

After COVID Vaccination Tip Sheet for Employees

Understanding symptoms after COVID-19 vaccination, what to do, and return to work requirements for employees

We ask that you complete the Mass General Brigham COVID Vaccine Symptom Check tool which you can access on COVID Pass or at vaccinecheck.massgeneralbrigham.org for the three days following each vaccination. When you complete the survey, you will be provided guidance based on any symptoms or reactions you may experience.

You received the _____ COVID-19 Vaccine.

Please return for your 2nd dose appointment on:

Date Time

Location

This is your second and last dose

Per CDC guidance, it is recommended that other vaccines not be administered within 14 days of receipt of either dose of your COVID-19 vaccine. Please consider this when planning non-COVID routine vaccination.

| After vaccination symptoms | How common is this symptom? | What to do | Work restrictions |
|----------------------------|-----------------------------|------------|-------------------|
|----------------------------|-----------------------------|------------|-------------------|

Within 3 days of the vaccination, counting the day of vaccination as day 1

Local injection site reaction only (i.e., redness or swelling at the injection site)



Very common – expected in 8 of 10 employees

Complete the symptom check. Check survey link in COVID Pass or vaccinecheck.massgeneralbrigham.org.

None; continue to work

Mild allergic symptoms (i.e., itching, rash but NOT hives) that occur after observation period



Uncommon

Complete the symptom check. Check survey link in COVID Pass or vaccinecheck.massgeneralbrigham.org.

None; continue to work

More severe allergic reactions including hives, swollen lips, tongue, eyes, or face, wheezing, chest tightness, or shortness of breath



Very rare

If you develop trouble breathing, swelling in your mouth or throat, or wheezing, please call 911 or go to the nearest Emergency Department immediately.

Any work restrictions will be based on this evaluation of these symptoms.

For other symptoms, complete the symptom check. Check survey link in COVID Pass or vaccinecheck.massgeneralbrigham.org. You will be instructed to page an allergy specialist when appropriate (Partners paging directory #48249 or ITCHY; see table footnote for how to send a page)*

***How to Page at Mass General Brigham**

- Using a web browser, go to the Partners (Mass General Brigham) Telephone Directory: <https://ppd.partners.org/>
- Enter 48249 in the “Search for:” text box. Then press enter or select the search button.
- Click on the phone number link (displayed in the last column)
- Complete the message fields including your call back number, name, and message
- Select the “Send Page” button -> your message will then be sent.

Within 3 days of the vaccination, counting the day of vaccination as day 1

Mild to moderate symptoms, including the following:

1. feeling feverish but temp less than 101F (38.3C)
2. mild to moderate headache
3. new mild to moderate fatigue (sense of feeling tired)
4. mild to moderate myalgias (muscle aches)
5. mild to moderate arthralgias (joint pains)



Very common

Complete the symptom check.
Check survey link in COVID
Pass or [vaccinecheck](https://vaccinecheck.massgeneralbrigham.org).
massgeneralbrigham.org.

No
restrictions

You will be directed to obtain a test
for COVID-19 if these symptoms last
for more than 24 hours in total. You
can continue to work while this test
is pending.

Severe symptoms, including the following:

1. fever 101F (38.3C) or greater **or**
2. severe headache **or**
3. severe fatigue (sense of feeling tired) **or**
4. severe myalgias (muscle aches) **or**
5. severe arthralgias (joint pains) **or**



Uncommon

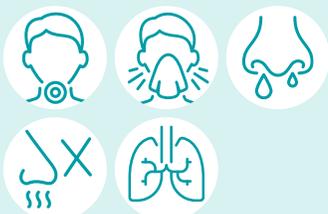
Complete the symptom check.
Check survey link in COVID
Pass or [vaccinecheck](https://vaccinecheck.massgeneralbrigham.org).
massgeneralbrigham.org.

You cannot
work on site
while this
evaluation
is ongoing.

You will need to be evaluated for
possible reaction to the vaccine
or COVID-19 infection.

Any other new or progressive symptoms consistent with COVID-19:

- sore throat • new cough
- new nasal congestion or new runny nose
- new loss of smell or taste • shortness of breath



More than 3 days after vaccination, counting the day of vaccination as day 1

Any symptoms consistent with COVID-19

- fever or feeling feverish • sore throat
- new cough
- new nasal congestion or new runny nose
- muscle aches • new loss of smell or taste
- shortness of breath



Use COVIDPass as you
do normally.

You cannot
work on site
while this
evaluation
is ongoing.