**INTERVIEW GUIDE**

***Overview***

The aim of interview was to gain a better understanding of how clinicians distinguish between bipolar disorder and borderline personality disorder, and to gain an insight into how this process is experienced by patients and their carers.

Clinicians were asked to describe their experience of distinguishing BD and BPD, and to comment on the factors that influence them in making this distinction. Where an assessment had been observed, interviews were conducted as soon as practicable following this, and clinicians were also asked questions with specific reference to that assessment that had been conducted.

**TOPIC SCHEDULE CONTENT**

* How does the doctor distinguish the diagnosis?
* What factors do they take into account and how are those weighed up?
* How do they experience conducting a diagnostic assessment of this nature?
* What are the particular challenges, their causes, and their solutions?
* Their views on how the process might be experienced by patients?

***Drawing interview to a close, summary and any other thoughts***

*Then, the interviewer will provide a brief summary of the participant’s comments, based on the brief handwritten notes. The participant will be asked whether there is anything that has been missed out.*

* + So it sounds like you are saying that…. Your experiences seem to have been…
  + Does that sound right?
  + Anything else you would like to clarify?
  + Or to add?

*END*

**ONLINE CLINICIAN SURVEY**

***Overview***

The aim of the online survey was to test clinicians’ theoretical knowledge and practical experience of diagnosing BD and BPD. This survey was based upon the themes identified in qualitative interviews with clinicians (see main text). The questions were drafted by the study team, who met regularly to discuss and amend its content. It was piloted on two of the clinician participants from the qualitative study before the final draft was agreed.

**SURVEY CONTENT**

**Demographics and background**

**1 Please indicate your gender**

Please choose **only one** of the following:

* Male Male
* Female Female

**2 Please indicate your grade / profession**

Please choose **only one** of the following:

* <span style="font-size:14px;">Consultant with MRCPsych</span> Consultant with MRCPsych
* <span style="font-size:14px;">Consultant with FRCPsych</span> Consultant with FRCPsych
* <span style="font-size:14px;">Pre-MRCPsych trainee</span> Pre-MRCPsych trainee
* <span style="font-size:14px;">Post-MRCPsych trainee</span> Post-MRCPsych trainee
* <span style="font-size:14px;">Staff grade</span> Staff grade
* <span style="font-size:14px;">Associate specialist</span> Associate specialist
* <span style="font-size:14px;">Registered mental health nurse</span> Registered mental health nurse
* Other Other

**Your assessments of Bipolar Disorder and Borderline Personality Disorder**

**3 What proportion of your caseload has a primary diagnosis of*:***

Please choose the appropriate response for each item:

|  | <5% | 5%-25% | 25%-50% | >50% |
| --- | --- | --- | --- | --- |
| ...Bipolar Disorder? | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| ...Borderline Personality Disorder? | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
|  |  |  |  |  |

**4 Proportion of differential diagnoses**

Please choose the appropriate response for each item:

|  | <5% | 5%-25% | 25%-50% | >50% |
| --- | --- | --- | --- | --- |
| In what proportion of your assessments are Bipolar Disorder and Borderline Personality Disorder likely differential diagnoses? | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |

**Confidence and Disagreement**

**5 Confidence**

Please choose the appropriate response for each item:

|  | Not at all confident | Somewhat confident | Confident | Very confident | Extremely confident |
| --- | --- | --- | --- | --- | --- |
| How confident do you feel in discriminatingbetween Bipolar Disorder and Borderline Personality Disorder? | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |

**6 Disagreement**

Please choose the appropriate response for each item:

|  | Never | Rarely | Occasionally | Fairly frequently | Frequently |
| --- | --- | --- | --- | --- | --- |
| How often do you encounter patients with Bipolar or Borderline Personality Disorder where there has been disagreement between professionals about the diagnosis? | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |

**7 In your experience, what are the TWO most common reasons for this disagreement?**

Please select between 1 and 2 answers

* <span style="font-size:16px;">Inconsistent history</span> Inconsistent history
* <span style="font-size:16px;">Clinician background / bias</span> Clinician background / bias
* <span style="font-size:16px;">Patients presenting in crisis</span> Patients presenting in crisis
* <span style="font-size:16px;">Validity of 'soft' bipolar diagnoses</span> Validity of 'soft' bipolar diagnoses
* <span style="font-size:16px;">Reliance on previous diagnoses</span> Reliance on previous diagnoses
* http://understanding-diagnosis.limequery.com/templates/default/print_img_checkbox.pngOther: (free text option)

