**Supplementary Table 1**. Effects of control variables in the structural equation model

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| --- | --- | --- | --- | --- | --- |
|  | ***b*** | ***SE*** | ***z*** | ***β*** | ***p*** |
|  |  |  |  |  |  |
| Effect of mothers` age on maternal emotional availability  | <0.01 | <0.01 | 0.92 | 0.03 | .360 |
| Effect of children`s age on maternal emotional availability | -0.01 | 0.03 | -0.26 | -0.02 | .797 |
| Effect of children`s gender on maternal emotional availability | 0.11 | 0.14 | 0.80 | 0.06 | .422 |
| Effect of children`s age on child emotional availability | -0.02 | 0.03 | -0.57 | -0.04 | .566 |
| Effect of children`s gender on child emotional availability  | 0.15 | 0.14 | 1.08 | 0.07 | .282 |
| Effect of children`s age on child mental health | -0.23 | 0.15 | -1.51 | -0.10 | .132 |
| Effect of children`s gender on child mental health | 0.13 | 0.60 | 0.22 | 0.01 | .827 |

*b*, unstandardized regression weight; *SE*, standard error; *z*, z value; *β*, standardized regression weight; *p*, p value.