**Supplementary Table 3.** Study designs used by the included studies according to health issue categories.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Health problem category | Effectiveness studies | Evaluation studies | Feasibility studies | Other studies | No. of studies | No. of HBTR systems |
| musculoskeletal | 0 | 2 | 2 | 9 | 13 | 7 |
| neurological | 3 | 3 | 5 | 7 | 18 | 9\* |
| respiratory | 2 | 1 | 3 | 0 | 6 | 3 |
| cardiovascular | 2 | 1 | 0 | 2 | 5 | 2 |
| general health | 1 | 0 | 0 | 4 | 5 | 3\* |
| Total | 8 | 7 | 10 | 22 | 47 | 22 |

\* Same system from musculoskeletal category (system 1).