**Appendix A**

**Table A 1: WHOQOL-BREF scale1: Domains and 26 items**

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| --- | --- | --- | --- |
|  | **Scale domains/items** |  |  |
| **Q1** | **General QOL** | **2** | **Psychological (PSY domain)** |
| **Q2** | **QOL-General health** |  | Positive feelings (life enjoyment) |
|  |  |  | Meaningfulness of life |
| **1** | **Physical Health (PHYS domain)** |  | Concentration (thinking, learning, memory) |
|  | Pain and discomfort |  | Body appearance |
|  | Dependence on medications |  | Self-esteem |
|  | Energy and fatigue |  | Negative feelings |
|  | Mobility (independence) |  |  |
|  | Sleep and rest | **4** | **Environment (ENVIR domain)** |
|  | Activities of daily living |  | Transport |
|  | Working capacity |  | Financial resources |
|  |  |  | Daily Information and skills |
| **3** | **Social relationships (SOC domain)** |  | Recreation and leisure |
|  | Personal relationships |  | Safety |
|  | Sexual activity |  | Physical environment |
|  | Social support |  | Home environment |
|  |  |  | Access to health care |

**1After Skevington et al. (2004)**