*Supplementary Table 1*

Consolidated Criteria for Reporting Qualitative Research (COREQ) Checklist

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| **Domains of the COREQ Checklist** | Location in manuscript (Page number) |
| **Domain 1: Research Team and Reflexivity** |  |
| **Personal characteristics** |  |
| 1. Interviewer/facilitator Which author/s conducted the interview or focus group? | Page 7 |
| 2. CredentialsWhat were the researcher’s credentials? E.g. PhD, MD | Page 7 |
| 3. OccupationWhat was their occupation at the time of the study? | Page7 |
| 4. Gender Was the researcher male or female? | Page 7 |
| 5. Experience and trainingWhat experience or training did the researcher have? | Page 7 |
| **Relationship with participants** |  |
| 6. Relationship establishedWas a relationship established prior to study commencement? | Page 7 |
| 7. Participant knowledge of the interviewer What did the participants know about the researcher? e.g. personal goals, reasons for doing the research | Page 7 |
| 8. Interviewer characteristics What characteristics were reported about the interviewer/facilitator? e.g. Bias, assumptions, reasons and interests in the research topic | Page 7 |
| **Domain 2: Study Design** |  |
| **Theoretical framework** |  |
| 9. Methodological orientation and Theory What methodological orientation was stated to underpin the study? e.g. grounded theory, discourse analysis | Page 7 |
| **Participant selection** |  |
| 10. Sampling How were participants selected? e.g. purposive, convenience, snowball |  Page 5 |
| 11. Method of approach How were participants approached? e.g. face-to-face, telephone, mail, email | Page 5 |
| 12. Sample size How many participants were in the study? | Page 5 |
| 13. Non-participation How many people refused to participate or dropped out? Reasons? | Page 5 |
| **Setting** |  |
| 14. Setting of data collectionWhere was the data collected? e.g. home, clinic, workplace | Page 6 |
| 15. Presence of non-participantsWas anyone else present besides the participants and researchers? | N/A |
| 16. Description of sampleWhat are the important characteristics of the sample? e.g. demographic data, date | Page 5-6 |
| **Data collection** |  |
| 17. Interview guide Were questions, prompts, guides provided by the authors?  | Page 6 |
| 18. Repeat interviewsWere repeat interviews carried out? If yes, how many? | N/A |
| 19. Audio/visual recordingDid the research use audio or visual recording to collect the data? | Page 6 |
| 20. Field notesWere field notes made during and/or after the interview or focus group? | Page 7 |
| 21. Duration What was the duration of the interviews or focus group? | Page 7 |
| 22. Data saturationWas data saturation discussed? | Page 5 and 7 |
| 23. Transcripts returned Were transcripts returned to participants for comment and/or correction? | Page 7 |
| **Domain 3: Analysis and Findings** |  |
| **Data analysis** |  |
| 24. Number of data codersHow many data coders coded the data? | Page 7 |
| 25. Description of the coding treeDid authors discuss the coding tree? | Page 7 |
| 26. Derivation of themesWere themes identified in advance or derived from the data? | Page 7 |
| 27. Software What software, if applicable, was used to manage the data? | Page 7 |
| 28. Participant checkingDid participants provide feedback on the findings? | Page 8 |
| **Reporting** |  |
| 29. Quotations presented Were participant quotations presented to illustrate the themes / findings? Was each quotation identified? e.g. participant number | Yes; Pages 9-17 |
| 30. Data and findings consistentWas there consistency between the data presented and the findings? | Yes |
| 31. Clarity of major themesWere major themes clearly presented in the findings? | Yes |
| 32. Clarity of minor themesIs there a description of diverse cases or discussion of minor themes? | Yes |