

1-DAY CBT WORKSHOP FOR PPD

Supplemental Table 1

Valuation of Service Unit Costs

Service	Unit	Cost
Emergency Department visit (<i>Emergency Medicine: Niagara Health, n.d.</i>)	Per visit	\$ 2,587.80
Overnight (or longer) stay in hospital (“Patient Cost Estimator Canadian Institute for Health Information,” n.d.)	Per visit	\$ 12,835.00
Diagnostic Procedure – ultrasound (<i>Schedule of Facility Fees: For Independent Health Facilities, 2020</i>)	Per test	\$ 125.80
Diagnostic Procedure – X-Ray (<i>Schedule of Facility Fees: For Independent Health Facilities, 2020</i>)	Per test	\$ 50.82
Diagnostic Procedure – CT (“Ontario, OR CT Scan Cost Average,” n.d.)	Per test	\$ 876.00
GP/Family Doctor (Government of Ontario, n.d.)	Per visit	\$ 45.90
Physiotherapist (“Business and Personal Resources – Ontario Physiotherapy Association,” n.d.)	Per hour	\$ 70.64
Occupational Therapist (“Occupational Therapist (OT) in Canada Labour Market Facts and Figures - Job Bank,” n.d.)	Per hour	\$ 43.08
Speech Language Pathologist (<i>Recommended Fee Schedule: Speech-Language Pathologists & Speech-Language Pathology Services, 2020</i>)	Per hour	\$ 203.00
Nutritionist and Dietician (<i>The Dietitian Workforce in Ontario Primary Health Care Survey Report, 2018</i>)	Per hour	\$ 34.30
Chiropractor (<i>OCA Recommended Service Codes and Fee Schedule, 2019</i>)	Per hour	\$ 294.00
Social Worker/Other counsellor (“A Snapshot of Social Work in Ontario: Key Indicators for Sustaining a Critical Profession,” n.d.)	Per hour	\$ 47.13
Massage Therapist (“Registered Massage Therapists’ Association of Ontario - Services and Fees,” n.d.)	Per hour	\$ 91.00