**Appendices**

**Appendix 1:** *Football matches included in study*

|  |  |  |  |
| --- | --- | --- | --- |
| *Football matches* | *Channel* | *Date* | *Kick-off time* |
|  |  |  |  |
|  |  |  |  |
| Aston Villa vs. Leeds United | Sky Sports Football | 23/12/2018 | 13:30 |
| Brighton vs. Liverpool | Sky Sports Football | 12/01/2019 | 15:00 |
| Burnley vs. Tottenham Hotspur | Sky Sports Football | 23/02/2019 | 12:30 |
| Bury vs. Lincoln | Sky Sports Football | 26/01/2019 | 17:30 |
| Cardiff City vs. Chelsea | Sky Sports Football | 31/03/2019 | 14:05 |
| Chelsea vs. Manchester City | Sky Sports Football | 24/02/2019 | 16:30 |
| Crystal Palace vs. Chelsea | Sky Sports Football | 30/12/2018 | 12:00 |
| Doncaster vs. Barnsley | Sky Sports Football | 15/03/2019 | 19:45 |
| Everton vs. Chelsea | Sky Sports Football | 17/03/2019 | 16:30 |
| Everton vs. Leicester City | Sky Sports Football | 01/01/2019 | 12:30 |
| Everton vs. Liverpool | Sky Sports Football | 03/03/2019 | 16:15 |
| Fulham vs. Chelsea | Sky Sports Football | 03/03/2019 | 14:05 |
| Fulham vs. Liverpool | Sky Sports Football | 17/03/2019 | 14:15 |
| Fulham vs. Manchester City | Sky Sports Football | 30/03/2019 | 12:30 |
| Hull vs. Swansea | Sky Sports Football | 22/12/2018 | 17:30 |
| Leeds United vs. Norwich | Sky Sports Football | 02/02/2019 | 17:30 |
| Leicester City vs. Manchester United | Sky Sports Football | 03/02/2019 | 14:05 |
| Leicester City vs. Newcastle United | Sky Sports Football | 12/04/2019 | 20:00 |
| Liverpool vs. Chelsea | Sky Sports Football | 14/04/2019 | 16:30 |
| Liverpool vs. Tottenham | Sky Sports Football | 31/03/2019 | 17:30 |
| Livingston vs. Rangers | Sky Sports Football | 27/01/2019 | 15:00 |
| Manchester City vs. Arsenal | Sky Sports Football | 03/02/2019 | 16:30 |
| Manchester United vs. Liverpool | Sky Sports Football | 24/02/2019 | 14:05 |
| Manchester United vs. Watford | Sky Sports Football | 30/03/2019 | 15:00 |
| Millwall vs. Blackburn | Sky Sports Football | 12/01/2019 | 17:30 |
| Newcastle vs. Huddersfield | Sky Sports Football | 23/02/2019 | 15:00 |
| Preston vs. Derby | Sky Sports Football | 01/02/2019 | 19:45 |
| Southampton vs. Manchester City | Sky Sports Football | 30/12/2018 | 14:15 |
| St Mirren vs. Hibernian | Sky Sports Football | 27/01/2019 | 13:30 |
| Stoke City vs. West Bromwich | Sky Sports Football | 09/02/2019 | 17:30 |
| Tottenham Hotspur vs. Newcastle | Sky Sports Football | 02/02/2019 | 12:30 |
| Tottenham vs. Wolves | Sky Sports Football | 29/12/2018 | 15:00 |
| Watford vs. Leicester | Sky Sports Football | 03/03/2019 | 12:00 |
| West Ham United vs. Fulham | Sky Sports Football | 22/02/2019 | 19:45 |
| Wolves vs. Newcastle | Sky Sports Football | 11/02/2019 | 20:00 |
|  |  |  |  |

**Appendix 2:** *Rugby matches included in study*

|  |  |  |  |
| --- | --- | --- | --- |
| *Rugby matches* | *Channel* | *Date* | *Kick-off time* |
|  |  |  |  |
|  |  |  |  |
| Gloucester vs. Munster | BT Sport | 11/01/2019 | 19:45 |
| Leinster vs. Toulouse | BT Sport | 11/01/2019 | 13:00 |
| Ulster vs. Racing | BT Sport | 12/01/2019 | 15:15 |
| Dragons vs. Munster | Eir Sport | 26/01/2019 | 15:00 |
| Leinster vs. Southern Kings | Eir Sport | 22/02/2019 | 19:55 |
| Munster vs. Leinster | Eir Sport | 29/12/2018 | 17:15 |
| Leinster vs. Ulster | Eir Sport | 27/04/2019 | 17:15 |
| Munster vs. Connacht | Eir Sport | 27/04/2019 | 19:35 |
| Cardiff vs. Connacht | TG4 | 26/01/2019 | 15:00 |
| Scarlets vs. Munster | TG4 | 02/03/2019 | 17:00 |
| Connacht vs. Ospreys | TG4 | 02/03/2019 | 14:45 |
| Italy vs. Wales | Virgin Media | 09/02/2019 | 16:45 |
| Ireland vs. Scotland | Virgin Media | 09/02/2019 | 14:15 |
| England vs. France | Virgin Media | 10/02/2019 | 15:00 |
| Leinster vs. Toulouse | Virgin Media | 21/04/2019 | 15:15 |
|  |  |  |  |

**Appendix 3:** *GAA matches included in study*

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| *GAA matches* | *Channel* | *Type* | *Date* | *Kick-off time* |
|  |  |  |  |  |
|  |  |  |  |  |
| Limerick vs. Waterford | TG4 | Hurling | 31/03/2019 | 14:00 |
| Kerry vs. Mayo | TG4 | Gaelic Football | 31/03/2019 | 16:00 |
| Westmeath vs. Laois | TG4 | Gaelic Football | 06/04/2019 | 16:45 |
| St Thomas vs. Liam Mellows | TG4 | Hurling | 07/04/2019 | 14:30 |
| Donegal vs. Cavan | RTE | Gaelic Football | 23/06/2019 | 14:00 |
| Galway vs. Wexford | RTE | Hurling | 26/05/2019 | 16:00 |
| Waterford vs. Limerick | RTE | Hurling | 26/05/2019 | 14:00 |
| Clare vs. Tipperary | RTE | Hurling | 02/06/2019 | 16:00 |
| Tipperary vs. Waterford | RTE | Hurling | 19/05/2019 | 14:00 |
| Limerick vs. Cork | RTE | Hurling | 19/05/2019 | 16:00 |
| Dublin vs. Meath | RTE | Gaelic Football | 23/06/2019 | 16:00 |
| Kilkenny vs. Cork | RTE | Hurling | 14/07/2019 | 14:00 |
| Laois vs. Tipperary | RTE | Hurling | 14/07/2019 | 16:00 |
| Limerick vs. Tipperary | RTE | Hurling | 30/06/2019 | 14:00 |
| Kilkenny vs. Wexford | RTE | Hurling | 30/06/2019 | 16:00 |
|  |  |  |  |  |