**Factors associated with BD**

**8 In your opinion, to what extent are the following features indicative of BIPOLAR DISORDER?**

Please choose the appropriate response for each item:

|  | Not at all | A little | Moderately | Strongly | Very strongly |
| --- | --- | --- | --- | --- | --- |
| Racing thoughts | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Onset during adolescence | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Identity disturbance | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Inflated self-esteem | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Drug / alcohol misuse | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Persistent low mood | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Erratic or risky behaviour | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Fear of abandonment | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Hostility | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Paranoid ideation | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Unstable interpersonal relationships | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Suicidal behaviour | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Family history of the disorder | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Elated mood | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Mood instability | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| More talkative than usual | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Irritability | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Agitation | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Distractibility | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Early life trauma | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Repeated help-seeking behaviour | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Impulsivity | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Decreased need for sleep | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Non-suicidal self-harm | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |

**9 If you would like to comment on the features that you find indicative of Bipolar Disorder, please do so in the space below.**

(free text option)

**Factors associated with BPD**

**10 In your opinion, to what extent are the following features indicative of BORDERLINE PERSONALITY DISORDER?**

Please choose the appropriate response for each item:

|  | Not at all | A little | Moderately | Strongly | Very strongly |
| --- | --- | --- | --- | --- | --- |
| Racing thoughts | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Onset during adolescence | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Identity disturbance | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Inflated self-esteem | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Drug / alcohol misuse | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Persistent low mood | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Erratic or risky behaviour | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Fear of abandonment | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Hostility | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Paranoid ideation | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Unstable interpersonal relationships | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Suicidal behaviour | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Family history of the disorder | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Elated mood | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Mood instability | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| More talkative than usual | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Irritability | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Agitation | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Distractibility | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Early life trauma | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Repeated help-seeking behaviour | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Impulsivity | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Decreased need for sleep | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Non-suicidal self-harm | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |

**11 If you would like to comment on the features that you find indicative of Borderline Personality Disorder, please do so in the space below.**

(free text option)

**Diagnostic Criteria**

**12 To what extent do you agree with the following statements?**

Please choose the appropriate response for each item:

|  | Strongly disagree | Disagree | Neutral | Agree | Strongly agree |
| --- | --- | --- | --- | --- | --- |
| Diagnostic criteria fit with my observations of patients with Bipolar Disorder. | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Diagnostic criteria fit with my observations of patients with Borderline Personality Disorder. | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Diagnostic criteria are useful to me in discriminating between Bipolar Disorder and Borderline Personality Disorder. | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Rather than diagnostic criteria, I prefer to use an impressionistic or vignette approach to the diagnosis of Bipolar Disorder | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| Rather than diagnostic criteria, I prefer to use an impressionistic or vignette approach to the diagnosis of Borderline Personality Disorder | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| The diagnosis of Bipolar Disorder should involve categorization on the basis of severity. | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| The diagnosis of Borderline Personality Disorder should involve categorization on the basis of severity. | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |

**Services**

**13 Do you have access to specialized services for:**

Please choose the appropriate response for each item:

|  | Yes | No | Uncertain |
| --- | --- | --- | --- |
| ...Bipolar Disorder? | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| ...Borderline Personality Disorder? | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |

**14 Influence of specialized services on diagnosis**

Please choose the appropriate response for each item:

|  | Not at all | A little | Moderately | Substantially | Greatly |
| --- | --- | --- | --- | --- | --- |
| Does access to specialized services influence whether you make a diagnosis of Bipolar Disorder or Borderline Personality Disorder? | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |

**15 Comments on services**

If you would like to comment on service provision for these patient groups, please do so in the space below

(free text option)

**Final questions**

**16 How often do you seek third party information (e.g. from family or friends) when assessing someone with:**

Please choose the appropriate response for each item:

|  | Almost never / Never | Occasionally | ~Half the time | Most of the time | Almost always / Always |
| --- | --- | --- | --- | --- | --- |
| ...probable Bipolar Disorder? | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |
| ...probable Borderline Personality Disorder? | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |

**17 Comments on third parties**

If you would like to comment on the involvement of third parties in assessment and diagnosis of these patient groups, please do so in the space below

(free text option)

**18 Comorbid diagnosis**

Please choose the appropriate response for each item:

|  | Never | Rarely | Occasionally | Fairly frequently | Very frequently |
| --- | --- | --- | --- | --- | --- |
| In patients with Bipolar Disorder, how often do you give a diagnosis of comorbid Borderline Personality Disorder? | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |

**19 BD and BPD spectrum?**

Please choose the appropriate response for each item:

|  | Definitely not | Unlikely | Neutral | Probably | Definitely |
| --- | --- | --- | --- | --- | --- |
| In your opinion, are Bipolar Disorder and Borderline Personality Disorder part of the same illness spectrum? | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png | http://understanding-diagnosis.limequery.com/templates/default/print_img_radio.png |