Appendix 2. Mapping of the Behavioural Change Wheel’s COM-B System to the TDF Domains

|  |  |  |
| --- | --- | --- |
| **COM-B Component** | **Sub-Categories of COM-B** | **TDF Domain** |
| Capability | Psychological | Knowledge\* |
|  |  | Skills\* |
|  |  | Memory, Attention and Decision Processes\* |
|  |  | Behavioural Regulation |
|  | Physical | Skills |
| Opportunity | Social | Social Influences\* |
|  | Physical | Environmental Context and Resources\* |
| Motivation | Reflective | Social/Professional Role & Identify |
|  |  | Beliefs about Capabilities\* |
|  |  | Optimism |
|  |  | Beliefs about Consequences\* |
|  |  | Intentions |
|  |  | Goals |
|  | Automatic | Social/Professional Role & Identity\* |
|  |  | Optimism |
|  |  | Reinforcement |
|  |  | Emotion\* |

\* TDF Domains identified in our focus groups.

Adapted from Cane et al., 2012.