**Appendix E**

**Description of video interventions**

Overall, 28 videos were identified in included studies. Of these, six videos focused on mental illness in general and 22 videos focused on specific mental illness (3 videos addressed more than one issue) - schizophrenia (11), depression (4), schizoaffective disorder (3), Tourette’s syndrome (3), psychosis (2), bipolar disorder (1), eating issues (1), alcoholism (1) and ADHD (1). Majority of videos used documentary style (12), seven videos were in form of interview, two of the videos were movies, but there was also live talk (1), educational video (1), videotaped therapy (1) advertisement video (1) and theatrical show (1). Eleven videos featured only one person with mental illness experience speaking, whereas 15 videos featured more. Not only people with experience with mental illness were featured in videos but also psychiatrists (9), friends (7), family members (5), partners (3), psychologists (3), social workers (3), colleagues (1), experts (1), nurses (1), teachers (1) and pharmacologists (1). Key topics/elements addressed in videos were: symptoms of mental illness (17) and personal examples of them (13), process of recovery (14), treatment of mental illness (12) possibility of living normal life with mental illness (11), mental health stigma (10), education segments (8), possible aggressiveness (5), biological causes of mental illness (5), childhood experiences of people with mental illness (5), appeal for help-seeking (3), and simulation of voices (2). Suicidal experience were also discussed in seven videos and in one of them person with mental illness committed a suicide one month after the shooting of video (Penn, Chamberlin, & Mueser, 2003). Four videos featured famous person or story of famous person with mental illness. Only 12 of 28 videos were available online or on request. In case of other videos we had to use more or less detailed description of video intervention given in articles. Detailed information is given in the following table.

**Table: Description of videos in included studies**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  |  | Length (min) | MH issue | Type | Number of users speaking | Other people talking | Key elements |
| **Altindag (2006)** | | 135 | Schizophrenia | Movie | One | Psychiatrist, Partner, Family member, Friend, Colleague | Symptoms, Personal examples of symptoms, Treatment, Recovery, Aggressiveness, Celebrity |
| **Brown (2010)** | | 25 | Schizophrenia | Documentary | More | Psychiatrist, Clinical psychologist, Family member | Symptoms, Personal examples of symptoms, Treatment, Recovery, Normal life, Childhood experiences, Suicidal experience, Education, |
| **Chan (2009)** | | 13 | Schizophrenia | Documentary | More | Social Worker, Friend | Recovery, Normal life |
| **Clement (2012)**1 | | 61 | Mental Illness | Documentary | More | Psychiatrist | Stigma, Treatment, Recovery, Aggressiveness, Education |
| **Corrigan (2007)** | video a1 | 10 | Schizophrenia | Interview | One | N/A | Symptoms, Recovery |
| video b1 | 10 | Schizophrenia | Interview | One | Teacher | Education |
| **Demyan (2012)** | | 2 | Mental Illness | Advertisement | One | Psychiatrist | Symptoms, Treatment, Recovery, Help-seeking |
| **Esters (1998)**1 | | N/A | Mental Illness | N/A | N/A | Family Members | N/A |
| **Faigin (2008)**1 | | 70 | Mental Illness | Theatrical show | More | N/A | Symptoms, Stigma, Treatment, Recovery |
| **Kaplan (2012)**1 | | N/A | Alcoholism, depression, and eating issues | Documentary | One | Counseling Psychologist, Friend | Treatment, Recovery, Help-seeking |
| **Kerby (2008)** | video a1 | 15 | Psychosis, schizophrenia, severe depression | Documentary | More | Psychiatrist | Symptoms, Stigma, Aggressiveness |
| video b1 | 12 | Psychosis | Documentary | One | N/A | Stigma, Normal life |
| **Lincoln (2008)** | | 10 | Schizophrenia | Videotaped therapy | One | Psychiatrist | Symptoms, Personal examples of symptoms |
| **Nguyen (2012)**1 | | N/A | Mental Illness | Interview | More | Pharmacologist | Symptoms, Personal examples of symptoms, Stigma, Treatment, Recovery |
| **Owen (2007)**1 | | 36 | Schizophrenia | Educational video | More | Expert | Symptoms, Personal examples of symptoms, Treatment, Recovery, Aggressiveness, Suicidal experience, Education, |
| 1Only description of video was available | | | | | | | |

**Table: Description of videos in included studies (continued)**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  |  | Length (min) | MH issue | Type | Number of users speaking | Other people talking | Key elements |
| **Penn (2003)** | | 61 | Schizophrenia | Documentary | More | Psychiatrist, Nurses, Social worker, Partner, Family member | Symptoms, Personal examples of symptoms, Causes - biological, Stigma, Recovery, Aggressiveness, Normal life, Childhood experiences, Suicidal experience, Simulation of voices |
| **Pinto-Foltz (2011)** | | 27 | Bipolar disorder | Live talk | More | Non | Symptoms, Personal examples of symptoms, , Causes - biological, Treatment, Recovery, Normal life, Suicidal experience, Help-seeking |
| **Reinke (2004)** | video a1 | 10 | Schizoaffective disorder | Interview | One | N/A | Symptoms, Personal examples of symptoms, Treatment, Suicidal experience |
| video b1 | 10 | Schizoaffective disorder | Interview | One | N/A | Symptoms, Personal examples of symptoms, Treatment, Recovery, Normal life, Suicidal experience |
| video c1 | 10 | Schizoaffective disorder | Interview | One | N/A | Recovery, Normal life |
| **Ritterfeld (2006)** | | 105 | Schizophrenia | Movie | More | Psychiatrist, Social worker, Partner, Family member, Friend | Symptoms, Personal examples of symptoms, Stigma, Treatment, Suicidal experience, Simulation of voices |
| **Saporito (2011)**1 | | N/A | Depression, ADHD | Documentary | One | N/A | Normal life |
| **Walachowska (2009)**1 | | 45 | Schizophrenia | Documentary | More | Psychiatrist, Psychologist | N/A |
| **West (2014)** | | 2 | Mental Illness | Interview | One | Stranger | N/A |
| **Woods (2002)** | | 12 | Tourette´s syndrome | Documentary | More | Friends | Symptoms, Personal examples of symptoms, Causes - biological, Stigma, Normal life, Childhood experiences, Education, Celebrity |
| **Woods (2002)** | | 12 | Tourette´s syndrome | Documentary | More | Friends | Symptoms, Personal examples of symptoms, Causes - biological, Stigma, Normal life, Childhood experiences, Education, Celebrity |
| **Woods (2005)** | video a | 12 | Tourette´s syndrome | Documentary | More | Friends | Symptoms, Personal examples of symptoms, Causes - biological, Stigma, Normal life, Childhood experiences, Education, Celebrity |
|  | video b1 | 9 | Depression | Documentary | More | N/A | Education |
| 1Only description of video was available | | | | | | | |