**Supplemental Table 1. Complementary Interventions Used by Participants (n=156)**

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| --- | --- |
| **Type of Complementary Therapy** | **n (%)** |
| Massage therapy | 33 (21%) |
| Chiropractic intervention | 26 (17%) |
| Feldenkrais/Anat Baniel | 12 (8%) |
| Cranial sacral therapy | 11 (7%) |
| Homeopathy | 8 (5%) |
| Lifestyle diets | 8 (5%) |
| Hydrotherapy | 7 (4%) |
| Hippotherapy | 6 (4%) |
| Folk remedies | 5 (3%) |
| Stem cell therapy | 5 (3%) |
| Spiritual Healing | 5 (3%) |
| High-dose vitamins | 5 (3%) |
| Conductive education | 5 (3%) |
| Acupuncture | 4 (3%) |
| Osteopathy | 3 (2%) |
| Hyperbaric oxygen | 2 (1%) |
| Herbal therapy | 2 (1%) |
| Reflexology | 2 (1%) |
| Other | 7 (4%) |