

special  
articles

## Data supplement

Table DS1. Diagnoses as stated in the letters

Diagnosis	Letters <i>n</i>	Service users <i>n</i>
Alzheimer's disease	184	111
Mixed dementia	172	98
Vascular dementia	163	97
Lewy body dementia	18	9
Post-traumatic cognitive impairment	1	1
Mild cognitive impairment	45	32
Dementia secondary to viral encephalitis	2	1
Frontotemporal dementia	10	5
Dementia in Parkinson's disease	23	11
Depression	84	45
Generalised anxiety disorder	4	3
Bipolar affective disorder	8	6
Charles Bonnet syndrome	1	1
Harmful use of alcohol	1	1
Impulsivity disorder	6	1
Schizoaffective disorder	1	1
Learning difficulties	5	2
No mental or behavioural disorder	3	2

Table DS2. Those who received the letters

Recipient	Letters, <i>n</i>
Service user	199
Daughter	170
Husband	101
Wife	89
Son	77
Friend	58
Niece	10
Sister	6
Cousin	6
Granddaughter	5
Brother	4
Nephew	2
Partner	2
Sister-in-law	1
Grandson	1