SJOG Medicines Optimisation Checklist©

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| **Patient-facing Interventions** |  |  |  |
| Medicines Reconciliation Completed? |

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| Patient Info Leaflet(s) Provided? |

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| Medicines List Provided? |

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| **Antipsychotic Side-effects Assessment Completed?**Distressing Side-effects Reported? |

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| Patient Consultation Indicated? (Clozapine/Lithium/Other) |

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| **Clinician-facing Interventions**Physical Health Monitoring |  |  |  |
| BMI (Weight) | **Antidepressant**(ECG for es/citalopram, TCAs, trazodone) | **Antipsychotics**(TFTs for quetiapine only) | **Lithium** | **Mood Stabiliser** (TFTs, TDM for carbamazepine only) |

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| ECG(>440 M, >470 F) |

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| Full Blood Count |

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| Urea &Electrolytes |

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| Liver Function Tests |

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| HbA1c/Glucose |

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| Lipids |  |

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| Prolactin(<65 M, <50 F) |  |  |

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| Thyroid Function Tests | **Lithium** |  |

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| Corrected Calcium |  |  |

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| Therapeutic Drug Monitoring (Clozapine/Lithium/Valproate) | **Clozapine** |  |

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| Troponin |  |  |

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| Pregnancy test/ Contraception |

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| **Clinician-facing Interventions** |  |  |  |
| **Cardiovascular Risk Assessment >40 years** |

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| Statin Indicated? |

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| **Deprescribing:** All medicines indicated at current frequency? |

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| Anticholinergic burden assessment indicated? |

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| **High dose Antipsychotic Treatment** |

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| Repeat ECG and U&Es (3-monthly)? |

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| **Drug-drug Interactions Screen** |

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| QTc prolonging agents prescribed? |

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| At risk of serotonin syndrome? |

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| At risk of GI or other bleed? |

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| Prescribed lithium? |

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| **Comments/Follow Up** |  |  |  |  |  |  |