**Supplementary material 2:**

Pearson product-moment correlations calculated between demographic, clinical measures and change in depressive symptoms between assessments.

| QIDS-SR total score change (T1-T3) | QIDS-SR total score change (T2-T3) | QIDS-SR total score change (T1-T2) | QIDS-SR total score (T3) | QIDS-SR total score (T2) | QIDS-SR total score (T1) | HDRS total score change (T1-T3) | HDRS total score (T3) | HDRS total score (T1) | Previous medications in current episode (no.) | No. of episodes (no.) | Age of first episode (no.) | Age (years) | Variables |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| *r*= .114  *p*=.482 | *r*= .076  *p*=.643 | *r*= .058  *p*=.722 | *r*= -.294  *p*=.066 | *r*= -.259  *p*=.106 | *r*= -.207  *p*=.201 | *r*= .006  *p*=.973 | *r*= .022  *p*=.892 | *r*= .033  *p*=.838 | *r*= -.223  *p*=.167 | *r*= .005  *p*=.974 | ***r*= .724**  ***p*<.001** | 1 | Age (years) |
| *r*= .085  *p*=.610 | *r*= .144  *p*=.388 | *r*= -.039  *p*=.817 | *r*= -.176  *p*=.292 | *r*= -.082  *p*=.623 | *r*= -.108  *p*=.518 | *r*= .112  *p*=.505 | *r*= .028  *p*=.868 | *r*= .177  *p*=.287 | *r*= -.188  *p*=.279 | *r*= -.192  *p*=.254 | 1 |  | Age of first episode (no.) |
| *r*= -.076  *p*=.656 | *r*= -.011  *p*=.948 | *r*= -.074  *p*=.662 | *r*= .065  *p*=.703 | *r*= .062  *p*=.717 | *r*= .003  *p*=.987 | *r*= .029  *p*=.863 | *r*= .048  *p*=.779 | *r*= .095  *p*=.578 | *r*= .089  *p*=.601 | 1 |  |  | No. of episodes (no.) |
| *r*= .026  *p*=.873 | *r*= .071  *p*=.662 | *r*= -.038  *p*=.818 | ***r*= .419**  ***p*=.007** | ***r*= .505**  ***p*=.001** | ***r*= .331**  ***p*=.037** | *r*= .009  *p*=.954 | ***r*= .326**  ***p*=.040** | ***r*= .376**  ***p*=.017** | 1 |  |  |  | Previous medications in current episode (no.) |
| *r*= .026  *p*=.873 | *r*= .071  *p*=.662 | *r*= -.038  *p*=.818 | ***r*= .419**  ***p*=.007** | ***r*= .502**  ***p*=.001** | ***r*= .456**  ***p*=.003** | ***r*= .484**  ***p*=.002** | ***r*= .316**  ***p*=.047** | 1 |  |  |  |  | HDRS total score (T1) |
| *r*= -.631  *p*<.001 | ***r*= -.359**  ***p*=.023** | ***r*= -.374**  ***p*=.017** | ***r*= .593**  ***p*<.001** | ***r*= .372**  ***p*=.018** | *r*= .077  *p*=.635 | ***r*= -.677**  ***p*<.001** | 1 |  |  |  |  |  | HDRS total score (T3) |
| *r*= .602  *p*<.001 | ***r*= .386**  ***p*=.014** | ***r*= .316**  ***p*=.047** | *r*= -.222  *p*=.169 | *r*= .046  *p*=.780 | *r*= .282  *p*=.078 | 1 |  |  |  |  |  |  | HDRS total score change (T1-T3) |
| *r*= .384  *p*=.015 | *r*= .011  *p*=.948 | ***r*= .422**  ***p*=.007** | ***r*= .652**  ***p*<.001** | ***r*= .707**  ***p*<.001** | 1 |  |  |  |  |  |  |  | QIDS-SR total score (T1) |
| *r*= -.083  *p*=.610 | *r*= .265  *p*=.098 | ***r*= -.343**  ***p*=.030** | ***r*= .752**  ***p*<.001** | 1 |  |  |  |  |  |  |  |  | QIDS-SR total score (T2) |
| *r*= -.450  *p*=.004 | ***r*= -.437**  ***p*=.005** | *r*= -.097  *p*=.551 | 1 |  |  |  |  |  |  |  |  |  | QIDS-SR total score (T3) |
| *r*= .616  *p*<.001 | ***r*= -.326**  ***p*=.040** | 1 |  |  |  |  |  |  |  |  |  |  | QIDS-SR total score change (T1-T2) |
| *r*= .544  *p*<.001 | 1 |  |  |  |  |  |  |  |  |  |  |  | QIDS-SR total score change (T2-T3) |

*Notes*

Significant correlations are marked in **bold**.