**Supplementary material 2:**

Pearson product-moment correlations calculated between demographic, clinical measures and change in depressive symptoms between assessments.

| QIDS-SR total score change (T1-T3) | QIDS-SR total score change (T2-T3) | QIDS-SR total score change (T1-T2)  | QIDS-SR total score (T3) | QIDS-SR total score (T2) | QIDS-SR total score (T1)  | HDRS total score change (T1-T3) | HDRS total score (T3)  | HDRS total score (T1)  | Previous medications in current episode (no.)  | No. of episodes (no.)  | Age of first episode (no.) | Age (years) | Variables |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| *r*= .114*p*=.482 | *r*= .076*p*=.643 | *r*= .058*p*=.722 | *r*= -.294*p*=.066 | *r*= -.259*p*=.106 | *r*= -.207*p*=.201 | *r*= .006*p*=.973 | *r*= .022*p*=.892 | *r*= .033*p*=.838 | *r*= -.223*p*=.167 | *r*= .005*p*=.974 | ***r*= .724*****p*<.001** | 1 | Age (years) |
| *r*= .085*p*=.610 | *r*= .144*p*=.388 | *r*= -.039*p*=.817 | *r*= -.176*p*=.292 | *r*= -.082*p*=.623 | *r*= -.108*p*=.518 | *r*= .112*p*=.505 | *r*= .028*p*=.868 | *r*= .177*p*=.287 | *r*= -.188*p*=.279 | *r*= -.192*p*=.254 | 1 |  | Age of first episode (no.) |
| *r*= -.076*p*=.656 | *r*= -.011*p*=.948 | *r*= -.074*p*=.662 | *r*= .065*p*=.703 | *r*= .062*p*=.717 | *r*= .003*p*=.987 | *r*= .029*p*=.863 | *r*= .048*p*=.779 | *r*= .095*p*=.578 | *r*= .089*p*=.601 | 1 |  |  | No. of episodes (no.)  |
| *r*= .026*p*=.873 | *r*= .071*p*=.662 | *r*= -.038*p*=.818 | ***r*= .419*****p*=.007** | ***r*= .505*****p*=.001** | ***r*= .331*****p*=.037** | *r*= .009*p*=.954 | ***r*= .326*****p*=.040** | ***r*= .376*****p*=.017** | 1 |  |  |  | Previous medications in current episode (no.) |
| *r*= .026*p*=.873 | *r*= .071*p*=.662 | *r*= -.038*p*=.818 | ***r*= .419*****p*=.007** | ***r*= .502*****p*=.001** | ***r*= .456*****p*=.003** | ***r*= .484*****p*=.002** | ***r*= .316*****p*=.047** | 1 |  |  |  |  | HDRS total score (T1)  |
| *r*= -.631*p*<.001 | ***r*= -.359*****p*=.023** | ***r*= -.374*****p*=.017** | ***r*= .593*****p*<.001** | ***r*= .372*****p*=.018** | *r*= .077*p*=.635 | ***r*= -.677*****p*<.001** | 1 |  |  |  |  |  | HDRS total score (T3)  |
| *r*= .602*p*<.001 | ***r*= .386*****p*=.014** | ***r*= .316*****p*=.047** | *r*= -.222*p*=.169 | *r*= .046*p*=.780 | *r*= .282*p*=.078 | 1 |  |  |  |  |  |  | HDRS total score change (T1-T3) |
| *r*= .384*p*=.015 | *r*= .011*p*=.948 | ***r*= .422*****p*=.007** | ***r*= .652*****p*<.001** | ***r*= .707*****p*<.001** | 1 |  |  |  |  |  |  |  | QIDS-SR total score (T1)  |
| *r*= -.083*p*=.610 | *r*= .265*p*=.098 | ***r*= -.343*****p*=.030** | ***r*= .752*****p*<.001** | 1 |  |  |  |  |  |  |  |  | QIDS-SR total score (T2) |
| *r*= -.450*p*=.004 | ***r*= -.437*****p*=.005** | *r*= -.097*p*=.551 | 1 |  |  |  |  |  |  |  |  |  | QIDS-SR total score (T3) |
| *r*= .616*p*<.001 | ***r*= -.326*****p*=.040** | 1 |  |  |  |  |  |  |  |  |  |  | QIDS-SR total score change (T1-T2)  |
| *r*= .544*p*<.001 | 1 |  |  |  |  |  |  |  |  |  |  |  | QIDS-SR total score change (T2-T3) |

*Notes*

Significant correlations are marked in **bold**.