Appendix I. Participant data

Participant A

|  |  |  |  |
| --- | --- | --- | --- |
| Phase | Mean (SD) | Median | Mode |
| Control | 2.61 (1.06) | 2.5 | 2 |
| Intervention | 2.78 (.70) | 3 | 2 |

Participant B

|  |  |  |  |
| --- | --- | --- | --- |
| Phase | Mean (SD) | Median | Mode |
| Control | 1.37 (.50) | 1 | 1 |
| Intervention | 1.33 (.75) | 1 | 1 |

Participant C

|  |  |  |  |
| --- | --- | --- | --- |
| Phase | Mean (SD) | Median | Mode |
| Control | 2.17 (.57) | 2 | 2 |
| Intervention | 2.83 (.67) | 3 | 3 |

Participant D

|  |  |  |  |
| --- | --- | --- | --- |
| Phase | Mean (SD) | Median | Mode |
| Control | 1.59 (.67) | 1 | 1 |
| Intervention | 2.16 (.76) | 2 | 2 |

Participant E

|  |  |  |  |
| --- | --- | --- | --- |
| Phase | Mean (SD) | Median | Mode |
| Control | 2.29 (.71) | 2.5 | 2 |
| Intervention | 2.42 (1.10) | 3 | 3 |

Participant F

|  |  |  |  |
| --- | --- | --- | --- |
| Phase | Mean (SD) | Median | Mode |
| Control | 2.13 (.72) | 2 | 2 |
| Intervention | 2.25 (.92) | 2 | 2 |

Participant G

|  |  |  |  |
| --- | --- | --- | --- |
| Phase | Mean (SD) | Median | Mode |
| Control | 2.31 (1.00) | 3 | 3 |
| Intervention | 2.56 (.61) | 2 | 2 |