|  |  |
| --- | --- |
| **Pollen** | **Depth (cm)** |
| **112** | **195** |
| **Land pollen** |  |  |
| *Betula* | 27 | 0 |
| *Alnus* | 14 | 0 |
| *Quercus* | 3 | 0 |
| *Ulmus* | 1 | 0 |
| *Corylus* | 6 | 0 |
| *Pinus* | 1 | 0 |
| *Salix* | 1 | 0 |
| *Calluna* | 1 | 0 |
| Cyperaceae | 3 | 1 |
| Poaceae | 1 | 5 |
| Cruciferae | 1 | 1 |
| *Plantago maritima* | 7 | 7 |
| *Rumex* | 0 | 5 |
| *Artemisia* | 0 | 2 |
| *Empetrum* | 0 | 1 |
| Labiatae | 0 | 1 |
| *Equisetum* | 0 | 1 |
|  |  |  |
| **Algae and Freshwater Aquatics** |
| *Pediastrum* | 0 | 21 |
| *Myriophyllum alterniflorum* | 0 | 130 |
| *Botryococcus* | 0 | 45 |
| *Debarya* | 0 | 1 |
|  |  |  |
| **Indicated Environment** | Mid-Holocene wooded with saltmarsh indicators (coastal) | Lateglacial arctic tundra with open, cold water (deep pond) |
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