**Supplementary material 3:**

A simultaneous logistic regression analysis (i.e. enter method) was conducted in order to predict response (responders vs. non-responders; based on to the HDRS-21 total score at T2) using the severity of depressive symptoms (i.e., HDRS-21 total score at T0) and two additional variables (gender and age at the first psychiatric episode) as predictors. A test of the full model against a constant only model was not statistically significant, *χ2*(3) =1.428, *p*=.699. Nagelkerke’s R2 of 0.051 indicated a weak relationship between prediction and response group.The Wald criterion demonstrated that none of the three predictors (severity of depressive symptoms, gender and age at the first psychiatric episode) made a significant contribution to prediction (*p*=.348, *p*=.858, *p*=.559, respectively).