Supplementary Table S1. Individuals 65+ reporting difficulty with each ADL.

|  |  |
| --- | --- |
|  | Percentage |
| Difficulty dressing, including putting on shoes and socks | 15.6 |
| Difficulty bathing or showering | 11.5 |
| Difficulty getting in and out of bed | 6.9 |
| Difficulty walking across a room | 4.9 |
| Difficulty using the toilet, including getting up or down | 4.8 |
| Difficulty eating, such as cutting up food | 3.3 |
| N | 5478 |

Source: Authors’ analysis of the English Longitudinal Study of Ageing (Wave 8). Unweighted N, weighted %.

Supplementary Table S2. Characteristics of analytical sample and those with no difficulty with bathing and dressing in the Wave 8.

|  |  |  |  |
| --- | --- | --- | --- |
|  | Respondents reporting difficulty with bathing or dressing in the Wave 8 (analytical sample) | Respondents reporting no difficulty with bathing and dressing in the Wave 8 | P value |
| *Age* |  |  | <0.001 |
| 65-74 | 49.4 | 60.4 |  |
| 75-84 | 34.3 | 32.6 |  |
| 85+ | 16.3 | 7.0 |  |
| *Gender* |  |  | 0.145 |
| Men | 43.0 | 46.0 |  |
| Women | 57.0 | 54.0 |  |
| *Marital status* |  |  | <0.001 |
| Married/civil partnered | 56.1 | 65.4 |  |
| Divorced/separated/widowed/single never married | 43.9 | 34.6 |  |
| *Living arrangements* |  |  | <0.001 |
| Living alone | 35.1 | 27.5 |  |
| Living with spouse or others | 64.9 | 72.5 |  |
| *ADL index score* |  |  | <0.001 |
| 0 ADL difficulty | - | 97.0 |  |
| 1 ADL difficulty | 48.9 | 2.6 |  |
| 2+ ADL difficulties | 51.1 | 0.4 |  |
| *Quintiles of benefit unit equivalised non-housing wealth at Wave 8* |  |  | <0.001 |
| Poorest quintile | 19.0 | 11.0 |  |
| Second-poorest quintile | 30.7 | 20.5 |  |
| Middle quintile | 23.1 | 22.7 |  |
| Second-richest quintile | 16.6 | 23.7 |  |
| Richest quintile | 10.7 | 22.1 |  |
| N | 658 | 5117 |  |

Source: Authors’ analysis of the English Longitudinal Study of Ageing (Wave 8). P value for comparison between analytical sample and participants in the Wave 8 reporting no difficulty with bathing and dressing. Chi-square test used.

Supplementary Table S3. Characteristics of Wave 8 sample aged 65+ reporting bathing or dressing difficulty and analytical sample followed both Wave 8 and 9.

|  |  |  |  |
| --- | --- | --- | --- |
|  | Wave 8 sample aged 65+ reporting bathing or dressing difficulty  (N=1,019) | Analytical sample followed both Wave 8 and 9  (N=658) | P value |
| **Age, mean (SD)** | 77.4 (SD 8.0) | 76.2 (SD 7.9) | <0.001 |
| **Gender** |  |  | 0.041 |
| Men | 45.7 | 43.0 |  |
| Women | 54.3 | 57.0 |  |
| **Difficulty with bathing or dressing, met and unmet care needs in the Wave 8** |  |  | <0.001 |
| With difficulty with bathing or dressing but receiving help | 39.5 | 33.6 |  |
| With difficulty with bathing or dressing but not receiving help | 60.5 | 66.4 |  |

Source: Authors’ analysis of the English Longitudinal Study of Ageing (Wave 8 and Wave 9).

P value for comparison between participants in the Wave 8 sample aged 65+ reporting bathing or dressing difficulty, who did and did not respond to follow-up in the Wave 9. ANOVA test used for continuous variable; Chi-square test used for categorical variables.