**Appendix. Description of Participating Centres**

|  | **Operation** | **Membership** |  **Facilities** | **Fees** | **Transit** | **Participation**  |
| --- | --- | --- | --- | --- | --- | --- |
| **Centre A** (opened 1974)MunicipalGolden HorseshoePopulation:40,000 | Mon – Fri: 9 a.m. – 4p.m. Wed: 6 a.m. – 9p.m.38 hrs/weekCafé:Mon-Thurs: 8:45 – 1:30 | **Age:** 55+**Members:** 1200**Attendance:** ~200/day | * 2 craft studios
* 2 fitness studios
* 2 activity rooms
* Woodshop
* Learning centre
* Health room
* Board room
* Grand hall
* Kitchen/ Café
 | **Member Fee:** * $32/$45 (resident/non-resident)

**Program Fees:*** Drop in: $.50-$5
* Registered: $5-$75
 | 120 free parking spots No public transitTaxi vouchers $2.50 from town to centre | **Sample size:**N = 21 (7.1%)**Data Collection:** Fall  |
| **Centre B**(2013)Non-ProfitEasternPopulation:8,000 | Mon – Fri:10 a.m. – 3 p.m. Special events in evenings 25 hrs/week | **Age:** 50+**Members:** 300**Attendance:** ~30/day | * 1200 sq. foot facility
* Kitchen
* Dance floor
 | **Member Fee:** * $20

**Program Fees:*** None
* Meals extra ($4-$8)
 | 12 free parking spotsFree street parkingNo public transit | **Sample Size:**N = 20 (6.8%)**Data Collection:** Fall  |
| **Centre C**(1990)Non-ProfitGreater Toronto Area(GTA)Population:2.8 million | Mon – Fri:8:30 – 4:30 40 hrs/week | **Age:** 55+**Members:** 600**Attendance**: ~75/day | * Large main room
* Computer lab
* 4 activity rooms
 | **Member Fee:** * $0 (in name only)

**Program Fees:*** Drop in: None
* Registered: $1 - $48
 | Limited parkingFrequent public transit Centre transit for $5/ride (not used) | **Sample Size:**N = 14 (4.7%)**Data Collection:** Fall  |
| **Centre D**(2000)Non-ProfitCentral Population:12,000 | Mon: 9:00 – 11:00Wed: 9:00 – 11:00, 12:30 – 3:00 Thurs: 10a.m.-noonFri: 9:30 – 1:30 12.5 hours/week | **Age:** 50+**Members:** 200**Attendance**: ~10/day | * 2-room schoolhouse on 5 acres of land
* Kitchen
* Walking trails behind building
 | **Member Fee:** * $10

**Program Fees:*** Access to all programs provided
 | Free parkingNo public transit and too far to walkMembers offer rides when needed | **Sample Size:**N = 22 (7.5%)**Data Collection:** Winter  |
| **Centre E**(1975)MunicipalCentral Population:90,000 | Mon – Fri:9:00 – 9:00 Sat (Billiards only):9:00 – 12:00 63 hours/week | **Age:** 55+**Members:** 1000**Attendance**: ~150/day | * Billiard’s lounge
* Office
* Computer room / board room
* Library
* Main hall for dances and shuffleboard
 | **Member Fee:** * $20

**Program Fees:*** Drop in: none
* Registered: $10 - $85
 | 240 free parking spacesPublic transit available, but infrequent | **Sample Size:**N = 24 (8.1%)**Data Collection:** Winter  |
| **Centre F**(2010)Non-ProfitGTAPopulation:2.8 million | Mon-Wed, Fri:10 a.m. – 4 p.m.Thurs: 10:00– 5:00Sat: 10 – 1:0034 hours/week | **Age:** 55+**Members:** 400**Attendance**: ~70/day | * 5 program spaces
* Kitchen
* Computer lab
* Library section
* Specialized art equipment (easels, sewing machines)
 | **Member Fee:** * $40

**Program Fees:*** Access to all programs provided
* Meals are extra ($3.50)
 | No centre parking; limited street parkingCentre transit ($6/trip)Public transit frequent | **Sample Size:**N = 21 (7.1%)**Data Collection:** Winter  |
| **Centre G**(1987)Non-ProfitSouth-WestPopulation:380,000 | Mon – Fri:7:00 – 3:00 40 hours/week**Café:**Mon – Fri:8:00 – 2:00  | **Age:** 55+**Members:** 1500**Attendance**: ~250/day | * 2 pools
* Fitness room (equipped)
* Craft room
* Music room
* Board room
* Gym
* Woodshop
* Lounge
* Kitchen
 | **Member Fee:** * $70-$200 (income test)

