***Behavior Change***

Evidence-Based Practices in Cognitive Behaviour Therapy (CBT) Case Formulation: What Do Practitioners Believe is Important, and What Do They Do?

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**Supplementary Tables**

**Supplementary Table 1**

***Training and Encouragement to Use Case Formulation***

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Items | General vs. Clinical psychologist χ2(*df*) | *p* | +5 years vs. -5 years experience  χ2(*df*) | *p* |
| I received training in case formulation … |  |  |  |  |
| during my studies | 1.31 (2) | 0.519 | 0.504 (2) | 0.777 |
| as part of my work (e.g., through training or by my supervisor) | 1.71 (2) | 0.425 | 2.458 (2) | 0.293 |
| I trained myself through reading books and articles | 2.246 (2) | 0.325 | 0.296 (2) | 0.863 |
| In your current work setting(s) are you encouraged to use CF ... |  | |  |  |
| by your supervisor | 3.030 (2) | 0.220 | 1.364 (2) | 0.506 |
| by work colleagues | 1.509 (2) | 0.470 | 0.651 (2) | 0.722 |

**Supplementary Table 2**

***Comparison of Sample Responses on Items Relating to Use of External Evidence and Other Activities***

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Item grouping | Cronbach’s alpha | *N* | Mean (*SD*) | *t* (*df*) | *p* |
| Beliefs — activities related to use of external evidence\* | 0.73 | 79 | 3.79 (0.665) | 10.901 (78) | 0.000 |
| Belief — all other activities | 0.75 | 4.52 (0.412) |
| Activities implemented — activities related to use of external evidence\* | 0.78 | 72 | 3.62 (0.860) | 10.070 (71) | 0.000 |
| Activities implemented – all other activities | 0.68 | 4.52 (0.393) |  |  |

\*Individual items comprising these scales are marked with ^ in Tables 4 and 5.