Supplemental table 2: Level of stress in everyday life by participant-reported MS course at “Initial” interview

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| **Stress level** | **RRMS (N=63**a**)** | **Progressive/Other MS (N=29**b**)** |
| **N** | **%** | **N** | **%** |
| 1= Not at all stressful | 12 | 19.0% | 4 | 13.8% |
| 2 | 29 | 46.0% | 10 | 34.5% |
| 3 | 16 | 25.4% | 9 | 31.0% |
| 4 | 3 | 4.8% | 4 | 13.8% |
| 5= Very stressful | 3 | 4.8% | 2 | 6.9% |

a Exclude 2RRMS cases that had repeat venoplasty therapy during the study period.

b Exclude 8 cases who “Don’t know” their MS course.