**Supplementary Material**  Study eligibility criteria checklist

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Study Characteristics | Eligibility criteria  *(Insert inclusion criteria for each characteristic as defined in the Protocol)* | | | Eligibility criteria met? | | | Location in text or source *(pg & ¶/fig/table/other)* |
| Yes | No | Unclear |
| Type of study | |  |  |  |  |  | | --- | --- | --- | --- | --- | | Prospective and retrospective cohort study |  |  |  |  | | Case control study |  |  |  |  | | Cross sectional study |  |  |  |  |   Explorative (not an intervention study, review, conference paper, psychometric properties of an instrument) | | |  |  |  |  |
| Client group | Informal (familial, unpaid, non-professional) caregivers of someone with dementia (alive) | | |  |  |  |  |
| Inclusion criteria of participants | Study included depressed subjects (did not only include these individuals or excluded them) | | |  |  |  |  |
| Validated self-report depression measure or diagnostic criteria as assessed with a psychiatric or standardized diagnostic interview | HADS (Hospital Anxiety and Depression Scale) | | |  |  |  |  |
| CES-D (Centre for Epidemiologic Studies – Depression Scale) | | |  |  |  |  |
| BDI I or II (Beck Depression Inventory | | |  |  |  |  |
| Another validated self-report measure: | | |  |  |  |  |
| DSM; RDC; ICD using DISC, CIDI, or SCAN | | |  |  |  |  |
| Prevalence | The number or percentage of the sample that fulfilled the clinical cut off or diagnostic criteria of depression is stated | | |  |  |  |  |
|  | The number or percentage of sample that scored at a particular level on the burden measure is stated | | |  |  |  |  |
| Study language | English | | |  |  |  |  |
|  | Japanese | | |  |  |  |  |
| Depression defined as | Major Depressive Disorder (i.e. not Bipolar etc.) | | |  |  |  |  |
|  | ‘Increased risk of depression’ | | |  |  |  |  |
| Validated self-report of burden | Eg. Zarit Burden Inventory: | | |  |  |  |  |
| INCLUDE  (Yes to all answers) | | | EXCLUDE  (no to at least 1 answer) | | | | |
| Reason for exclusion | |  | | | | | |