yes |
| 32. Clarity of minor themes  Is there a description of diverse cases or discussion of minor themes? | Yes |