ExpectedInfluence
Alcohol regulation
Angry at child
Anhedonia
Appetite problems
Children is the source of stress
Depressed mood
Difficulty to fulfill responsibilities
Feelings of inadequacy as a parent
Inability to control behaviour
Low energy
Overwhelmed by parental role
Parental guilt
Psychomotoric agitation
Self critisism
Sleep problems
Suicidal ideation
Trouble concentrating
Worry and rumination
Worthlessness
0.4
0.6
0.8
1.0
1.2