**Activity Pass:** * $35/year, one program/week

**Program Fees:*** $0.25 - $20 for some
 | 200 parking spots * $3 per mo.
* $30 per yr.

Centre transit ($3/ride); 3 pick-up & drop-off timesPublic transit available | **Sample Size:**N = 20 (6.8%)**Data Collection:** Spring  |
| **Centre H**(1987)Non-ProfitEastern Population:950,000 | Mon – Fri:8:30 – 3:3035 hours/week**Café:** Mon – Fri8:30 – 3:30 | **Age:** 50+**Members:** 550**Attendance**: ~65/day | * Main Hall
* Reception
* Lounge
* Library
* Kitchen

-exercise equipment but no art supplies  | **Member Fee:** * $30

**Program Fees:*** Drop-in: $1
* Registered: $11 - $100
* Meals extra ($1-$8)
 | Ample free parkingPublic transit available (not main route)  | **Sample Size:**N = 16 (6.4%)**Data Collection:** Fall (n=10)Spring (n=6)  |
| **Centre I**(1978)Non-ProfitNorthern Population:165,000 | Mon – Thurs:8:30 – 8:00Fri-Sat:8:30 – 4:30Sun: 10 – 4:3068.5 hours/week**Café:** daily | **Age:** 50+**Members:** 950**Attendance**: ~300/day | * Multi-purpose + board rooms
* Games + hobby rooms
* Library
* Kitchen & dining area
* Outdoor patio
* Fully licensed
 | **Member Fee:** * $45

**Program Fees:*** Drop-in: None
* Registered: $2-$55
* Meals ($2-$8)
 | City parking ($.70/hr for 55+, free on evenings and weekends)Public transit available (frequent)  | **Sample Size:**N = 29 (9.8%)**Data Collection:** Winter (n=17)Spring (n=7)Unknown (n=5) |
| **Centre J**(2012)Non-ProfitGTAPopulation:2.8 million |  Mon – Fri:9:00 – 4:0035 hours/week | **Age:** 55+**Members:** 100**Attendance**: ~20/day | * One large room
* Kitchen & dining area
* Library
* Computer lab
 | **Member Fee:** * None (in name only)

**Program Fees:*** None
 | 6 free parking spots (rarely used)Public transit available (frequent)  | **Sample Size:**N = 27 (9.2%)**Data Collection:** Spring  |
| **Centre K**(1965)Non-Profit MunicipalCentral Population:50,000 | Mon, Wed, Thurs:8:30 – 5:00Tues: 8:30 – 9:00 pmFri: 8:30 – 11:30pm53 hours/week | **Age:** 50+**Members:** 1600**Attendance**: ~260/day | * Woodshop
* Library
* Computer lab
* Billiards room
* Gym
* Bocce court
* 4 meeting & 1 multi-purpose rooms
* Kitchen
* Outdoor terrace
 | **Member Fee:** * $25 (residents)
* $35 (non-residents)

**Program Fees:*** $1 activity fee per day
* Registered programs $35-$120
 | Parking free but share lotStreet parking availablePublic Transit available (estimated used by 5%)  | **Sample Size:**N = 31 (10.5%)**Data Collection:** Spring  |
| **Centre L**(1991)MunicipalNorthern Population:111,000 | Mon-Thurs:8:30 – 9:30pmFri: 8:30 – 10pmSat: 9 – 4:00Sun: 12 – 5:00 65 hours/week**Café:**Mon – Sat8:30 – 3:30 | **Age:** 50+**Members:** 3,000**Attendance**: ~500/day | * Auditorium
* Multi-purpose room
* 4 meeting rooms
* 2 craft rooms
* outdoor patio
* Kitchen & dining area
 | **Member Fee:** * None

**Program Fees:*** Drop-on: $2 per activity
* Registered: $10-$110
* Meals extra ($4-$7.50)
 | 100 free parking spotsUse Church parking if lot fullPublic transit available | **Sample Size:**N = 50 (16.9%)**Data Collection:** Spring  |