**Supplementary material** *Sample of data obtained regarding topics relevant to pregnancy or breastfeeding and amount of consideration given to same in policies.*

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| --- | --- | --- | --- | --- | --- |
| Name of policy | Key area of consideration  | Superficial consideration pregnancy  | Extensive consideration pregnancy | No consideration pregnancy | Key topics related to pregnancy |
| Sodium valproate | Valproate prescription and monitoring |  | X |  | Pregnancy preventionTeratogenicity and preventionInformed consent |
| Lithium | Lithium prescription and monitoring |  | X |  | Teratogenic riskContraception Pre-conceptual planningMonitoring in pregnancy -foetal echo |
| Religion and cultural diversity | Staff education | X |  |  | As relating to muslim women and Ramadan |
| Physical restraint | Management of pregnant woman requiring physical restraint |  |  | X | Best practice guidelinesRisk to motherRisk to foetus |
| Clozapine | Prescription and monitoring |  |  | X | TeratogenicityRisk to motherPre-conceptual advice |
| Name of policy | Key area of consideration  | Superficial consideration Breastfeeding  | Extensive consideration breastfeeding | No consideration breastfeeding | Key topics related to breastfeeding |
| Lithium | Maternal use while BF |  | X |  | Advice for motherRisks vs benefitBest practice |
| Practice standards for nurses and midwives with prescribing authority | Prescribing for breastfeeding women | X |  |  | Advice for motherRisks vs benefitBest practice |
| Clostridium difficile  | Risks to infant during infection and treatment | X |  |  | Advice for motherRisks vs benefitBest practice |
| Sodium valproate | Maternal use if BF |  |  | X | Advice for motherRisks vs benefit Best practice |
| Clozapine | Maternal use if BF |  |  | X | Advice for motherRisks vs benefit Best practice |