**Appendix**

Table S.1. Raw means for the 5-class solution of emotion regulation profiles.

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
|   |   | Sample mean |   | Class 1M(SE)  | Class 2M(SE)  | Class 3M(SE)  | Class 4M(SE)  | Class 5M(SE)  |
| ERQ – Reappraisal |   | 5.02 |   | 5.15 (.18) | 4.89(.12) | 4.68(.086) | 4.76(.13) | 6.03(.11) |
| ERQ – Suppression |   | 4.05 |   | 3.42(.19) | 3.69(.13) | 4.32(.14) | 4.47(.15) | 4.29(.21) |
| DERS - non-acceptance of emotions |   | 2.12 |   | 1.39(.053) | 1.61(.038) | 2.14(.048) | 3.13(.09) | 2.35(.11) |
| DERS - difficulties engaging in goal-directed behavior |   | 2.60 |   | 1.30(.053) | 2.18(.092) | 2.92(.10) | 3.70(.09) | 2.53(.16) |
| DERS - Impulse control difficulties  |   | 2.06 |   | 1.08(.018) | 1.55(.043) | 2.32(.089) | 3.34(.11) | 1.80(.092) |
| DERS - lack of emotional awareness |   | 2.24 |   | 1.84(.067) | 2.37(.082) | 2.55(.092) | 2.33(.095) | 1.77(.072) |
| DERS - limited access to ER strategies |   | 2.04 |   | 1.19(.035) | 1.47(.036) | 2.18(.056) | 3.24(.077) | 2.07(.094) |
| DERS - lack of emotional clarity |   | 2.09 |   | 1.25(.051) | 1.59(.047) | 2.43(.088) | 3.01(.097) | 2.06(.11) |
| PANAS-X: Positive Emotion |   | 3.74 |   | 4.22(.068) | 3.83(.057) | 3.42(.068) | 3.30(.075) | 4.22(.062) |
| PANAS-X: Negative Emotion  |   | 1.93 |   | 1.31(.036) | 1.65(.041) | 1.94(.051) | 2.62(.073) | 2.07(.075) |

ERQ: Emotion Regulation Questionnaire; DERS: Difficulties with Emotion Regulation Scale; PANAS-X: Positive and Negative Affect Scale – Expanded Version.ER= Emotion Regulation

Class 1: Multifaceted Emotion Regulation; Class 2: Moderate Emotion Regulation Access; Class 3: Low Awareness, Low Positive Emotions; Class 4: Emotion Regulation Difficulties; Class 5: High Awareness and Reappraisal.