**Table S1: Descriptive Statistics for control and intervention group**

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|  | **Hot-BITS (n=51)** | **Control (n=41)** |
| **Age (n=92)** | 13,53 (SD 2,76) | 13,76 (SD 2,81) |
| **Gender (% female)** | 28 (54%) | 21 (50%) |
| **IQ (n=78)** | 101,33 (SD 14,26) | 102,70 (SD 12,52) |
| **Socioeconomic Status (%)** |  |  |
| high | 21,6 | 19,5 |
| middle | 58.8 | 58,5 |
| low | 9,8 | 4,8 |
| poverty level | 5,9 | 2,4 |
| Not specified | 3,9 | 14,6 |
| **Diagnosis (DSM IV) (%)** |  |  |
| Affective disorder | 25,3 | 25,8 |
| Psychosis | 1,3 | 3,0 |
| Eating disorder | 4,0 | 3,0 |
| Adjustment disorder / Anxiety/  Obsessive compulsive disorder | 20,0 | 15,2 |
| Conduct disorder/ ADHD | 34,7 | 40,9 |
| No diagnosis | 8,0 | 7,6 |
| Other (eg Enuresis, Encopresis, Personality disorder, substance abuse) | 6,7 | 4,5 |